WHAT: States’ 4-H International Summer Inbound programs provide an opportunity for young people to learn about another culture through hosting an international exchange delegate from Argentina, Costa Rica, Finland, or Japan. Host families provide a safe and caring environment for the delegate while expanding their global understanding without ever leaving home. Programming is coordinated by state 4-H offices in cooperation with States’ 4-H International. Contact your local 4-H office for hosting opportunities in your state.

WHO: Host Families with a child the same gender and similar age (within two years) of the delegate. Single individuals, families with younger, grown or no children, and retired couples are welcome to host an adult chaperone.

- Delegates from Japan are generally 12-14 years old and have limited English language skills
- Delegates from Argentina, Costa Rica, and Finland are generally 15-18 years old and have varying English language skills

Regardless of language ability, delegates are excited to communicate and learn more about daily life in the U.S.

WHY: States’ 4-H International promotes world citizenship and enhances the 4-H program through international, cross-cultural experiences that enable young people to improve their leadership and communication skills while increasing their international awareness and global understanding.

WHEN: Varies depending on exchange country:
- Argentina, Costa Rica, and Finland: July 6-August 6, 2014
- Japan: VARIES by state (arrival July 20-25, and departure August 18-23)

WHERE: Any state participating in States’ 4-H International exchange programs.

COST: There is no program fee for host families. Families must be able to provide lodging (delegates must have their own bed, but there is no need for a separate bedroom) and food for the delegate for the duration of the exchange. This includes any and all family outings. Host families should treat the delegate as they would their own child. Medical insurance is covered by States’ 4-H International or international partners and delegates come with spending money (for personal items, snacks, and souvenirs).

HOW: Host families can apply online at: www.states4hexchange.org/host-families or by contacting their local 4-H office (see the States’ 4-H International website http://www.states4hexchange.org/state-contacts/ for list of states currently participating).