



## Registration Form June 27 - June 30, 2016

This year registration will be handled through 4HOnline. Prior to filing out this form in it's entirety, please check with your 4-H Agent to confirm how your unit (city/county) will register youth for 4-H Congress this year.

Registrations must be submitted by **5 p.m. May 6, 2016.**

Required fields are marked by an asterisk (\*)

**\*Participant Type:**  4-H youth delegate  4-H adult volunteer  4-H faculty/staff  
 4-H Cabinet Member/Advisor  Other (please list) \_\_\_\_\_

**\*Unit:** \_\_\_\_\_ **\*District:** \_\_\_\_\_

**Are you a 4-H All Star:**  No  To be Tapped  Yes  
Unit Where Tapped \_\_\_\_\_  
Year Tapped \_\_\_\_\_

**\*For current All Stars ONLY- I will attend All-Star Practice on Wednesday?**

Yes  No

**\*Are you a first-time VA 4-H Congress participant?**  Yes  No

### Participant Identification:

**\* Last Name:** \_\_\_\_\_

**\* First Name:** \_\_\_\_\_

**\* Mailing Address:** \_\_\_\_\_

**\* City:** \_\_\_\_\_

**\* State:** \_\_\_\_\_

**\* Zip or Foreign Postal Code:** \_\_\_\_\_

**Home Phone Number:** \_\_\_\_\_

**Home E-mail Address:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_

**Age:** \_\_\_\_\_

**\* Birthdate (mm/dd/yy):** \_\_\_\_\_

**\* Gender:**  Male  Female

**Race:**  White  Hispanic  Black  American Indian  Asian  Multicultural

### Parent/Guardian Identification:

**Mother's or Guardian's Name:** \_\_\_\_\_

**Mother's or Guardian's Work Phone:** \_\_\_\_\_

**Father's or Guardian's Name:** \_\_\_\_\_

**Father's or Guardian's Work Phone:** \_\_\_\_\_

**For All 4-H Members:**

Roommate preference: \_\_\_\_\_

\* Name of Adult Chaperone: \_\_\_\_\_

Is it ok to send you Text Alerts during the week if needed \_\_\_ Yes \_\_\_ NO

**For 4-H Competition Participants Only (Full Time and One Day Delegates):**

**Competitive Event Name**  
(to ensure proper placement): \_\_\_\_\_

**List Special Equipment/Space if Needed:** \_\_\_\_\_

**Competition Workshop - June 28: Tuesday Morning**

Many youth participate in competitions while at Congress. However, many simply do not know what competition is all about. To encourage more youth to participate in competition at Congress, competitions workshops will be offered this year during regular competition times. Delegates should rank competition areas they would like to learn more about. Rank your workshop preference (with 1 being your top choice and 5 being your last choice). There will be no changes upon arrival at Congress. **Youth that are registering for competitions or national congress interviews should not selection a competition workshop; youth will attend service learning during remaining time. Youth that are registering for the shooting education competition should note that they will be off campus all day long and will not be able to participate in the GSS workshops in the afternoon.**

Rank	Competition Workshop
	<b>COMPETITOR – DO NOT SIGN ME UP FOR WORKSHOP</b>
	<b>NATIONAL CONGRESS APPLICANT – DO NOT SIGN ME UP FOR WORKSHOP</b>
	<b>Citizenship:</b> Lifeskills: A Consumer Competition for Teens
	<b>Communication and Expressive Arts:</b> Public Speaking and Presentations
	<b>Communication and Expressive Arts:</b> Extemporaneous Speaking
	<b>Communication and Expressive Arts:</b> 4-H Fashion Revue
	<b>Healthy Living:</b> Food Challenge
	<b>ES/OS:</b> Introduction to Land Judging
	<b>ES/OE:</b> WHEP
	<b>Leadership:</b> Teen Opportunities (National 4-H Congress, 4-H All Stars, Teen Excellence in Leadership Institute, and State 4-H Cabinet
	<b>Service Learning:</b> Learning Project-Heart Healthy Welcome Pack

\*Service Learning-During registration in 4HOnline, delegate and volunteers will have the option to make a \$2 donation towards the service project, and agents/Extension staff will have the option to make a \$10 donation. These donations will simply be added to the total cost of registration.

## Great Summer Showcase – June 28: Tuesday Afternoon

Great Summer Showcase is offering many new and exciting workshops this year. They are **offered on a first to register, first to participate basis. Rank your workshop preferences (with 1 being your top choice and 5 being last choice).** Those who do not rank their choices of tracks and workshops will be placed in open workshops. There will be no changes in workshop assignments upon arrival at Congress.

Rank	GSS Workshop
	<b>Animal Science:</b> Alpacas, Fiber to Function
	<b>Animal Science:</b> Current Applied Reproductive Technologies for Cattle
	<b>Animal Science:</b> Discovering the Science of Dairy Science
	<b>Animal Science:</b> Introduction to Horse Selection and Judging
	<b>Animal Science:</b> So What's It Like to Be A USDA Veterinarian?
	<b>Animal Science:</b> So you want to Be a Vet
	<b>Citizenship:</b> 4-H Goes Global
	<b>Citizenship:</b> Get on Board with Interstate and International 4-H Exchanges!
	<b>Citizenship:</b> "More than Hours: Making Service Count"
	<b>Citizenship:</b> Social Media Smarts-Creating a Healthy Digital Footprint
	<b>Citizenship:</b> Real Money, Real World
	<b>Communication and Expressive Arts:</b> Mixed Media Sculpture
	<b>Healthy Living:</b> Teen Cuisine
	<b>Healthy Living:</b> Teen Snacks: Fuel for Success!
	<b>ES/OE:</b> Save Our Streams
	<b>ES/OE:</b> Entomology
	<b>STEM:</b> 1, 2, 3! Primary sources to 3-D Printing: Hands on at the Library
	<b>STEM:</b> Alternative Energy
	<b>STEM:</b> DNA Extraction and Virginia Bioinformatics Institute
	<b>STEM:</b> National Weather Station Tour and SKYWARN Training
	<b>STEM:</b> The Art of iPad Photography
	<b>STEM:</b> What's on my Plate?: A Food Science Experiment
	<b>STEM:</b> Up, Up & Away: The Science of Rocketry
	<b>Leadership:</b> Being Creative in Your Style
	<b>Leadership:</b> Living, Learning, and Working Across the Generations
	<b>Leadership:</b> Strengths Quest

## College Fair Workshop – June 29 Wednesday Morning

On each tour, youth will have the opportunity to engage, interact, and learn more about the college specifically. Delegates should rank the colleges they would like to learn more about. Rank your workshop preference (with 1 being your top choice and 5 being your last choice).

Rank	College Fair Workshop
	<b>Pamplin College of Business</b>
	<b>College of Natural Resources and Environment</b>
	<b>College of Agriculture and Life Sciences</b>
	<b>Edward Via College of Osteopathic Medicine</b>
	<b>College of Engineering</b>
	<b>College of Veterinary Science</b>
	<b>College of Liberal Arts and Human Sciences</b>
	<b>College of Architecture and Urban Studies</b>
	<b>There is More Than One Way to Earn a Degree</b>
	<b>Backpack to Briefcase-Career Preparation</b>
	<b>True Colors Personality Assessment</b>
	<b>Careers in Agricultural Mechanics</b>
	<b>Virginia Tech Career Services-Career Development</b>
	<b>Military Connections</b>

## Congressional Games Sign-up

Congressional Games will be the Tuesday evening program and pre-registration will be required.

Please note that teams will be assigned based on Districts.

Choose Top	Three choices
	Corn Hole
	3 on 3 Basketball
	Team Volleyball
	Kickball
	25yd Free Style Swim
	25yd Back Stroke Swim
	100yd Breast Stroke Swim
	Water Polo
	Chess
	Checkers
	Sorry Board Game
	Stack Cup Challenge
	Minute to Win-It Triple Challenge
	Board Game Room (non-competitive fun)

## For All Adults

**(Required for ALL)** I have viewed the Congress Training Movie and Adult Orientation Guide  Yes

Rank your Adult Volunteer Position preferences. (See the Agent/Adult Congress Information packet for job descriptions)

1	2	3	4	5	Job
					Operations ( <i>Ex. Dorm Supervision</i> )
					Programs ( <i>Ex. GSS, College Fair, Service Learning</i> )
					Assemblies ( <i>Ex. Ushers, District Mtg Chaperones</i> )
					Recreation ( <i>Ex. Door Monitors, Refreshments, Carnival</i> )
					State Office Support: List Specific Area
					Competitions/Room Chair

Please list all of your pre-existing Congress duties that you are aware of (please list to avoid double booking):

If the need arose, would you be willing to drive a state van?  Yes  No

Do you have a passenger van that could be used as off campus transportation?  Yes  No

If so, do you have a safe driving record?  Yes  No

If so, please list your driver's license number, state of issue, and expiration date below:

Please list the cell phone number you will have with you at Congress (to be included in a master adult list given to participants):

**For All Congress Participants:**

Health/Dietary Restrictions or Other Special Needs (please list):

\* **T-Shirt Size (Adult Sizes)**     Small     Medium     Large     X-Large     XX-Large  
 Other: \_\_\_\_\_

**\* Registration Fees:**

<input type="checkbox"/> Full Fee (Youth or Adult) you pay \$215 <input type="checkbox"/> With 1 <sup>st</sup> Time Adult Volunteer Scholarship (one/unit) you pay \$0. (This is assigned by your Unit, Please check with your 4-H Agent) <input type="checkbox"/> With Delegate Scholarship (one/unit) you pay half \$107.50. <input type="checkbox"/> With Cabinet Member Scholarship you pay \$145. <input type="checkbox"/> One Day Fee (Youth Competitor (Youth or Adult) you pay \$40.	<b>Optional Fees:</b> <input type="checkbox"/> Congress Delegation Photo - \$5 <input type="checkbox"/> Unit Delegation Photo - \$5 <input type="checkbox"/> Slideshow DVD - \$5 <input type="checkbox"/> Service Project - \$2 <input type="checkbox"/> Service Project Unit/Agents - \$10
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**REGISTRATION CHECKSHEET**

<b>Registration Form</b>	
<b>Code of Conduct</b>	
<b>Health History Form</b>	
<b>Congress Heroes Form</b>	
<b>Payment</b>	

**\* Preparer Information:**

\* Preparer's Name: \_\_\_\_\_  
 \* Preparer's Phone: \_\_\_\_\_  
 \* Preparer's Email: \_\_\_\_\_

**\*Method of Payment: Check all that apply**

- Check
- HokieMart
- Foundation Transfer
- Congress Heroes
- Competition Scholarship



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