



Instant Russian Tea

Ingredients:

- 1 cup instant tea powder
- 2 cups orange-flavored drink mix (e.g. Tang)
- 1 package powdered lemonade mix (3 ounce) unsweetened
- 2 cups white sugar
- 2 teaspoons ground cinnamon
- 1/2 teaspoon ground cloves

Equipment:

Measuring cups Measuring spoons Medium mixing bowl Mixing spoon

Number of Servings: 40 Prep Time: 5 minutes Total time: 5 minutes For more recipes, please visit: www.fcs.ext.vt.edu/recipes



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Nutrition Facts

Serving Size: 3 tablespoons with water

Servings: 4	10			
Amount Per S	Serving			
Calories 81		Calories from Fat 0		
		%Daily \	/alue*	
Total Fat 0	g		0%	
Saturated		0%		
Cholestero	ol 0mg		0%	
Sodium 3r	ng		0%	
Total Carb	21g	7%		
Dietary Fiber 0g			0%	
Protein 0g		1	Value*	
Vitamin A	18%	Vitamin C	67%	
Iron *Percent Daily	1% Values are	Calcium based on a 2,000 calc	2% orie diet	

Directions

In a large bowl, combine instant tea powder, orange drink mix, lemonade powder, sugar, cinnamon and cloves.

Mix thoroughly. Store in a sealed jar.

To use, mix 3 to 4 tablespoons of mix with 1 cup hot or cold



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