



# **Pineapple Ginger Punch**

### **Ingredients:**

Apple juice Pineapple juice Diet ginger ale

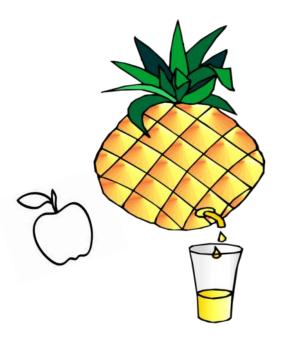
## **Equipment:**

Drinking glass Measuring cups

Number of Servings: 1 Preparation Time: 3 minutes Total time: 3 minutes

#### Directions

Mix apple juice, pineapple juice and diet ginger ale together, pour over ice and serve.



# For more recipes, please visit: www.fcs.ext.vt.edu/recipes



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Nutri Serving Size Servings: 1		Facts	
Amount Per Se	erving		
Calories 86		Calories from	Fat 0
		%Daily \	Value*
Total Fat trace g			0%
Saturated Fat 0g			0%
Cholesterol 0mg			0%
Sodium 24mg			1%
Total Carbohydrate 21g			7%
Dietary Fiber trace g			1%
Protein trace g			1%
Vitamin A	0%	Vitamin C	17%
Iron	3% Values are	Calcium	2%

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