

# Recipes

## **Homemade Italian Dressing**

#### **Ingredients:**

1/2 teaspoon garlic powder, minced
1 teaspoon Italian seasoning
1 tablespoon Parmesan cheese
1/4 teaspoon black pepper
1/2 teaspoon celery salt
1/2 cup vinegar
1/4 cup olive oil
1/2 cup water

#### **Equipment:**

Measuring cups Measuring spoons Jar with tight fitting lid

Number of Servings: 8 Prep Time: 5 minutes Total Time: 5 minutes

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#### **Nutrition Facts**

Serving Size: 2 tablespoons

Amount Per Se	erving		
Calories 66	240403	Calories from F	Fat 63
		%Daily V	'alue*
Total Fat 7g	1		11%
Saturated Fat 1g			5%
Cholesterol trace mg			0%
Sodium 111mg			5%
Potassium 18mg			1%
Total Carbohydrate 1g			0%
Dietary Fiber trace g			0%
Protein trace g			1%
Vitamin A	0%	Vitamin C	0%
Iron	1%	Calcium	1%

Directions

- 1. Combine all ingredients in a pint sized jar with tight fitting lid.
- 2. Shake vigorously to blend ingredients.
- 3. Store refrigerated.

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