

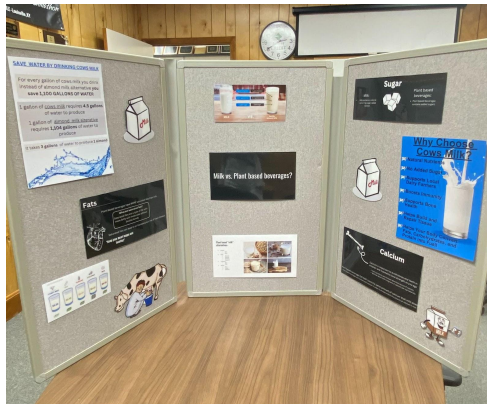
# Emily's Summer Intern Log

Week 1  
May 16th-19th



My first week of my internship! This week we put together tag-it yourself packets for the fair, painted signs for the fair, and started to plan activities for Cloverbud camp! I also got to visit this farm (picture) and see this plot of warm season grasses used for grazing.

Week 2  
May 22nd-26th



My second week of my internship was spent making this presentation on Milk vs. plant based beverages for Becky to use at Luncheons. I also wrote a radio script for Becky and handed out tag-it yourself packets.



Becky also took us to the produce auction this week to test pressure canners. This was a very neat experience!

Week 3  
May 30th-31st

This week I worked on preparing for Cloverbud camp, and made phone calls for camp.  
The second half of this week I was on Vacation.

Week 4  
June 7th-9th

This week I went with Becky to the mobile food bank. We walked the line and gave out plastic bags and talked to people waiting in line about added sugars. We showed them how to read this on their nutrition labels and even how to cut back on their added sugar intake in their diets.  
We shopped for Cloverbud camp. I also started on entries in Fair Entry for the fair.

Week 5  
June 12th-16th





This week we held Cloverbud camp at the park. Kylie, another intern that is working in the State 4-H office even came to visit at our camp, and see what we were up to! July is Dairy month! Which means that we had many events planned to promote dairy. This week I went to a Turks baseball game to help Jeremy( Agent) promote the dairy industry. The Rockingham Dairy Club handed out freebies, and we held dairy trivia, milk chugging, and dizzy bat games in between innings.

Week 6  
June 20th-23rd

This week I mailed thank yous from Cloverbud camp, put away stuff from cloverbud camp, and started to proof camp forms.

Week 7  
June 26th-30th

This week I worked on mailing information for 4-H camp and prepared for crafts and sewing camp.



Week 8  
July 3rd-8th



This week we had Craft Camp in the Extension Office.

Week 9  
July 11th-14th





This week I had my first camp experience! I went to 4H camp at W. E. Skelton Educational in Smith Mountain Lake. On Friday, we went to Virginia Dairy Expo, and although we did not help much with this event we were able to network with other agricultural careers at the trade show. We even saw some familiar faces from Virginia Tech, like Doc White!

Week 10  
July 17th-21st



This week we held a sewing camp for 5 days. Going into the week, I had never been behind a sewing machine before.

Week 11  
July 22nd-27th



On Saturday, Kate and I helped Jeremy with YQCA training at the Rockingham County Fairgrounds. Following the training, we held a Dairy Steer workshop.

This week we also organized and cleaned the crafts/sewing closet in the office. This was an all-day event, but a very rewarding one!

Week 12  
August 1st-5th



Thursday we helped with the 4H and FFA Virginia State Dairy Judging Contest. On Friday and Saturday, I helped with the Virginia State Dairy Shows.

Week 13  
August 7th-11th

This week was our last in the office. On Tuesday, they held a Luncheon for us interns! I finished the crop posters that were hung up in the horticulture building the week of the fair.

Week 14  
August 13th-18th

Our last week was fair week!