



CONGRESS 2019

**2019 State 4-H Congress
Registration Form
June 24 - June 27, 2019**

Registration will be handled through 4HOnline. Prior to filing out this form in its entirety, please check with your 4-H Agent to confirm how your unit (city/county) will register youth for 4-H Congress this year.

Registrations must be submitted in 4HOnline by **11:59 PM on Friday, May 17th**.

Required fields are marked by an asterisk (*)

***PARTICIPANT TYPE:** 4-H youth delegate 4-H adult volunteer 4-H Adult One Day
 4-H Youth One Day 4-H faculty/staff 4-H Cabinet Member/Advisor Other (please list) _____

***Unit:** _____

***District:** _____

Are you a 4-H All Star: No To be Tapped Yes
 Unit Where Tapped _____
 Year Tapped _____

***For current All Stars ONLY- I will attend All-Star Practice on Wednesday?** Yes No

**If you are being tapped in 2019, please provide a photo for the slideshow.*

***Are you a first-time VA 4-H Congress participant?** Yes No

PARTICIPANT IDENTIFICATION:

*** Last Name:** _____

*** First Name:** _____

*** Mailing Address:** _____

*** City:** _____

*** State:** _____

*** Zip or Foreign Postal Code:** _____

Home Phone Number: _____

Home E-mail Address: _____

Cell Phone: _____

(For Youth Only) Age: _____

*** Birthdate (mm/dd/yy):** _____

*** Gender:** Male Female

Race: White Hispanic Black American Indian Asian Multicultural

PARENT/GUARDIAN IDENTIFICATION:

Parent 1 or Guardian's Name: _____

Parent 1 or Guardian's Work Phone: _____

Parent 2 or Guardian's Name: _____

Parent 2 or Guardian's Work Phone: _____

FOR ALL 4-H MEMBERS:

Roommate preference: _____

* Name of Adult Chaperone: _____

*Did you submit an application for National 4-H Congress? Yes No

All youth participants **are required** to have a Health History form on file. If you do not have a completed health history form in 4HOnline, please complete a Health History form and turn it in with your registration.

My Health History Information is complete and in 4HOnline.

I will submit a Health History form with my registration.

FOR 4-H COMPETITION PARTICIPANTS ONLY (FULL TIME AND ONE DAY DELEGATES):

Competitive Event Name (to ensure proper placement): _____

If you are competing in Share-The-Fun, please provide a brief description of your talent. _____

List Special Equipment/Space if Needed: _____

GREAT SUMMER SHOWCASE EDUCATIONAL WORKSHOPS

The Great Summer Showcase Educational Workshops will be offered on both Tuesday and Wednesday mornings, June 25 & 26. Each youth participant is **REQUIRED** to choose one (1) 3-hour session **or** two (2) 1:15 hour session each day. **IF YOU ARE COMPETING**, please choose a workshop from the 10:30 - 11:45 AM session on Tuesday. If you do not choose a 2nd session, you will be required to attend the VT Engage session upon completion of your competition area. If you have not finished competing by Session II, you will be automatically placed in the VT Engage session upon completion of your event. **IF YOU HAVE SUBMITTED AN APPLICATION FOR NATIONAL CONGRESS**, please choose your workshops for Tuesday (either 1 3-hour or 2 1:15 hour sessions). If you are selected for a National Congress interview, we will remove you from the workshop(s) you selected.

The Great Summer Showcase Workshops will be offered on a first to register, first to participate basis. There are several that are limited in space and once they have been filled, will no longer be an option. Please rank your workshop selections

TUESDAY, JUNE 25

You have the choice of ONE (1) 3-hour session **OR** TWO (2) 1:15 hour sessions. Please rank your top 5 choices. You can select classes from either Column 1 or Column 2, but if you select a class in Column 2, you must select 2 options (1 from each session time). For example, your first ranking is *Game Changineer*, your second ranking would be for *Living the Code* AND *Google in your Community*.

<u>Ranking</u>	<u>COLUMN 1</u> <u>3-hour sessions</u>
_____	4-H Forestry
_____	Alpacas – Introduction to Yarn Farming
_____	Game Changineer
_____	Global & Expressive Arts: Afro-Fusion Dance
_____	Global & Expressive Arts: Learning Language through Movement
_____	Global & Expressive Arts: Mural Painting
_____	LifeSmarts
_____	Project Runway – Equestrian Style

<u>Ranking</u>	<u>COLUMN 2</u> <u>1:15 hour sessions</u>
	<u>9:00 AM – 10:15 AM (Session I)</u>
_____	Graze 300: How to Winter Livestock with less hay while making money.
_____	Living the Code: A Cowboy’s Tale
_____	Systems Thinking & Student Leadership Competencies
_____	Yoga & Mindfulness 101
	<u>10:30 AM – 11:45 AM (Session II)</u>
_____	Campus Kitchen Service Learning Project
_____	Exploring Environmental Economics, Ethics, & Justice
_____	Google in your Community
_____	Yoga & Mindfulness 101

***WEDNESDAY, JUNE 26**

Each youth participant **MUST** choose either ONE (1) 3-hour session **OR** TWO (2) 1:15 hour sessions (one from each session). Please rank your top 5 choices. You can select classes from either Column 1 or Column 2, but if you select a class in Column 2, you must select 2 options (1 from each session time). *For example, your first ranking is Build a Sibling Dectector, your second ranking would be for Udderly Amazing AND Ag in the Classroom.*

<u>Ranking</u>	<u>COLUMN 1</u> <u>3-hour sessions</u>	<u>Ranking</u>	<u>COLUMN 2</u> <u>1:15 hour sessions</u>
_____	Build a Sibling Detector Alarm	_____	<u>9:00 AM – 10:15 AM (Session I)</u> Exploring Entomology: Career Pathways and Live Specimens
_____	Canine Scientists: Learning About and From Dogs	_____	Grass...Goats...and Uninvited Guests!
_____	Do-It-Yourself Cows	_____	“How to Stand Out in an Outstanding Crowd”
_____	Expressive Arts: Modern Dance	_____	Lift up STEM with Engineering
_____	Globe & Expressive Arts: Traditional African Dance	_____	Overview of Poultry Judging Contest
_____	Learn about drones for fun and profit	_____	Safety, Security, and Preparedness
_____	Learning to leave a legacy of leadership	_____	Systems Thinking & Student Leadership Competencies
_____	So what’s it like to be a USDA Veterinarian or Vet Tech?	_____	What is Sensory Science?
_____	STEM in Sports Turf Management: The hidden science behind Lane Stadium’s Worsham Field	_____	Udderly Amazing
			 <u>10:30 AM – 11:45 AM (Session II)</u>
		_____	Ag in the Classroom
		_____	Strategic Thinking: Prisoners Dilemma, Battle of the Sexes and Other Games
		_____	Being a Star with VA 4-H All Stars
		_____	Hip Hop Media Literacy: An Introduction to DJing & Fair Use
		_____	Introduction to Needle Felting
		_____	What is Sensory Science?
		_____	“When I was your age”: How to do an oral history.

FOR ALL ADULTS

*Please list the cell phone number you will have with you at Congress (to be included in a master adult list given to participants):

Are you serving on the 2019 Congress Leadership Team? Yes No

Are you serving on the National Congress Interview Team? Yes No

*I am aware that if I am a chaperone, I am responsible for checking my delegate's room(s) for trash and any items left behind on Thursday morning, June 27. If I am not a chaperone, I know that I am responsible for double checking my room?
 Yes, I am aware

*I am aware that unless I have a prior commitment, I **MUST** attend my district meeting on Tuesday.
 Yes, I am aware

*I am aware that unless I have a prior commitment, I **MUST** attend one of the Adult Orientation Sessions on Monday.
 Yes, I am aware

*The assistance of adult volunteers and agents at Congress is critical to its success. While at Congress, we depend on agent and adult volunteers to be responsible for jobs assigned by the State 4-H Office. This year, we are asking you to **RANK** your top three choices of volunteer assignments **EACH DAY**. Volunteer assignments will be made prior to Congress.

RANKING

VOLUNTEER ASSIGNMENTS

MONDAY, June 24th

- _____ Congress Delegation Picture
- _____ Congress Headquarters Staff
- _____ Dance/Recreation Staff
- _____ Dorm Supervision
- _____ Guide
- _____ Opening Assembly Usher
- _____ Refreshment Staff

TUESDAY, June 25th

- _____ Campus Kitchen Service Learning Project Staff
- _____ Civic Engagement Session Volunteer
- _____ CloverFest Carnival
- _____ Competition Staff
- _____ Congress Headquarters Staff
- _____ District Meeting Chaperone
- _____ Dorm Supervision
- _____ Elections Official
- _____ Fun Run Monitor
- _____ Great Summer Showcase Educational Workshop Staff
- _____ Ice Cream Social Staff

WEDNESDAY, June 26th

- _____ Congress Headquarters Staff
- _____ Dance/Recreation Staff
- _____ Dorm Supervision
- _____ Great Summer Showcase Educational Workshop
- _____ Guide
- _____ Refreshment Staff
- _____ Share-the-Fun Ushers
- _____ Silent Auction Staff
- _____ Unit Pictures

THURSDAY, June 27th

- _____ Congress Headquarters Staff
- _____ Dorm Supervision

Please list all of your pre-existing Congress duties that you are aware of (please list to avoid double booking):

If the need arose, would you be willing to drive a state van? Yes No

Do you have a passenger van that could be used as off campus transportation? Yes No

If so, please list your driver's license number, state of issue, and expiration date below:

Will you be driving your personal car? Yes No

If so, what day(s) will you need a Faculty/Staff parking pass? (Please check all that apply)

- Monday, June 24
- Tuesday, June 25
- Wednesday, June 26
- Thursday, June 27

*All adults are required to have a Health History form on file. If you do not have a completed health history form in 4HOnline, please complete a Health History form and turn it in with your registration.

- My Health History Information is complete and in 4HOnline.
- I will submit a Health History form with my registration.

*All adult volunteers are required to submit a Standards of Behavior Form. Please complete a Standards of Behavior form and submit it with your registration.

- I will submit a Standard of Behavior form with my registration.

FOR ALL CONGRESS PARTICIPANTS:

CONGRESSIONAL FUN RUN

We will be hosting the 2nd Annual Congressional Fun Run on Tuesday evening beginning shortly after the District Meetings. This 1 – 2 mile fun run will be held on the Virginia Tech Campus and is open to both youth participants and adult chaperones.

*Are you interested in participating in the Congressional Fun Run? Yes No

Health/Dietary Restrictions or Other Special Needs (please list):

- Dairy Allergy
- Dairy Free
- Gluten Free
- Peanut Allergy
- Soy Free
- Tree nut Allergy
- Vegan
- Vegetarian
- Other please list below (Please list all food allergies/restrictions AND/OR Medication allergies/restrictions below:

* T-Shirt Size (Adult Sizes) Small Medium Large X-Large XX-Large

Other: _____

*** REGISTRATION FEES:**

<input type="checkbox"/> Full Fee (Youth or Adult) you pay \$220 <input type="checkbox"/> With 1 st Time Adult Volunteer Scholarship (one/unit) you pay \$0. (This is assigned by your Unit, please check with your 4-H Agent) <input type="checkbox"/> With First Time Delegate Scholarship (one/unit) you pay half \$110 <input type="checkbox"/> With Cabinet Member Scholarship, you pay \$150. <input type="checkbox"/> One Day Fee (Youth Competitor (Youth or Adult) you pay \$45.	Optional Fees: <input type="checkbox"/> Congress Delegation Photo - \$5 <input type="checkbox"/> Unit Delegation Photo - \$5 <input type="checkbox"/> Slideshow DVD - \$5
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REGISTRATION CHECKSHEET

Registration Form	
Health History Form	
Standard of Behavior Form (<i>Adult Volunteers Only</i>)	
Payment	

*** Preparer Information:**

* Preparer's Name: _____

* Preparer's Phone: _____

* Preparer's Email: _____

***Method of Payment: Check all that apply**

- Check
- HokieMart
- Foundation Transfer
- Competition Scholarship