

# **Virginia 4-H**



## **State Cabinet**

### **Responsibilities, Qualifications, and Election Procedures**

### **2025-2026**

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## **2025-2026 State 4-H Cabinet Elections Highlights**

- Ambassador positions will be **elected based on a weighted process involving three tiers: application, interview, and popular vote; each tier being worth a maximum of 50 points.** The application and interview will be evaluated based on the rubrics shared within this packet. The application and interview will be completed, conducted, and evaluated prior to the start of Congress. Candidates will receive points based on the percentage of votes they received. As an example, if 100 votes were received from a district and Candidate A received 80 votes from that district, they will receive 80% or 40 points of the available 50 points for the voting tier.
- Campaigning will take place in the following ways:
  - Virtual Town Halls – these will be held for each of the five districts and one for officer candidates. They are scheduled as follows:
    - June 8, 2025, 7:00 PM – Officer Candidates
    - June 10, 2025, 7:00 PM – Northwest District
    - June 12, 2025, 7:00 PM – Individual Town Halls for Central, Northeast, Southeast, and Southwest Districts
    - These discussions will give the candidates an opportunity to share their reasons for wanting to run for the State 4-H Cabinet as well as their ideas for the future as a Cabinet member if elected. Participants who attend these virtual discussions will not only get to know each of the candidates running but also be given an opportunity to ask them questions as well. These sessions will be recorded.
    - It is recommended that unit offices help advertise these town halls broadly as well as host a viewing party for 4-H members to come together and participate.
  - District ambassador candidates will campaign by providing an in-person, 2-minute maximum speech during the 2025 State 4-H Congress at their respective district meeting on June 25. All candidates must register for and attend the 2025 State 4-H Congress in its entirety in order to be eligible to run.
  - Officer candidates will campaign by providing an in-person, 2-minute maximum speech during the 2025 State 4-H Congress Opening Assembly on June 24. All candidates must register for and attend the 2025 State 4-H Congress in its entirety in order to be eligible to run.

- Candidates must campaign independently, and campaigning will be limited via social media and must in accordance with regulations that will be provided once candidates are finalized.
- All candidates have the discretion to design an *optional* one-page campaign flyer. This may be displayed on dorm bulletin boards while on campus for State 4-H Congress.
- Candidates will be voted on by their peers. All individually enrolled teen 4-H members (14-19 years of age) who are enrolled in 4-H Online by March 1, 2025 will be eligible to vote. Voting will take place through a secure electronic system. Each eligible voter will receive voting instructions via email describing the process and how they can submit their electronic ballot. District Ambassadors will be voted on by those within their respective district and Officers will be voted on by all eligible voters.
- Voting results will be based on popular vote. The total points received from each tier (application, interview, and voting) will be tallied and the top four district ambassador candidates for each district receiving the highest totals would be elected. If there is no competition, the youth who applied will automatically be elected as long as they have successfully completed all three tiers and receive support from their 4-H Extension Agent and the 4-H State Cabinet Advisors.
- If the application and interview committees determine that a candidate (ambassador or officer) is not ready to move forward due to low scoring on the rubrics, they have the ability to end the process for a potential candidate and they will not be placed on the ballot.
- There is no limit as to the number of ambassador candidates a unit can send forth.
- The completed Virginia 4-H Cabinet Application and Consent forms should be sent electronically to the applicant's 4-H Extension Agent and the 4-H Agent will be responsible for sending them to the State 4-H Elections Chair, Kim Monroe ([kmonroe@vt.edu](mailto:kmonroe@vt.edu)) by May 2, 2025.
- All successful candidates are required to participate in new Cabinet activities, including: ambassador installation, new Cabinet photos, and an orientation meeting on Friday, June 27.
- All successful candidates will be **expected to purchase a 4-H green blazer at a cost of approximately \$100.00. Males will also be expected to purchase a tie at a cost of approximately \$25.00.**

- All successful candidates will be expected to contribute to any group fundraising efforts to financially support one of the quarterly State 4-H Cabinet meetings.
- All candidates must register for and attend the 2025 Virginia 4-H Congress in its entirety held at Virginia Tech from June 24-27, 2025.

#### **4-H Cabinet Application 101 Workshop**

Want to know more about being a Virginia 4-H Cabinet member? Do you have questions about the application and/or interview process? If so, be on the lookout for an email advertising the 4-H Cabinet Application 101 Workshop. This workshop will be held via Zoom and you will need to register to receive the Zoom link. Although the specific date of this workshop is to be determined, it will likely take place mid-April and will be recorded. The recording link will be shared with all who register.

## **2025-2026 State 4-H Cabinet – Expectations at a Glance**

- Represent the needs and interests of Virginia 4-H youth.
- Positively represent and promote 4-H at the local, district, and state levels. Demonstrate the best that 4-H has to offer through your words, actions, personal appearance, and adherence to the Code of Conduct.
- Purchase a green blazer for approximately \$100.00. Males will also be expected to purchase a tie for approximately \$25.00.
- Contribute to group fundraising efforts in order to financially support one of the quarterly State 4-H Cabinet meetings.
- Attend four (4) meetings over the next year. The meetings are scheduled for:
  - August 8-10, 2025 at the Airfield 4-H Educational Center
  - November 14-16, 2025 at the W.E. Skelton 4-H Educational Center
  - January TBD, 2026 in Richmond, VA
  - May 8-10, 2026 at the Holiday Lake 4-H Educational Center

*\*Please note that dates are subject to change - missing two (2) meetings results in immediate removal from Cabinet. Arriving late and leaving early may be considered as a “missed meeting” depending on the circumstances. In other words, you must commit yourself to this leadership and service opportunity.*
- At minimum, participate in four outreach activities by conclusion of term. Outreach is defined as the efforts you personally make to inform and/or recruit youth and adults to Virginia 4-H. Some examples include: writing a newspaper article about 4-H, telling your 4-H story at a 4-H or non-4-H event, representing 4-H at the unit, district, state, national, or international level, or serving as a room chair or Master of Ceremonies at 4-H events.
- Attend the 2026 State 4-H Congress, June 16-19, 2026 **(Cabinet members arrive a day prior on June 15).**
- Be prepared to develop a collaborative relationship with youth and adults. Together, we will work towards establishing a youth-adult partnership.

- Be prepared to laugh, share ideas, clearly/thoughtfully express your positions and perspectives, give and receive constructive feedback, develop friendships, and make a difference in the lives of others.

### **Introduction to the State 4-H Cabinet**

The State 4-H Cabinet is a youth/adult partnership in which youth and adults work together to promote and carry-out specific programmatic functions of the Virginia 4-H program. Serving as a State 4-H Cabinet member is designed to be a competitive and engaging leadership development experience within the Virginia 4-H program. The youth members of the Cabinet (Officers, Ambassadors, Mentors, Liaisons, and the Past-President), serve as the 'voice' for 4-H youth across the Commonwealth. The adult members of the Cabinet provide additional Extension experience, help the youth members to see the larger context of Virginia Cooperative Extension and the Virginia 4-H program, and help the youth members to be successful.

#### **The State 4-H Cabinet is comprised of:**

- Twenty (20) district-level ambassadors (four per Extension district)
- Four (4) state-level officers (President, Vice-President, Secretary, and Reporter/Historian)
- One Past-President (individual who served as President of the State 4-H Cabinet during the previous year)
- Mentors (up to three individuals who previously served as Ambassadors within the State 4-H Cabinet)
- All Star Liaison
- Extension Agents and/or 4-H Center Advisors
- State 4-H Office Extension Specialist Advisor(s)

## **Responsibilities of State 4-H Cabinet Members** **(Officers and Ambassadors)**

1. All 4-H Cabinet members must be between the ages of 14-18 years old. A candidate must be 14 years of age by September 30, 2025.
2. All 4-H Cabinet members must maintain a high standard of personal conduct and should act as positive role models for other 4-H members. They must serve as leaders of the 4-H program at local, district and state levels, positively representing the needs and interest of Virginia 4-H youth. Being a Cabinet member is a great honor. With this honor comes accountability and personal responsibility, demonstrating the best that 4-H has to offer through their words, actions, and personal appearance. Cabinet members are representatives of Virginia 4-H members, and thus have a duty to promote and be involved in all facets of the Virginia 4-H program, particularly State 4-H Congress.
3. As a 4-H Cabinet member, you serve in many capacities representing 4-H across the Commonwealth. Assisting with the planning and implementation of state 4-H events including 4-H State Congress is only one aspect of your responsibilities. You are the voice of 4-H and for 4-H'ers across Virginia. In this role you will be called upon to speak on behalf of 4-H before a variety of audiences including local, district, state, and out-of-state events. When running for this office you should present a platform detailing how you plan to have a major impact on the positive growth of the 4-H program in the Commonwealth of Virginia.
4. The State 4-H Cabinet is the representative group for all 4-H members across the Commonwealth. Because of this, ambassadors are **required** to participate in a minimum of four outreach service opportunities during the year. Various opportunities will be provided by the State 4-H Office and local and district events. Past opportunities included planning, organizing, and delivering officer trainings and statewide 4-H teen events, and district training events. Other outreach opportunities have included: speaking at budget hearings and promoting 4-H on the unit, district, state, national, and international levels. Those elected to the 2025-2026 State 4-H Cabinet will work closely with the advisors to the Cabinet who will assist you in preparing your presentations, media contacts, and letters to fulfill your outreach responsibilities. You should keep the advisors informed of your outreach activities.
5. Cabinet members are expected to attend all of the State 4-H Cabinet meetings. There are four sessions during the year. These **meetings are currently set for** August 8-10, 2025 at the Airfield 4-H Educational Center, November 14-16, 2025 at the W.E. Skelton 4-H Educational



Center, January TBD, 2026 in Richmond, VA, and May 8-10, 2026 at the Holiday Lake 4-H Educational Center, but please note that dates are subject to change - *missing two (2) meetings results in immediate removal from Cabinet*. Arriving late and leaving early may be considered as a “missed meeting” depending on the circumstances. In other words, *you must commit yourself to this leadership and service opportunity.*

6. Lodging and most meal expenses for Cabinet meetings are paid for by the Virginia 4-H Foundation. Members are responsible for their travel to and from meetings.
7. Any Cabinet member who cannot attend a meeting is responsible for notifying the State 4-H Office Extension Specialist Advisors to the Cabinet (**Dr. Tonya Price (tonyaprice@vt.edu)** and **Chad Proudfoot (cnproudfoot@vt.edu)**) and their respective district advisor prior to the meeting date. **Cabinet members missing TWO Cabinet meetings will be automatically dismissed.**
8. Successful candidates for Cabinet positions (officers and ambassadors) must participate in-person in the installation ceremony conducted during State 4-H Congress.
9. The Cabinet also has an important responsibility for numerous Congress events. Cabinet members will assist in ensuring the smooth and efficient operation of all systems during Congress. Due to this leadership responsibility—ambassadors may compete during Congress with the understanding that **ambassador responsibilities come first**.
10. Cabinet members have responsibilities in their districts to enhance the public understanding and image of 4-H through effective communication of programs and activities. Specific district responsibilities include:
  - a. Be a communication link between the district and the Cabinet and vice versa.
  - b. Preside over district meetings during Congress.
  - c. Provide leadership to all district activities at Congress.
  - d. Engage in a minimum of four outreach activities during the year.
11. The same rules and regulations that pertain to other Congress delegates will apply to all Cabinet members.
12. All Cabinet members will abide by the Virginia 4-H Code-of-Conduct and Cabinet expectations that are established at the August planning/training meeting.

13. The State 4-H Office Extension Specialist Advisors, in consultation with at least one other Cabinet Advisor has the authority to remove Cabinet members for:

- a. Violations of the Virginia 4-H Code-of-Conduct
- b. Failure to carry out job responsibilities
- c. Failure to attend two of the four Cabinet meetings

## **Specific Duties of 4-H Cabinet Officers**

***4-H MEMBERS WHO ARE RUNNING FOR A  
STATE 4-H CABINET OFFICE MUST CAREFULLY READ THE  
SPECIFIC DUTIES FOR THE OFFICE THEY ARE SEEKING.***

### **President**

- Provide leadership to the Virginia 4-H Cabinet.
- Attend all Cabinet meetings and be on time.
- Maintain an on-going communication link with all Cabinet subcommittees.
- Function as a liaison between the Cabinet and the advisors to the Cabinet.
- Preside at all Cabinet meetings.
- Preside at selected Congress assemblies.
- Prepare an introductory (welcoming) speech to be given the first night of Congress.
- Prepare a written message to be included in the Congress program.
- Prepare written reports for the State 4-H Office as needed.
- Abide by all provisions of the Virginia 4-H Code of Conduct and Cabinet expectations.
- Represent and speak on behalf of Virginia 4-H at selected state and national events and conferences.
- Carry out all other assigned duties and responsibilities.
- Serve in the capacity as Past-President as an advisor to the Cabinet when term ends.

### **Vice President**

- Be prepared to assume the duties of the President if necessary.
- Attend all Cabinet meetings and be on time.
- Work closely with the President on all Cabinet functions.
- Abide by all provisions of the Virginia 4-H Code of Conduct and Cabinet expectations.
- Carry out all other assigned duties and responsibilities.
- Represent and speak on behalf of Virginia 4-H at selected local, district, state, and possibly, out-of-state events.

### **Secretary**

- Maintain an accurate set of records of all Cabinet actions.
- Attend all Cabinet meetings and be on time.
- Submit to the State 4-H Office Extension Specialist Advisor an accurate set of minutes for each of the Cabinet meetings **no later than two weeks** after the meeting.
- Coordinate correspondence for the Cabinet.
- Abide by all provisions of the Virginia 4-H Code of Conduct and Cabinet expectations.
- Carry out all other assigned duties and responsibilities.
- Represent and speak on behalf of Virginia 4-H at selected local, district, state, and possibly, out-of-state events.

### **Reporter/Historian**

- Provide the leadership for all Cabinet information and record keeping activities.
- Attend all Cabinet meetings and be on time.

- Promote Congress and Virginia 4-H through a variety of media outlets including social media.
- Abide by all provisions of the Virginia 4-H Code of Conduct and Cabinet expectations.
- Carry out all other assigned duties and responsibilities.
- Represent and speak on behalf of Virginia 4-H at selected local, district, state, and possibly, out-of-state events.

## **Qualifications for 4-H Cabinet Ambassadors and Officers**

### **I. *District Ambassadors must have:***

- A. At least one full year (12 months) of experience as a 4-H member
- B. Documented formal leadership training (examples include: 4-H, FFA, Student Council, DECA, FBLA, church, National Honor Society, etc.)
- C. Sufficient and appropriate training, experiences, attitudes and skills as documented in the *Virginia 4-H Cabinet Application and Consent Form*.

### **II. *Officers must have:***

- A. President
  - 1. Previous experience serving as an officer in an organization, association, school group, church groups, etc. preferable as a President (for example: 4-H, FFA, Student Council, DECA, FBLA, church youth group, National Honor Society, etc.)
  - 2. At least one full year of experience as a 4-H District Ambassador is required.
  - 3. Strongly encouraged to have previously attended a national level conference related to any of the following: 4-H, youth development, leadership, youth/adult partnerships, education, etc.
- B. Vice-President
  - 1. Previous experience serving as an officer in an organization, association, school group, church groups, etc. preferably as a Vice President (for example: 4-H, FFA, Student Council, DECA, FBLA, church youth group, National Honor Society, etc.)

2. At least one full year of experience as a 4-H District Ambassador is required.
3. Strongly encouraged to have previously attended a national level conference related to any of the following: 4-H, youth development, leadership, youth/adult partnerships, education, etc.

C. Secretary

1. Previous experience serving as an officer in an organization, association, school group, church groups, etc. preferably as a Secretary (for example: 4-H, FFA, Student Council, DECA, FBLA, church youth group, National Honor Society, etc.)
2. At least one full year of experience as a 4-H District Ambassador is required.

D. Reporter/Historian

1. Previous experience serving as an officer in an organization, association, school group, church groups, etc. preferably as a Reporter/Historian (for example: 4-H, FFA, Student Council, DECA, FBLA, church youth group, National Honor Society, etc.)
2. At least one full year of experience as a 4-H District Ambassador is required.

## **Election Procedures and Guidelines for 4-H Cabinet Ambassadors**

### **I. General Application Procedures**

- A. Each unit (county or city) is allowed to send an unlimited number of applicants forward for an officer and/or district ambassador positions provided all requirements are met. In the event that there are no applicants and/or open spots still remain for a district ambassador position, the State Elections Chairperson reserves the right to extend the deadline for those positions. If insufficient numbers of candidates run for office, then the Elections Chair is empowered to make changes to item F below in cooperation with the State 4-H office.
- B. Twenty (20) district-level ambassador positions and (4) state-level Officer positions are available each year. No candidate may run for a position unless they are enrolled in 4-H and registered with the State Elections Chairperson by the stated deadline.
- C. **Required** application information includes:
  - 1. **Completed Virginia 4-H Cabinet Application Form**. This form will be completed at the following link: <https://forms.gle/5q7UmRtBtvXiXUPJ9> by May 2, 2025.
  - 2. **Completed Virginia 4-H Cabinet Consent Form (page 17 within this packet)**. The applicant, their parent/guardian, and their Extension Agent must sign this form. After collecting all signatures, the form should be scanned and emailed to Kim Monroe ([kmonroe@vt.edu](mailto:kmonroe@vt.edu)) by May 2, 2025.
  - 3. Be a fully enrolled member for the 2024-2025 4-H year.  
  
***\*One-Page Flyer (optional)** All candidates have the discretion to design an optional one-page campaign flyer to help campaign while attending State 4-H Congress.*
- D. The registration materials (identified in part C above) must be received **NO LATER THAN 5:00 PM on May 2, 2025** by the State Elections Chairperson listed below. However, **your unit may set an earlier deadline for application submissions so talk with your 4-H Extension Agent for deadline date.**

**State Elections Chair: Kim Monroe, [kmonroe@vt.edu](mailto:kmonroe@vt.edu)**

- E. The State Election Chairperson, upon receipt of the candidate's application materials, will notify both the candidate and the candidate's Extension Agent. After the May 2, 2025 deadline, the State Election Chairperson will forward all completed application materials to Dr. Tonya Price and Chad Proudfoot at the State 4-H Office.
- F. Candidates may not switch to another office after original forms have been received without permission from the State Elections Chairperson and the State 4-H Office.
- G. Ambassador and Officer candidates are expected to participate in the virtual town hall(s) and be present and deliver their own two-minute campaign speech during the 2025 State 4-H Congress. If a candidate is unable to be present and/or unable to deliver his/her speech, then each situation will be addressed on a case-by-case basis by the Extension Specialist Cabinet Advisors and the State Elections Chair. The campaign speech must be approved by the candidate's Extension Agent.
- H. **Election Procedures for Ambassador Positions**
  - a. A total of twenty (20) ambassadors will be elected—four (4) from each Extension District.
  - b. Units have no limit to the number of ambassador candidates. If positions are vacant past the deadline, the deadline may be extended.
  - c. The four ambassador candidates from each district receiving the highest total points from the three tiers (application, interview, and popular vote) will be elected.
  - d. Ambassador candidates will participate in a virtual town hall for their respective district and deliver an in-person, two-minute campaign speech that has been approved by their Extension Agent to their respective district during the district meeting at State 4-H Congress.
- I. **Election Procedures for Officer Positions**
  - A. A total of four (4) Officers will be elected during State 4-H Congress (President, Vice President, Secretary, and

Reporter/Historian). Units have no limit to Officer Candidates who meet the qualifications.

- B. If positions are vacant past the deadline, the deadline may be extended.
- C. To be elected for an Officer position, a candidate must receive the highest point total from the three tiers (application, interview, and popular vote).
- D. Candidates for each Officer position will be required to participate in a virtual town hall and present a two-minute campaign speech that has been approved by their Extension Agent to the entire Congress delegation during the Opening Assembly.

**J. General Election Procedures**

- 1. During election period, eligible 4-Hers will vote for up to four (4) district ambassadors for their respective districts as well as for the state officer positions using the secured online elections process.
- 2. All candidates must register and attend the 2025 Virginia 4-H Congress held at Virginia Tech, June 24-27, 2025.



# VIRGINIA 4-H CABINET

## CONSENT FORM

The applicant, their parent/guardian, and their Extension Agent must sign this form. After collecting all signatures, the form should be scanned and emailed to Kim Monroe ([kmonroe@vt.edu](mailto:kmonroe@vt.edu)) by May 2, 2025

### **Member's Agreement Statement**

I have read and understand the responsibilities, duties, requirements, and election procedures for the specific position that I am seeking within the Virginia 4-H Cabinet, and I agree to carry out all of the duties of the office for which I am elected.

I have also read and understand the Virginia 4-H Code of Conduct and agree to abide by the stated provisions.

\_\_\_\_\_

*Signature of 4-H Member*

\_\_\_\_\_

*Date*

### **Parent/Guardian Consent Statement**

As parent/guardian of \_\_\_\_\_, I am aware of the duties and responsibilities they will incur if elected to the Virginia 4-H Cabinet. I will attempt to ensure that they fulfill these duties and responsibilities and do hereby give my consent for them to serve if elected.

\_\_\_\_\_

*Signature of Parent/Guardian*

\_\_\_\_\_

*Date*

### **Agent's Consent Statement**

As an agent, I am aware that \_\_\_\_\_ is a candidate for the position of \_\_\_\_\_. I recommend this 4-H member for this position and feel that they are fully capable of serving responsibly in this position. I will read and pre-approve their candidate speech before it is presented to the Congress delegation.

\_\_\_\_\_

*Signature of Agent*

\_\_\_\_\_

*Date*

***(For Official Use Only)***

#### **CERTIFICATION**

**Date this application was received:** \_\_\_\_\_

**Signature of State Election Chairperson:** \_\_\_\_\_

**Please return to:**

Kim Monroe, State Elections Chair  
4-H Program Specialist, Loudoun County

[kmonroe@vt.edu](mailto:kmonroe@vt.edu)

Following are the rubrics that will be used to evaluate and award up to 50 points each for the application tier as well as the interview tier.

### Cabinet Elections Application Rubric

Candidate Name: \_\_\_\_\_

Interviewer: \_\_\_\_\_

Skills Demonstrated	Points Possible	Points Earned	Comments
<b>Overall Presentation/Format:</b> <ul style="list-style-type: none"> <li>❖ Application is neat and in order – 2 point</li> <li>❖ Application print legible and consistent in size – 3 points</li> </ul>	5		
<b>Completeness:</b> <ul style="list-style-type: none"> <li>❖ All sections answered thoroughly and appropriately with required signatures/consent</li> </ul>	10		
<b>Application Skill Assessment:</b> <ul style="list-style-type: none"> <li>❖ Knowledgeable of 4-H – 5 points</li> <li>❖ Leadership experience – 5 points</li> <li>❖ Experience in public speaking – 5 points</li> <li>❖ Positive philosophy on teamwork– 5 points</li> <li>❖ Understands the importance of community service and outreach – 5 points</li> </ul>	25		
<b>Grammar:</b> <ul style="list-style-type: none"> <li>❖ Correct verb/tense, capitalization and punctuation throughout application - 5 points</li> </ul>	5		
<b>Spelling:</b> <ul style="list-style-type: none"> <li>❖ No spelling errors - 5 points</li> </ul>	5		
<b>Total Points</b>	<b>50</b>		Additional Comments:

### Cabinet Elections Interview Rubric

Candidate Name: \_\_\_\_\_

Interviewer: \_\_\_\_\_

Skills Demonstrated	Points Possible	Points Earned	Comments
<b>Used Appropriate Body Language:</b> <ul style="list-style-type: none"> <li>❖ Greeting – 1 point</li> <li>❖ Confidence/poise– 1 point</li> <li>❖ Good eye contact – 1 point</li> <li>❖ Speaks Clearly, smiles – 1 point</li> <li>❖ Expressed appreciation at the end of the interview – 1 point</li> </ul>	5		
<b>Interest/Qualifications:</b> <ul style="list-style-type: none"> <li>❖ Enthusiasm and interest conveyed – 5 points</li> <li>❖ Previous 4-H leadership – 5 points</li> </ul>	10		
<b>Answered Questions:</b> <ul style="list-style-type: none"> <li>❖ Demonstrates characteristics of a Team Player– 5 points</li> <li>❖ Demonstrates skills for Advocacy– 5 points</li> <li>❖ Demonstrates Leadership skills– 5 points</li> <li>❖ Demonstrates Citizenship– 5 points</li> <li>❖ Answered general questions completely and honestly, using standard English – 5 points</li> </ul>	25		
<b>Demonstrated Professional Social Skills:</b> <ul style="list-style-type: none"> <li>❖ Listened intently to the interviewer, respectful &amp; courteous – 5 points</li> <li>❖ Asked appropriate questions at the end - 5 points</li> </ul>	10		
<b>Total Points</b>	<b>50</b>		Additional Comments:

## Virginia 4-H Districts and Units

Central District	Northwest District	Northeast District	Southeast District	Southwest District
Amelia	Albemarle	Alexandria	Accomack	Alleghany
Amherst	Augusta	Arlington	Charles City	Bland
Appomattox	Bath	Caroline	Chesapeake	Botetourt
Bedford	Clarke	Chesterfield	Dinwiddie	Buchanan
Brunswick	Culpeper	Essex	Greensville	Carroll
Buckingham	Fauquier	Fairfax	Hampton	Craig
Campbell	Fluvanna	Gloucester	Isle of Wight	Dickenson
Charlotte	Frederick	Goochland	James City	Floyd
Cumberland	Greene	Hanover	New Kent	Giles
Danville	Highland	Henrico	Newport News	Grayson
Franklin	Louisa	King & Queen	Norfolk	Lee
Halifax	Madison	King George	Northampton	Montgomery
Henry	Nelson	King William	Petersburg	Pulaski
Lunenburg	Orange	Lancaster	Portsmouth	Roanoke
Lynchburg	Page	Loudoun	Prince George	Russell
Mecklenburg	Rappahannock	Mathews	Southampton	Scott
Nottoway	Rockbridge	Middlesex	Suffolk	Smyth
Patrick	Rockingham	Northumberland	Surry	Tazewell
Pittsylvania	Shenandoah	Powhatan	Sussex	Washington
Prince Edward	Warren	Prince William	Virginia Beach	Wise
		Richmond	York	Wythe
		Richmond City		
		Spotsylvania		
		Stafford		
		Westmoreland		

### Virginia Cooperative Extension

- ★ Land Grant Universities  
Virginia Tech & Virginia State University
- ▲ District Offices
- Unit Offices
- Agricultural Research & Extension Centers (ARECs)  
1-Shenandoah Valley 2-Alson H. Smith, Jr. 3-Middleburg  
4-Eastern Virginia 5-Eastern Shore 6-Southwest Virginia  
7-Reynolds Homestead Forest Resources 8-Southern Piedmont  
9-Tidewater 10-Hampton Roads 11-Virginia Seafood
- ◆ Departmental Research Center  
Northern Piedmont
- 4-H Educational Centers  
A-Northern Virginia B-Jamestown C-Airfield  
D-Holiday Lake E-W.E. Skelton F-Southwest
- Planning District Borders

