



THE VIRGINIA STAR



Volume XXVI No. 2

Motto: Service

December 2003

SMOKE SIGNALS FROM THE BIG CHIEF'S TEPEE

As the temperatures cool down and the leaves begin to change colors, many of us have started pulling out our warmer clothes, enjoying Saturday football, and even counting the days until holiday shopping. As we look forward to fall and winter, let's review our "All Star summer." 4-H Congress and the Tapping Ceremony at the Virginia Tech campus got the summer off to a good start. Many thanks to those who helped prepare for and/or participate in the ceremony. I would like to welcome our newest members. I hope to see you at an All Star event over the next year.

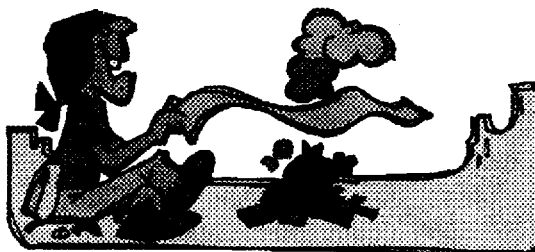
August found many of us in Marion for the 2003 4-H All Star Interstate Conference. We renewed friendships and made new ones with All Star friends from other states. Some highlights of the Conference were the Fiddler's Convention in Galax, Abingdon's Highland Festival and the Barter Theater, the Wolf Creek Indian Village,

and the Saturday evening banquet. Deb Nester, her committee, and the Southwest District should be commended for their hard work and hospitality. Interstate was a great success because of your efforts!

It was a busy summer, but our next state event will be here soon. Information about Mid-winters can be found later in this issue. Mark your calendars and plan to join us in Richmond.

Remember, the All Stars motto is "Service." I hope each of you will find a way to serve before we meet again in February.

Julie Martin, Big Chief



2003 INTERSTATE REPORT

Seventy 4-H All Stars converged on Marion, Virginia for the 2003 Interstate 4-H All Star Conference on August 7 - 10, 2003. Delegates from West Virginia, Maryland, Virginia, Massachusetts, Rhode Island, and Mississippi attended, as well as a few All Stars that currently live in Ohio. Highlights of the conference included the Galax Old Time Fiddler's Convention, the Virginia Highlands Festival, the Barter Theatre, and Wolf Creek Indian Village. Early arrivals took part in pre-conference tours to Bays Mountain Park in Tennessee, or the Blue Ridge Parkway. Saturday night banquet entertainment was the Celtic quartet "Fire in the Kitchen." West Virginia won the Mary Cunningham travel plaque and Virginia won the award for having the most first-time conference attendees. The service project of raising money for the Wayne Keffer Memorial Scholarship fund was a great success with Julie Martin winning the quilt raffle. Everyone left on Sunday with hopes of meeting again next year in Maryland.

I want to express my appreciation for all the support from Virginia All Stars for the 2003 Interstate Conference. The donations for the silent auction, door prizes, and items for the goody bags were overwhelming. Requests for recipes and quilt squares were answered with great response. For those who were unable to attend but supported the event in many ways, I am truly grateful. And those Virginia All Stars who did attend the conference helped make it a great success by helping in every way. Thanks to everybody for making this a wonderful hosting experience.

Deb Nester, Interstate Conference Chairman



Northeast District

The Northeast District All Stars have been very busy working at the Jamestown 4-H Educational Center. The Dining/Recreational Hall Renovations are looking great! The Flag Pole area and pier were dedicated during an Open House/75th Anniversary on June 1, 2003. Our new pier was named Pim Baker Pier. Many All Stars have made in-kind and monetary donations this year.

The Northeast District All Stars, along with the District Adult 4-H Leaders Association met and had a wonderful dinner meeting after the Open House/75th Anniversary on June 1, 2003. All Stars worked for the Open House/75th Anniversary Celebration. We registered 500+ people between 2:00 – 5:00 p.m. that afternoon.

Thanks to Jack Ferguson; Pim Baker; Oliver Washington; Cecil Johnson; Brenda Briggs; Sallie Mae Pleasants; Mary-Ball Massey; Rob and Julie Martin; Selicia, Shawnda and Sarah Gregory; Henrico 4-H All Stars; Charles City/New Kent; King and Queen/King William 4-H All Stars; Chesterfield 4-H and Extension Staff; and all of Northeast District.

Thanks to Golden Cat Division of Ralston Purina for their donations and Northeast All Stars for their support giving gifts for chiefs' gifts, door prizes, and auction items for the Wayne Keffer Scholarship Fund for the Interstate Conference.

Thanks to Jamestown 4-H Educational Center for gift donations representing Northeast District. Terry Patterson, Director of the 4-H Educational Center, made sure that all 22 counties were represented in gift donations at the 2003 Interstate All Star Conference. Jack Ferguson sent historical papers and pictures.

The next meeting will be December 5, 2003 at the Henrico Extension Office.

Sarah Gregory, Chief

Northern District

The Northern District will hold its next meeting in conjunction with the Prince William County 4-H All Stars meeting on October 26, 2003. The County meeting will begin at 1:00 p.m., followed by a meeting for the Northern All Stars in the extension office. We will be having elections for new officers and discuss fundraising options. For directions or

more information, please contact Megan Scanlon at mksan@wm.edu. Take care!

Megan Scanlon, Chief

Southwest District

Southwest hosted Interstate Conference during the month of August in Marion. Over 70 people registered and participated in activities, which included visits to Bays Mountain Planetarium in Kingsport, TN, The Virginia Highlands Festival in Abingdon, The Fiddler's Convention in Galax, and Wolf Creek in Bland. The next Interstate Conference will be held from July 29 to August 1, 2004, in Bowie, MD.

On August 23 & 24, the Southwest District All-Stars sponsored Teen Weekend at the 4-H Center in Abingdon. Eight teens and four All-Stars participated in the *Outdoor Challenge* themed weekend.

On August 22, the Southwest District All-Stars held their regular meeting. New officers were elected and are as follows:

Big Chief	Chrystle Gates
Lesser Chief	Mike Gates
Scribe	Shai Cullop
Medicine Man	Rogene Nester
Messenger	Deb Nester

A reminder was shared that All-Star nominations are due to the Southwest District office by the first of December. A meeting is planned for Thursday, December 4 at 7:00 p.m. to review All-Star nominations.

Chrystle Gates, Chief

**Central District**

The Central District All Stars will meet on Sunday, January 11, 2004 at 3:00 p.m. at Billy Joe's Ice Cream Parlor (beside the Radisson) in Lynchburg, Virginia. Everyone is invited to come, enjoy and get reacquainted. The District will treat everyone who comes to the ice cream of their chose.

460 East and West, and 29S – Take Candler's Mt. Rd. Exit, turn right onto Woodall Road and an immediately right onto Border and follow road in front of Radisson. 29N – Stay on 29N Business, turn right onto Chandlers Mountain Road, left onto Woodall Road and an immediately right onto Border and follow road in front of Radisson.

2004 MIDWINTER CONFERENCE
LET'S REMINISCE ABOUT ALL STARS: PAST, PRESENT, AND FUTURE

Mark your calendars for Saturday and Sunday, February 7 - 8, 2004! The Virginia 4-H All Stars will hold their Midwinter's Conference in Richmond, Virginia at the Holiday Inn Crossroads. Make plans to attend this fun-filled weekend. Registration will be Saturday from 9:00 a.m. to 12:00 noon, and 5:00 to 6:00 p.m.

We are looking forward to an exciting afternoon Tour of Richmond by Storyland Tours. The Tour Bus will pick us up at Hotel at 12 noon and return us there at 3:30 p.m. The tour includes a walking tour of the Virginia State Capitol, Canal Walk on James River, Kanawha Canal Boat Ride (additional \$5.00 for a Boat ride – pay at time of ride); also a Bus Ride Tour of Shockoe Valley, Church Hill, Financial District, and Monument Ave.

After an afternoon of sightseeing and learning more about Richmond, we will return to the hotel for our business meeting, banquet, and evening activities. Evening activities will include Stamping and Scrapbook workshops. Please bring six to eight photographs and/or some memorabilia that can be used for hands-on activities during the workshops.

The Executive Committee Meeting will be on Friday from 7:30 to 10:30 p.m.

Make special plans to attend this conference because it will be a time for you to catch up with All Stars you haven't seen in a while and meet new All Stars. You will have an opportunity to share and reminisce times of old, so please bring your scrapbooks and photos from past conferences and 4-H events. Seek out a new All Star from your county or district and encourage them to come with you to Midwinter's Conference. See you there!

Holiday Inn Crossroads (½ mile from I-64; 1 ½ miles from I-95; 2 miles from Downtown Richmond)

2000 Staples Mill Road
Richmond, VA 23230

Toll Free Phone – 1-877 506-6061

Fax – 1-804-359-3177

Phone – 1-804-369-6061

Room Rate – \$49.00 plus 12.5% tax per room per night. Rooms will be held in the name of VA 4-H All Stars until January 15, 2004.

Directions to Holiday Inn I-64/West End Crossroads:

Arriving from the East on I-64; from Busch Gardens, Williamsburg, VA Beach, etc.

Do not take 295 North I-95 Exit. Follow I-64 West Richmond.

1. Take I-64 West to I-95/I-64 Interchange.
2. Take I-64 West again (exit 79) off of I-95 North.
3. Take Staples Mill Road (exit 185) off I-64 West and follow signs to Route 33 East.
4. Go ½ mile on Staples Mill Road to Holiday Inn Crossroads on your right.

Arriving From The South on I-95; from Petersburg, North Carolina, etc.

1. Take I-95 North to I-64 West.
2. Take Staples Mill Road (exit 185) off I-64 West and follow signs to Route 33 East.
3. Go ½ mile on Staples Mill Road to Holiday Inn Crossroads on your right.

Arriving From The North On I-95; from Fredericksburg, Washington, Kings Dominion.

Do not take 295 I-64 West Exit. Follow I-95 South Richmond.

1. Take I-95 South to I-64 West, exit 79.
2. Take Staples Mill Road (exit 185) off I-64 West and follow signs to Route 33 East.
3. Go ½ mile on Staples Mill Road to Holiday Inn Crossroads on your right.

Arriving From The West on I-64; from Charlottesville.

Do not take 295 North I-95 Exit.

1. Take East Staples Mill Road (exit 185B) off I-64 West and follow signs to Route 33 East.
 2. Go ½ mile on Staples Mill Road to Holiday Inn Crossroads on your right.
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**Let's Reminisce about All Stars: Past, Present, and Future
2004 Midwinter's Conference
Holiday Inn Crossroads, Richmond, VA
February 7-8, 2004**

Saturday

9:00 – 12:00 noon	Registration
9:30 – 11:00 a.m.	Service Project/Committee Meetings
11:00 – 12:00 noon	Lunch on your own
12:00 – 4:00 p.m.	Tour
4:30 – 5:30 p.m.	Business Meeting
5:00 – 6:00 p.m.	Registration
6:30 – 8:00 p.m.	Banquet
8:00 – 10:00 p.m.	Evening Activities
10:00 – 11:00 p.m.	Fellowship/Committee Meetings

Sunday

9:00 – 9:30 a.m.	Vespers
9:30 – 10:00 a.m.	District Meetings
10:00 – 11:00 a.m.	Business Meeting
11:00 a.m.	Depart for home. Have a safe trip!

TAPPING CEREMONY REPORT

The 2003 Consecration Ceremony was a success. There was a total of 76 (56 4-H members, 5 County Extension Personnel, and 15 Volunteer Leaders) new All Stars tapped during 4-H Congress this summer.

Many thanks to the following people for their support: Randy and Irene Leech for providing us once again with the sound system and ordering the carnations; Steve Wood for leading New All Star Orientation for Congress participants, serving as Eagle Scout, and assisting on the Ceremonial Committee; Jamie Beamer for recruiting Song Leaders and Scouts and assisting on the Ceremonial Committee; Connie Bryant for picking up the carnations; Sarah Gregory and Debbie Zinn for leading the Ceremonial Songs; Selicia Gregory for advertising our rain location change and leading New All Star Orientation for all participants after our Ceremony; Shawnda Gregory for serving as State Scout for our ceremony; and all 4-H All Stars for their participation.

All 4-H All Star nominations forms need to be turned in by December 2, 2003 to the District Offices and to the State Office no later than January 2, 2004.

Shawnda Gregory, State Scout



MESSAGE FROM THE PAST BIG CHIEF

I hope that everyone is safe and recovering from Hurricane Isabel. This was a memorable year in many ways. I want to thank everyone for his or her support during the past year. As we continue to serve in our communities and across the State, remember to do your part and support the Virginia 4-H All Star organization by attending conferences, serving as officers and on committees, recruiting new members, and contributing to the Wayne M. Keffer Memorial Scholarship. It was a pleasure to serve as your Big Chief this past year, and I challenge you to continue to uphold our All Star motto of "Service." Thank you.

Yours in Service,
Selicia Gregory, Past Big Chief



NEW STATE OFFICERS FOR 2003-2004

Big Chief – Julie Martin
Lesser Chief – Lila Orrock
Recording Scribe – Michelle Cock
Corresponding Scribe – Daniel Collins
Medicine Men – Randy and Irene Leech
Scout – Shawnda Gregory
Advisor – Connie Bryant

**Virginia 4-H All Star Midwinter Conference
February 7-8, 2004
Registration Form**

Name _____ M/F _____
Address _____
City _____ State _____ Zip _____
Phone _____ e-mail _____
Unit or State Tapped _____ Year Tapped _____
Guest(s) _____ M/F _____
Special Needs (Dietary, Handicapped, other) _____

Conference Fees:	Cost per Person	Number	Totals
Full Conference	\$44.00 X _____	= _____	
Partial Conference			
Saturday Tour Only	\$17.00 X _____	= _____	
Saturday Evening Banquet & Evening Activities	\$27.00 X _____	= _____	
Late Fee (if postmarked after January 15, 2004)	\$10.00 X _____	= _____	
Life Dues	\$50.00 X _____	= _____	
Annual Dues	\$10.00 X _____	= _____	
Keffer Scholarship Donation		= _____	
Memorial Fund Donation		= _____	
New Member Fund Donation		= _____	
Total Registration Enclosed = _____			

Make Checks payable to: Virginia Chapter of 4-H ALL STARS, and mail to: Randy & Irene Leech, 4220 North Fork Road, Elliston, VA 24087

Call Holiday Inn Crossroads for reservations being held for VA 4-H All Star Conference until January 15, 2004. The toll free number is 1-877-506-6061.

- Inactive members may become active by paying two years annual dues of \$10.00 per year or life membership of \$50.00.
- Conference guests, other than spouses and/or children, shall be approved by the Big Chief and/or 4-H Department liaison (Policy 107). Guest(s) WILL NOT receive discounted rates.
- No alcoholic beverages are permitted at All Star functions (Policy 110).

Code of Conduct -- All conference registrants need to read and sign the following Code of Conduct

As a Virginia 4-H All Star event participant, I will conduct myself during the course of this conference in a manner that reflects the qualities of an All Star.

All Star Signature(s): _____ Date _____

Parent/Guardian Signature: _____ Date _____
(if All Star is under age 18)

Questions: Phone Selicia Gregory at: (804) 275-5806 or e-mail: sngreg@msn.com



When I sent out the call for recipes, door prizes, auction items, and quilt squares, I never dreamed of the success it would bring. The recipes came pouring in ranging from appetizers, to main dishes, to casseroles, to desserts, to vegetables, and soups with only one or two duplicates. They came from old and young; single and married; and male and female. Some were state 4-H winners, restaurant favorites, and/or personal favorites. There are still a few cookbooks remaining if you are interested in purchasing one. Due to the number of recipes that had to be transcribed, the time frame for publishing and the very small staff, there are bound to be mistakes. Everyone may not agree with the category in which his or her recipe was placed, but at least it is in the book. I ask for your patience and understanding in these matters. Every effort was made to keep it as accurate as possible.

The quilt was assembled by Clarissa Culbert from Fairfax. We want to say a very special thank you

to her for all her time and effort. It was beautiful and a definite centerpiece for the raffle/silent auction. A Virginia All Star won the quilt so maybe we can arrange for it to be displayed at Midwinters in Richmond.

When I asked for door prizes and silent auction items, I was just asking for one, but many people came with three or four. It was truly unbelievable the number of items we had available. With the proceeds from the silent auction, the two raffles, the cup raffle, and several personal donations, we raised a little over \$850 for the Keffer Fund.

I always hesitate to thank people individually because someone is always left out but I am going to try. Once again, I cannot express completely my gratitude to everyone that sent or brought things, and that helped with all the collecting, carrying, and displaying.

Pamela Levinson

Quilt Square Donors

Rogene Nester
Audrey Lee
Audrey's mother
Carol Boyer
Connie Bryant
Betty Munsey
Ruth Snapp
Jean Powers
Carol Boyer
Clarissa Culbert
Marion Cosby Duffey Macleod



Ranelle Dulaney - Carroll
Sarah Gregory - Chesterfield
Selicia Gregory - Chesterfield
Shawnda Gregroy - Chesterfield
Lauren Garrett - Culpeper
Carol Nansel - Fairfax
Margaret Douglas - Frederick
Cecil Johnson -

King and Queen/King William
Janet Cofer - Lynchburg
Brad Jarvis - Madison
Irene & Randy Leech - Montgomery
Steve Wood - Page/Shenandoah
Mary Lou Malo - Prince William
Barbara Reese - Prince William
Tonya Taylor - Rockingham
Carol Boyer - Shenandoah
Cathy Corker - Spotsylvania
Michelle Burkette - Virginia Beach
Mary-Ball Massey - Westmoreland

Julie Martin - York
Pat Chawkat - Rockingham
Sherry Jenkins - Frederick
Elwanda Luttrell - Frederick
Nancy Pence - Frederick
Rose Talbott - Virginia Beach
Jean Powers - Virginia Beach
Ruth Snapp - Frederick
Dawn Barnes - Craig/Floyd
Glenda Synder - Botetourt
Marcia Meador -
Charles City/New Kent
Michelle Burkett - Virginia Beach
Rogene Nester - Carroll
Southampton
Essex
Goochland
Henrico
Jamestown 4-H Center

Door Prize/Silent Auction/Raffle Donors

Jodi Neuhauser - Albemarle
Kay Burke - Amelia
Jan Blankenship - Amherst
Pamela Levinson - Appomattox
Rodney Leech - Bath/Highland
Audrey Lee - Bedford
Irene Ellis - Buckingham

IMPORTANT DATES

December 5, 2003	Northeast District Meeting
December 11, 2003	All nomination forms to the District Office
January 1, 2004	All nomination forms to the State 4-H Office Wayne Keffer Memorial College Scholarship applications due in State 4-H Office C. Dean Allen Award for Excellence nomination forms due in State 4-H Office Bradshaw Service Award nomination forms due in State 4-H Office
January 11, 2004	Central District Get Together at Billy Joe's Ice Cream Parlor
February 7-8, 2004	Midwinters Conference (Registration deadline is January 15, 2004)
April 1, 2004	Deadline for the Star
May 1, 2004	Virginia 4-H All Star Hall of Fame Award nomination forms due in State 4-H Office



There are still a very few Interstate Cookbooks available for \$5.00 each plus \$1.50 postage and handling. If interested, please contact Pamela Levinson, 100 Townson Court, Lynchburg, VA 24502, 434-385-7907, or pamelalevinson@aol.com.

4-H ALL STAR FORMS ON THE WEB

The 4-H All Star website has been updated to include all the current nomination forms, change of address forms, and award applications. Please take time to visit the website at <http://www.ext.vt.edu/resources/4h/allstars.html>.

4-H All Star Nominations

If you are a new 4-H All Star or if it has been a while since you have participated in the 4-H All Star nomination process, why don't you get involved with nominations this fall? There are opportunities for involvement at the county/city, district and state levels.

County/City Level

Extension Agents need help to identify 4-H members and leaders who are eligible for nomination as 4-H All Stars. This is especially important if your county/city is without a 4-H Agent. Get in touch with your local Extension Office to offer your "service" at the county/city level. YOU can make a difference in getting qualified members tapped into our All Star Chapter! Some counties offer All Star form preparation workshops in the fall or have All Stars work one-on-one with prospective members to get the form completed.

By November 24, 2003, each county/city needs to:

- ☺ complete nomination forms for eligible members and leaders,
- ☺ hold a meeting to review the nominations,
- ☺ vote on qualified 4-H members to send on to district,
- ☺ select up to three leader nominees (who have at least 7 years of service) to send to district, and
- ☺ have three current 4-H All Stars sign each form before it goes to district.

District Level

Each District Extension Office will receive All Star nomination forms from the counties/cities in its district. The District 4-H All Star officers are responsible for getting the nomination forms checked for accuracy and for selecting up to six leaders to forward on to state for honorary membership consideration. The more All Stars who serve on this District Membership committee, the faster the work goes for everyone! Because this meeting must be held between December 11-30,

2003, college students are often home for the holidays and are available to help. Contact your District Extension Office, or your district All Star chief, if you can help with this committee.

State Level

Between January 1 - 15, 2004, the State 4-H All Star Membership Committee must review all of the nomination forms that come in from the districts. They also compile the ballots that are handed out when we vote on new members during the All Star Midwinter Conference. Please consider volunteering to help with this if you are a VA Tech student, or if you live close to VA Tech and can attend a meeting on campus. You can contact the State 4-H Office, or the State 4-H All Star Big Chief to offer your service at this level.



To all of those who worked on the quilt, I was so surprised when my name was called as the winner of the quilt. I just wanted to say thank you for taking your time and making such a beautiful quilt. It is proudly displayed in my home as a reminder of both a wonderful Interstate Conference and an organization that will always be special to me. I will treasure the quilt always.

Julie Martin

RECOGNITION AND SCHOLARSHIP OPPORTUNITIES!

Please take a few minutes to apply for a scholarship, or to recognize a fellow All Star, a County/City All Star chapter, or an Extension Staff member for outstanding service. All of the following award nomination forms are available on the All Star website.

Wayne M. Keffer Memorial College Scholarship -- due in State 4-H Office on January 1, 2004

During the 4-H All Star Midwinter Conference, two \$600 scholarships will be presented to 4-H All Stars who are college freshmen, sophomores, juniors, seniors, or graduate students. Download the application from the All Star website.

C. Dean Allen Award for Excellence -- due in State 4-H Office on January 1, 2004

The purpose of this award is to recognize initiative, growth, leadership, and accomplishments in 4-H International and/or All Star programs by unit Extension faculty.

- Nominee must have been a member of the Unit Extension Faculty for three (3) or more years.
- Nominee must be supportive of the 4-H All Star Mission of Service, involve 4-H All Stars in the local 4-H program, have or encouraged a formalized Unit 4-H All Star Chapter, and/or provided 4-H International opportunities for youth and families in the unit or area.

Bradshaw Service Award -- due in State 4-H Office on January 1, 2004

The purpose of this award is to provide recognition for individual active 4-H All Stars who have been members of the Virginia Chapter of 4-H All Stars fifteen or less years and have rendered outstanding service to the All Star organization.

- Nominee must be a member of the Virginia Chapter of 4-H All Stars.

- Nominee's membership in the chapter must be fifteen years or less.
- Nominee must have rendered service to the Chapter or unit, district, and/or state levels.

Virginia 4-H All Star Hall Of Fame Award -- due in State 4-H Office on May 1, 2004

The purpose of this award is to provide recognition for individual 4-H All Stars who have been members of the Virginia Chapter of 4-H All Stars more than 15 years and have rendered outstanding service to the Virginia Chapter of 4-H All Stars, the 4-H Program, and other civic and community organizations.

- Nominee must be a member of the Virginia Chapter of 4-H All Stars.
- Nominee's membership in the Chapter must be more than 15 years.
- Nominee must have rendered outstanding service to the Virginia Chapter of 4-H All Stars, the 4-H Program, civic and community organizations.

Virginia 4-H All Star Chapter Charter -- *check deadline on Website*

The purpose of the All Star Chapter Charter and seal program is to recognize all chapters that are meeting minimum requirements for organized All Star service and to encourage inactive chapters to become active.

The minimum requirements to determine an active chapter are:

- Minimum of three active members
- Evidence of service given to 4-H through the unit Extension office
- Elected officers
- At least one meeting per year
- At least one, 4-H'er or honorary identified for potential membership during the year. (Does not have to have been accepted.)

FOUR IFYEs HOSTED IN VIRGINIA

Twelve 4-H host families in Virginia hosted four International 4-H Youth Exchangees this summer. The exchanges included:

- ☆ Stefan Starlinger, age 30, from Austria, who is a car mechanic and volunteer firefighter.
- ☆ Efthalia Katsika, age 18, from Greece, who is a student at the American Farm School in Thessaloniki, Greece, and grew up on a farm.
- ☆ Ahnne Ehnstrom, age 19, from Sweden, who is a student and enjoys drama, particularly participating in Middle Ages/Renaissance Festivals.
- ☆ Quita Riley, age 25, a elementary school teacher from Jamaica.

All of these delegates report that they really enjoyed their host families in Virginia, as well as all of the 4-H members that they had an opportunity to interact with at 4-H meetings and camps.

INTERNATIONAL FOUR-H YOUTH EXCHANGE OPPORTUNITIES

The International Four-H Youth Exchange Program (IFYE) continues to be one of the most outstanding exchange programs in the United States, and the cost for outbound delegates in 2003 has actually decreased - making it even less expensive to travel on this exchange than it was even five - ten years ago!

In the year 2004, 30 countries from around the world have indicated their desire to exchange with 4-H USA. Two different programs for outbounds are being offered as follows:

IFYE Ambassador: For youths between the ages of 15-25, this program features a summer

abroad. The purpose of the program is to assist youth in acquiring knowledge, developing skills, and forming attitudes that will help them become productive citizens of the global community through living with host families. Departure is in late June and return in early August. The fee for participation ranges from \$2,000 - \$3,000, depending on the country.

IFYE Representative: Participants between the ages of 19-30 can experience life in another country first-hand through living with host families for either three or six months. This is not the typical tourist's view of a foreign land, but a chance to actually participate in daily living and learn about the customs and culture of another country while sharing about life in the United States. Representatives may pursue special interests through self-study, and many arrange for academic credit through their universities. Departure is in late June with return in September for three-month participants and in mid-December for the longer-term participants. The fee for the three-month exchange is \$2,200 for most countries, and the fee for the six-month exchange is \$2,500 for most countries (Australia costs \$1,200 more due to the greater airline expense).

Host families for inbound delegates are also needed. The average hosting period is three weeks, and families from all around the state give the delegates a good view of what life is truly like in Virginia.

Applications for outbound delegates are due by December 15, 2003 and for hosting by April 1, 2004. For further information or application forms, contact Dottie Nelson, P. O. Box 144, Bland, VA 24315, phone: (work) 304-425-5198 or (home) 276-688-4028, or e-mail dottiefye@yahoo.com.



ALL STAR NEWS

This is to advise of the death of Beulah Morehead, age 82, an active 4-H All Star from Bland County. You may remember her from State 4-H Congress last year where she gave a speech for the 100th anniversary celebration of 4-H. She died during surgery at Roanoke Memorial Hospital due to an aneurism. She was quite a character and will be greatly missed. She has two daughters who are All Stars, Flora Harner and Carla Groseclose, as well as at least three grandchildren who are All Stars, Jessica Harner, Amber Groseclose, and Kelsey Groseclose. Kelsey was just tapped this summer.

ADDRESSES TO REMEMBER

State Office

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Virginia Tech (0419)
Blacksburg, VA 24061
bcline@vt.edu

Liaison

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Recording Scribe

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Scout

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VT/643/0699/2.3M/994160

The deadline for the next *The Virginia Star* is April 1, 2004

Virginia Chapter of 4-H All Stars

107 Hutcheson Hall
Virginia Tech (0419)
Blacksburg, VA 24061

Non-profit
Organization
BULK MAILING
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