



## Smoke Signals from the Big Chief

I hope that everyone is looking forward to a wonderful summer. I know that I am!!!

We had a wonderful Mid-Winter All Star Conference. We had an attendance of about 50 All Stars from across Virginia. All stars took part in the tourist attractions in the Natural Bridge area—The Bridge and the Wax Museum and Factory, while others enjoyed the shops and malls in Lexington and the surrounding area.

Charter awards were presented during the Saturday evening banquet as well as two scholarships that were presented to Caitlin Paige Flathers and Lila Joanna Orrock. Hazel Zinn-Day and Debbie Zinn presented a special music program for the All Stars during the evening banquet.

During the business meeting, names were presented, reviewed and voted on for the tapping ceremony which will be held during State 4-H Club Congress. The tapping is scheduled for June 20, 2007 from 2:00 - 3:00 PM in the Agriculture Quad. All Star practice for those who will be participating in the tapping is scheduled from 10:00 to 11:00 AM. Any current All Star who would like to be in the circle or serve as a Scout should be at this practice if at all possible. The practice will be held in the Agriculture Quad as well. Please remember to wear the proper tapping attire: Women—White dress (street length) and white shoes—no jewelry except for All Star Jewelry; Men—white dress shirt, navy blue pants; solid navy blue tie and dark shoes and socks; 4-H All Star jewelry recommended.

Everyone is encouraged to attend 4-H All Star Interstate Conference to be held at the Embassy Suites Hotel in Williamsburg, VA. The dates for the interstate conference are August 2-5. Our annual summer conference will be held immediately after the Interstate conference so be watching for more details to come. I hope everyone will mark your calendars for this event and I hope to see each of you at one or both All Star Events. Have a Wonderful rest of spring and summer!!!

**Elwanda Luttrell, Big Chief**

## Get out the Calendar...

### **2007**

- June 18-21 — State 4-H Congress — Virginia Tech, Blacksburg
- June 21 — All Star Tapping Ceremony — Agriculture Quad, Virginia Tech
- August 2-5 — Interstate All Star Conference — Williamsburg/Jamestown, VA
- October 15 — The Virginia Star information deadline — collindp@vt.edu

### **2008**

- February 2-3 — All Star Midwinter's Conference — Hotel Roanoke, Roanoke
- July 18-20 — All Star Summer Conference — Holiday Lake 4-H Center, Appomattox

### **Don't forget that we're on the web:**

View the Virginia 4-H All Star Group — [http://groups.yahoo.com/group/Virginia\\_4-H\\_AllStars](http://groups.yahoo.com/group/Virginia_4-H_AllStars)

To Subscribe to the Group listserv — [Virginia\\_4-H\\_AllStars-subscribe@yahoogroups.com](mailto:Virginia_4-H_AllStars-subscribe@yahoogroups.com)

To Post a message to the group — [Virginia\\_4-H\\_AllStars@yahoogroups.com](mailto:Virginia_4-H_AllStars@yahoogroups.com)

For more information visit <http://www.ext.vt.edu/resources/4h/allstars.html>.

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## Smoke Signals from our Districts

### Northern

Northern District All Stars will meet at the Culpeper Extension Office on Sunday, May 20th at 3:00 pm. The office is located at 101 South West Street just one block off of Main Street (Rt. 29 Business) at the corner of Davis Street and West Street. The agenda will include getting county chapters active, assistance to the 4-H program and support of the Interstate Conference. This is the first District meeting in several years so let's see if we can have a great turnout! For information contact William Thomas. E-mail contact is: thomasvtcc64@verizon.net or call 540-825-1873.

### Northwest

Northwest District 4-H All Stars met during the 2007 Virginia All Star Mid-Winter Conference at Natural Bridge Conference Center, on Sunday, February 4, 2007. The meeting was called to order by the district chief, Kevin Cabbage. Steve Wood brought up discussion on combining the All Star and Leaders Accounts. A motion was made by Jim Christiansen and Rory Nansel to transfers the funds from the All Star Account into one account with the District Leaders. Carol Boyer will be treasurer and the account will be at the Bank of America. The motion carried. It will be at the treasurer's discretion as to what type of account is established. Officers nominated for 2007 were Chief—Rory Nansel; Lesser Chief—Kevin Cabbage; Scribe—Jamie Christiansen; Treasurer—Carol Boyer; and Advisor—Carol Nansel. A motion to accept the slate as presented and to elect these as our officers, was made by Steve Wood, and seconded by Margaret Douglas. The motion carried. A date of April 30 was set for planning the Fall Conference. Time was set for 6:30 at the Shenandoah Extension Office. Kevin Cabbage thanked all for the good work while under his leadership. Ben Williams was introduced to the group. Steve Wood announced that he was giving \$200 toward a scholarship(s) to 2007 All Stars to attend Interstate. Rory Nansel announced he would also add to this. It will be decided at the April 30 meeting how this will be handled. There being no further business, the meeting was adjourned.

### Southwest

The SW District 4-H All Stars met on Saturday, March 17 in the Floyd County Extension Office. Present were: Daniel Collins, Dawn Barnes, Michelle Cock, Dr. Bob Meadows, Donna Hamm, Derrick Spangler, Vicki Spangler, Beth Massey, Debra Nester and Rogene Nester. We enjoyed a meal, then had the business meeting. District Contest for Public Speaking will be held on Saturday, May 12 at the SW VA 4-H Ed Center. The Southwest District 4-H All Stars will give a full scholarship to Congress for the winner, and a one-half scholarship to the second place winner. It was discussed that we need to make sure that the recipients do go to Congress, and that the money go to the Extension Agent of the winners. A fund raising event was discussed to build up funds. A car wash and wax was brought up, selling advanced tickets for \$30 each, maybe holding it in Montgomery County and use the Collegiate Club's hoses. Nothing final was decided. September 8 and 9 has been set as Teen Weekend at the SW 4-H Ed Center, hosted by the SW District All Stars – planning will be held in conjunction with the Spring District Leaders Meeting on May 19 in Smyth County. Possibly have an extreme sports theme and have a climbing wall if possible. Daniel told everyone that he was the new editor for the Star, temporarily for one year only. He needs information to put into it. August 2-5 is the Interstate All Star Conference in Williamsburg. Michelle wanted to know how the best way to get All Stars to come to the meetings. Derrick thought that the Yahoo Groups was one of the best ways. Beth and Derrick talked about us doing something for the District All Stars at Congress. Bob gave a State report. He said that Dr. McCann gave monies to the 4-H Centers. He is interviewing for two positions, and that two of the secretaries are pregnant and that things are really hectic in the state office. He asked everyone to be patient. There would be 96 4-H agents by mid-April. Kathleen Jamison is now working one-half time for the National 4-H Curriculum and one-half for us. They bought one-half of her salary, and they will try to get someone to fill in. Our next meeting will be September 9 at 3:00 p.m. at the SW 4-H Center.



## IFYE News

### 2007 IFYE CONFERENCE SET FOR OREGON

Oregon State University in Carvallis will be the site of the 2007 National IFYE Conference June 26-30, 2007. This conference is being held in conjunction with the Oregon 4-H Summer Conference, so this will be a great chance to promote IFYE to them. The theme is "One World, Many Faces." A great program is planned with tours featuring history, agriculture, and natural resources of Oregon. A kaleidoscope of educational workshops are planned, as well as a service project benefiting youth in Gondar, Ethiopia. For further information and a registration form, see the conference website: <http://oregon.4h.oregonstate.edu> or [www.ifyeusa.org](http://www.ifyeusa.org).

### HIGH SCHOOL EXCHANGEES BEING HOSTED

For the 2006-2007 school year, Virginia 4-H is hosting 15 high school students:

**Bland County:**--Anna Simonyan of Armenia with Dottie Nelson, Dakoda & Alyssa Harris & Jeremy Nelson; --Giorgi Khutsishvili of Georgia with Larry, Celia & Andrew Jarvis;

--Tomotaro Sano of Japan with Derek and Lisa, Marissa & Jakob Haun; --Risa Chung of Japan with Frank Newberry & daughter Mary

**Clarke County:**--Mai Yamashita of Japan with Scott and Sharon, Samantha, Sarah & Jason Herndon

**Culpeper County:**--Tomoaki Komatsu of Japan with Chris and Peggy Williams, Charlie & Mary Margaret

**Dickenson County:**--Arika Kota of Japan with Jerry and Theresa Stanley and their son Nicholas

**Loudoun County:**--Reiko Masuda of Japan with George and Marcia Aramayo, Karla, Danny & Nicholas; --Alisher Yerbulekov of Kazakhstan with Doug and Stacy Babst, Jackson & Ben

**Patrick County:**--Kateryna Dolgikh of the Ukraine with Mitzi and Beryl Wagner & Balei.

--Alina Shevchenko of the Ukraine with Danny and Lynn Boles, Hootie, Erika & Morgan

**Shenandoah County:**--Moriyasu Fukasawa of Japan with Allan, Carrie, Nathan, Melissa, Jay, Megan & Shelly Wiberg; --Haruka Ikeda of Japan with Brian, Tamara, Eden, Bridget, Dylan and Chloe Anne Huffman; --Anastasiya Timoshenko of Russia with Bill & Mary Pence

**Tazewell County:**--Orkhan Shabanov of Azerbaijan with Karel, Charles and James Ryan .



They are having a great year! If anyone is interested in hosting next school year, contact Becky Moyer, 434 Chapel Drive, Woodstock, VA 22664, cell phone (540) 325-1061, email: [rlbmoyer@yahoo.com](mailto:rlbmoyer@yahoo.com).

### WORLD IFYE CONFERENCE

The Australian Rural Exchangees Association will host the 9<sup>th</sup> World IFYE Conference in Adelaide, South Australia, October 4-11, 2008. The conference will be in their springtime, so start planning now. Adelaide is a beautiful city of just over one million people, and the conference will be based in the heart of the cultural center, at the Mercure Grosvenor Hotel. They are anxious to show up the best of their Australian cuisine and customs. Plans include farm visits, pre- and post-touring options, an event in the "Old Ran Shed" near the city, and, of course, the chance to see some unique native wildlife. For further information, contact Deb Clarke (exchangee from South Australia to the United Kingdom 1982). She is the conference chairman. Her email address is: [ifye.oz2008@ozemail.com.au](mailto:ifye.oz2008@ozemail.com.au).

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**For more IFYE information,  
please contact Dottie Nelson at  
[dottieifye@yahoo.com](mailto:dottieifye@yahoo.com)**



## 2007 4-H State Congress

On Wednesday, June 20, 2007 the 4H All Star Tapping Ceremony will take place in the Ag. Quad at Virginia Tech. Mark Kipps, Virginia 4H All Star Scout, will be in charge of the Tapping Ceremony. Should you have any special requests for the ceremony such as wanting to take a particular person to the front of the circle or if you would want to be a scout to tap someone into the All Stars, let Mark know at [mkipps@vt.edu](mailto:mkipps@vt.edu) or by calling him at 540-478-3072 at least 2 weeks before the ceremony.



All Stars will be needed to complete the circle and to serve as Scouts for the Tapping Ceremony on June 20th.

If you would like to participate in the Tapping Ceremony or if you have any questions regarding this information please contact Mark at the information provided above and on the back page of the Star..

### Follow The Gleam

(Song that will be sung during the All Star Tapping Ceremony)

#### First Verse

To the Knights in the days of old  
Keeping watch on the mountain height  
Came a vision of a Holy Grail  
And a voice through the waiting night

#### Chorus

Follow, follow, follow the gleam  
Banners unfurled o'er all the world  
Follow, follow, follow the gleam  
Of the Chalice that is the Grail

#### Second Verse

And we who would serve the King  
And loyalty Him obey  
In the consecrate silence know  
That the challenge still holds today

*\*\*\*At the ceremony, All Stars sing the first verse, chorus, second verse and conclude with the chorus.\*\*\**

### 4-H State Congress All Star Events

- Monday — June 18, 2007—All Star Meeting for Current All Stars — 5:15-6:00 PM  
Tuesday — June 19, 2007—All Star Tapping Orientation for Tappees — 5:15-6:00 PM  
All Star Practice for Current All Stars — 5:15-6:00 PM  
Wednesday — June 20, 2007—All Star Practice for Current All Stars — 10:00-11:00 AM  
All Star Tapping Ceremony (Ag. Quad) — 2:00-3:00 PM  
New All Star Orientation — 3:15-4:15 PM

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### Tapping Attire

Women — All white dress or white blouse and skirt; white shoes

Men — White dress shirt, navy tie, navy pants and dark shoes



## 2007 4-H All Star Interstate Conference hosted by Virginia

Revisit the Past & Celebrate the 100th  
Anniversary of Jamestown with the  
Virginia 4-H All Stars  
August 2-3, 2007.



Bring your walking shoes and camera for lots of memories when you visit the past and present - Colonial & Nautical.

### Activities will include:

- Colonial Williamsburg Tours
- Naval museum & Battleship Wisconsin Tour (Norfolk)
- Virginia Aquarium Visit (Virginia Beach)
- A Barbecue hosted by a Virginia Beach All Star family
- Jamestown Island Tour
- Jamestown Settlement Tour

Please bring an item for the Silent & Live Auction at the Saturday evening banquet (casual attire for the banquet).

Accommodations: Embassy Suites Williamsburg  
3006 Mooretown Road, Williamsburg, VA  
757-229-6800 / 800-333-0924  
[www.embassysuiteswilliamsburg.com](http://www.embassysuiteswilliamsburg.com)

Two-room suite (sleeps up to six). Includes complimentary cook-to-order breakfast and nightly manager's reception, indoor pool, whirlpool and fitness center for \$159.00 per night.

For more information, contact co-chairs Sarah Gregory @  
804-275-5806 or Jean Powers @ 757-421-3715 or  
757-567-3456 (cell); [jeanpowers@aol.com](mailto:jeanpowers@aol.com).

**Local Allstars:**  
Newport News (PHF)  
Norfolk (ORF)  
Richmond (RIC)

### Call for Virginia Hospitality

In August, Virginia will host Interstate 2007 in Williamsburg. A hospitality room will be available as All Stars arrive on Thursday, for some much needed refreshment, as well as a place to relax and visit in the evenings after enjoying the beautiful and historical sites of the Eastern Shore. In keeping with Virginia tradition, what better way to relax and visit than over food? We would also like to provide food and refreshments during the day while touring. We are fortunate to have so many wonderful products made in our state, so help us treat our guests to the best Virginia has to offer. We need your help contacting companies that would be willing to donate Virginia-made products that we can share. We would like to ask everyone attending the conference to bring an item to share in the hospitality room or on the tours. If you will not be able to join us, but would still like to contribute, a monetary donation would be greatly appreciated.

Suggested items: soda (cans), juice, bottled water, fruit, vegetables, peanuts, trail/chex mix, candy, cookies, chips/dip, salsa, etc.

For more information please contact Pamela Levinson, 100 Townson Court, Lynchburg, VA 24502 - 434-385-7907 or email: [shlevinson@aol.com](mailto:shlevinson@aol.com)





## 2007 4-H All Star Interstate Conference Registration

Name \_\_\_\_\_

Preferred Name on Nametag \_\_\_\_\_

Address \_\_\_\_\_

Phone Numbers: (H) \_\_\_\_\_ (C) \_\_\_\_\_

(W) \_\_\_\_\_ (FAX) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Arrival Date/Time: \_\_\_\_\_

Do you need transportation to/from airport? \_\_\_\_\_ Yes \_\_\_\_\_ No

[Local airports include-Newport News (PHF), Norfolk (ORF), and Richmond (RIC)] Circle Choice.

If yes, what is your flight number and scheduled time of arrival and departure?

\_\_\_\_\_

Conference Site/Accommodations: Embassy Suites Williamsburg is located at 3006 Mooretown Road, Williamsburg, VA 23185. Your two-room suite will sleep up to six, which includes a microwave, refrigerator, and large cook-to-order breakfast. Contact the hotel at (757) 229-6800 or (800) 333-0924 or e-mail [www.embassysuiteswilliamsburg.com](http://www.embassysuiteswilliamsburg.com). **Rooms are available until July 2, 2007; mention 4-H All Star Interstate Conference** for your guaranteed room rate. If you wish to visit the area prior to the conference or continue to stay additional days after the conference, the hotel will honor the conference room rate of \$159.00 per night for a total of one week. Please confirm room rate for additional days when booking a suite. I will be staying in the conference hotel, Embassy Suites Williamsburg. \_\_\_\_\_ Yes \_\_\_\_\_ No. Virginia 4-H All Stars will be conducting a silent and live auction at Saturday evening's banquet. Your donations for the auction will be accepted at registration. Proceeds from the silent/live auction will benefit building and improvement projects at the Jamestown 4-H Center. Registration will cover bus transportation, tours and admissions, activities, and most meals.

Early Registration by July 9	\$160.00	\$ _____
Full Time Registration after July 9	\$175.00	\$ _____
Part Time Registration		
Thursday	\$ 48.00	\$ _____
Friday	\$ 42.00	\$ _____
Saturday & Banquet	\$ 95.00	\$ _____
Saturday Banquet Only	\$ 30.00	\$ _____
Sunday (Vespers, Memorial Service and Farewell)		\$ _____ 00.00
<b>Total</b>		\$ _____

**Make your check payable to: Interstate 4-H All Stars Conference**

**Send your registration form and payment to**

**Jean Powers, Interstate 4-H All Star Conference, 3368 Hungarian Road, Virginia Beach, VA 23457.**

**Registration Due July 21, 2007**

For more information contact co-chairs: Sarah Gregory at (804) 275-5806 or Jean Powers at (757) 421-3715 or (757) 567-3465 or e-mail [jeankpowers@aol.com](mailto:jeankpowers@aol.com)

Virginia 4-H All Stars is hosting the 2007 Interstate Conference in the Williamsburg area to celebrate the 400<sup>th</sup> anniversary of the Jamestown Settlement. There are numerous historical sites to visit in America's Historic Triangle consisting of Jamestown, Williamsburg, and Yorktown. Check out the following websites to plan your Williamsburg area trip: [www.historyisfun.org](http://www.historyisfun.org) and [www.AmericasHistoricTriangle.com](http://www.AmericasHistoricTriangle.com). Other areas of interest include The Mariners' Museum with civil war USS Monitor relics and other maritime displays. Visit the website [www.mariner.org](http://www.mariner.org). The neighboring cities of Newport News, Hampton, Norfolk, Virginia Beach and Richmond host an assortment of family-oriented locations to visit which are rich in colonial, civil war, military and maritime history. Virginia is known as the mother of the Presidents. Consider some of these cities' well-known sites during your visit to Virginia.

DEADLINE  
for the next  
Virginia Star  
is  
October 15, 2007

# The Virginia Star

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## 2007 4-H All Star Interstate Conference Schedule

### **Thursday, August 2**

2:00 p.m. – 8:00 p.m. Registration-Embassy Suite Lobby  
Hospitality and Refreshments in Jefferson Conference Room  
4:45 p.m. Board Bus and Depart for Dinner  
5:00 p.m. - 6:00 p.m. Dinner Stop at Restaurant [Dinner not included in Registration]  
6:00 p.m. Board Bus from Restaurant and Depart for Presidents' Park  
6:15 p.m. – 8:00 p.m. Tour Presidents' Park  
8:00 p.m. Board Bus for Narrated Bus Tour of Williamsburg Area  
10:00 p.m. Hospitality Room Closes [Jefferson Conference Room ]

### **Friday, August 3**

6:30 a.m. – 9:30 a.m. Breakfast Provided for Guests of Embassy Suites or Breakfast on Your Own  
9:00 a.m. Board Bus and Depart for Norfolk Tours  
10:00 a.m. - Tour Norfolk Naval Museum and Battleship Wisconsin and  
McArthur Memorial Museum  
12:00 p.m. Board Bus and Depart for Virginia Beach 4-H Extension Office  
12:35 p.m. Lunch hosted by Virginia Beach 4-H Volunteers  
Committee Meetings for Big Chiefs/Presidents, Future Plans, and Resolutions  
1:45 p.m. Board Bus and Depart for First Landing Cross Monument at the Virginia Beach Oceanfront  
2:30 p.m. Virginia Aquarium & Marine Science Museum  
4:00 p.m. – 7:00 p.m. Registration Continues-Embassy Suite Lobby  
Hospitality and Refreshments in Jefferson Conference Room  
5:00 p.m. Board Bus and Depart for Barbecue Dinner hosted by Don & Diane Horsley, Virginia Beach  
4-H All Star Family and Virginia Beach 4-H Volunteers  
Finalize Committee Meetings  
Conduct Business Meeting  
8:15 p.m. Depart for Williamsburg  
10:00 p.m. Hospitality Room Closes

### **Saturday, August 4**

7:00 a.m. – 10:30 a.m. Breakfast Provided for Guests of Embassy Suites or Breakfast on Your Own  
7:00 a.m. – 8:00 a.m. Registration Continues-Embassy Suite Lobby  
8:30 a.m. Board Bus and Depart for Guided Tour of Jamestown Settlement  
11:45 a.m. Board Bus and Depart for Jamestown 4-H Center for Lunch  
Place your bids on Silent Auction Items  
1:30 p.m. Board Bus and Depart for Colonial National Historical Park at Jamestown Island  
4:00 p.m. Board Bus and Depart for Hotel  
5:30 p.m. Board Bus and Depart for Banquet, Entertainment, Silent & Live Auction at Jamestown 4-H  
Center [Dress-Casual Attire ]  
9:30 p.m. Board Bus and Depart for Hotel

### **Sunday, August 5**

7:00 a.m. – 10:30 a.m. Breakfast Provided for Guests of Embassy Suites or Breakfast on Your Own  
9:00-9:30 a.m. Vespers and Memorial Service in Jefferson Conference Room  
Wishing You Farewell and a Safe Trip Home  
9:45 a.m. Hotel Check Out  
10:00 a.m. – 12:00 noon Virginia 4-H All Stars Summer Conference in Jefferson Conference Room

*Please make plans to join the Virginia 4-H All Stars in Jamestown and Williamsburg for this exciting All Star event. There are many outings and adventures that have been planned out for these full days. Many thanks go out for all the hard work that has been put into this already. We know this will be the best celebration Virginia has seen in years!!!*





## 4-H All Star Awards and Recognition



### C. DEAN ALLEN AWARD FOR EXCELLENCE

Each year the Virginia Chapter of 4-H All Stars offers a special award to a Unit Extension staff member who has been supportive of the 4-H All Star Mission of Service, involves 4-H All Stars in the local 4-H program, has or encourages a formal unit 4-H All Star Chapter, and/or provides 4-H International opportunities for youth and families in the unit or area. This award is named after C. Dean Allen, who for more than 25 years was the State 4-H Staff member who acted as the Liaison for All Stars and conducting International 4-H programming in Virginia.

Carol Byrd, a 19 year veteran of the Patrick County Cooperative Extension office, was named to receive this award for 2007. Carol makes a wide range of opportunities available for 4-H'ers in her unit, ensuring that they have well-rounded resumes and ample work to show in their All Star applications. She especially arranges promotional activities, community service, and leadership experiences for her 4-H Teens in Action. This group sponsors special activities for Home Alone kids, and they are involved in the Reynolds Homestead Continuing Education Center, camps and Share-the-Fun. She often calls on All Star alumni to serve as judges at contests, to teach workshops, chaperone events, etc.

In the international arena, Carol has solicited many host families in Patrick County for the short-term summer 4-H exchange programs, as well as the year-long high school exchange. Three families in her unit are currently hosting high schoolers from Armenia and the Ukraine. For a weekend in October 2005 and 2006, she and her Teens in Action have hosted all the 4-H high school exchangees throughout the state, emphasizing fun and leadership learning in Patrick County. Carol has acted as a chaperone for the past two years for the MidTerm High School Exchangees/Host Families Weekend held in January in Shenandoah County.

Carol embodies all the traits outlined for this award and is truly deserving of this recognition. Congratulations Carol!

### WAYNE M. KEFFER MEMORIAL SCHOLARSHIP RECIPIENTS

**Caitlin Paige Flathers**, a 2004 All Star tapped from Culpeper/Madison. She is a freshman at Lynchburg College, majoring in English with minors in Business & Communication Studies. She was a Northern District State Cabinet Ambassador for 2005-2006. She was President of the Culpeper 4-H Honor Club in 2004 and President of the Dairy Goat Club in 2002-2003. She was also a teen leader for the Horse Club. She competed in Share-the-Fun at state level, had the ADGA National Champion and State Fair Champion Dairy Goat, State Horse Judging Team, State Hippology Team and Southern Regional Horse Championships. She has been active in citizenship, leadership and community service with projects such as Hurricane Katrina Relief, Adopt-a-Highway, Culpeper Library Literacy Program, Canned Food Drive, Habitat for Humanity, Red Cross Blood Drive, Operation Christmas Child, and Heifer Project International.

**Lila Joanna Orrock**, a 1999 All Star tapped from Spotsylvania. Lila is a sophomore at Eastern Mennonite University majoring in Counseling. Lila credits serving as a counselor at Spotsylvania/Shenandoah 4H YES Camp with helping her determine her career path. Lila attended National 4-H Congress and was a National 4-H Youth Directions Council State Representative. She has also been a Northern District Ambassador, All Star officer, and Bridgewater College Crimson Clovers President. She has served as the All Star Liaison with the State Congress Cabinet and also boasts a wide variety of citizenship, leadership and community service projects, including Canned Food Drives, March for Parks and Membership Director for the Bridgewater Volunteer Rescue Squad. When at Bridgewater College, she was the Debate and Forensics Team Captain and Republicans Secretary.



## Claims of Honor

The Virginia Chapter of 4-H All Stars implemented a program to recognize unit Chapters who meet certain standards, including having at least an annual meeting, regular elected officers, service projects, sponsorships, participants in district and state 4-H and All Star functions.

**Four unit chapters were recognized for this acclamation: Bland, Carroll, Frederick & Shenandoah.**

Abigail Nicole Easter was born November 24, 2006 to Derek and Victoria Dulaney Easter (Carroll '93). Her Grandmother, Ranelle Dulaney (Carroll '95) and aunt Sharon "Dee" Dalton (Carroll '91) also welcome the new edition!!

April Lang (Page '00) and Jim Mays were united in marriage on October 21, 2006. April is the Unit Administrative Assistant in the Page County Extension office.

Holden Elijah Sutton was born February 25, 2007 to Kevin (Scott '86) and Lea Ann Sutton. The family is now living in Charlotte, NC.

Courtney Pfaff (Culpeper '00) and Chance Alexander Kimble were united in marriage on September 9, 2006. They now live in Culpeper, VA.

## In Remembrance

**Cecil McCoy, Sr.**, of Nimrod Hall, Virginia, passed away Wednesday, March 28<sup>th</sup>. Cecil and his family were an excellent extension farm family for many years. Cecil, his wife, Virginia Lamb McCoy (childhood Albemarle County 4-H member), his deceased daughter, Diane, and son, Cecil Jr., had/have been state and national winners in various projects, and are lifetime All Stars. Cecil and Virginia were volunteer 4-H leaders for many years. His grandchildren and great grandchildren have been in 4-H as well. Condolences may be sent to Virginia McCoy's address: 134 Sitlington Road, Millboro, Va 24460 and her son, Cecil McCoy, Jr and family receive mail at 3468 Cowpasture River Highway, Millboro, Va 24460.

**Rose Duggins Massie** passed away December 8, 2006. She lived her entire 91 years in Virginia. Rose was a 4-H member and 4-H leader for 30 years. She served as a host IFYE family in the late 1950's to IFYE's from Panama and Venezuela on her farm in Louisa, Virginia. Later she hosted friends of the family from Finland, Japan, Belgium, and New Zealand. Her daughter, Nancy Massie Moga, was an IFYE to New Zealand in 1974 and is also a Virginia 4-H All Star.

**Embra Tillotson** passed away on March 21, 2007/ Embra was a member of the 4-H All Stars for many years and was present at local and state meetings until her illness did not allow her to participate. She held many offices in the organization including Big Chief. Embra was also a member of the 4-H Leadership Association, the Extension Homemakers and was a member of the Holiday Lake 4-H Educational Center Board. Her daughter, Jean Lamb and her son, Robert Tillotson are both 4-H All Stars.

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## All Star Extension List

<b>Name</b>	<b>Unit</b>	<b>Year</b>	<b>Extension Role</b>
Bobby Swain		1970	Extension Coordinator for Field Services
Ruth Wallace	Albemarle	1988	4-H Extension Agent – Buckingham
Leslie Blischak	Albemarle	1994	Commercial Horticulturist – Loudoun
Clyde F. Jackson	Amelia	1968	Research Associate, 4-H – Fairfax
Bev Butterfield	Augusta	1974	Northwest District Director
Patricia J. Steffey	Bland	1992	4-H/EFNEP—Scott
Constance M. Whitt	Bland	1999	Web Designer/Multimedia Asst with AHNR-IT
Elizabeth Johnson	Bland	2006	4-H Extension Agent—Bland
Susan Starks	Bland	2006	4-H Program Assistant – Bland
Ellen F. Smith	Buckingham	1974	Extension Agent, FNH – Mecklenburg
Marilyn J. Carter Morris	Campbell	1974	Extension Agent, FCS—Gloucester
Rikki Skerrett	Cecil (MD)	1971	4-H Extension Agent – Northampton
Calvin A. Schiermann	Chesapeake	1963	Extension Agent, Ag. & Natural Resources—Virginia Beach
Clay Corey Childs	Clarke	1980	Extension Agent, Animal Science and Unit Coordinator — Loudoun
Marsha G. Wright	Clarke	2000	Unit Admin. Asst. -- Clarke
Dawn Barnes	Craig	1976	Senior Extension Agent, Family & Consumer Sciences—Floyd
Sharon Broyles	Culpeper	1994	Northern District Administrative Assistant
Stephanie Fletcher	Dickenson	1993	4-H Program Assistant—Dickenson
Carol (Baird) Nansel	Fairfax	1974	4-H Extension Agent – Shenandoah
Penny M. Webster	Floyd	1976	4-H Program Staff – Floyd
Don Bakely	Floyd	1999	Extension Support Staff—Floyd
Julie Weddle	Floyd	2001	4-H Extension Agent – Pittsylvania
Dr. Kathleen Jamison	Floyd	2005	VA 4-H Curriculum and Learning Specialist
Dr. Barbara Board	Franklin	1971	Northeast District Director
Jackie Jefferis	Gloucester	2006	4-H Program Assistant – Gloucester
Glenda M. Snyder	Halifax	????	4-H Extension Agent and Unit Coordinator – Botetourt
Anne-Carter Carrington	Halifax	1977	Central District Coordinator for EFNEP/ SCNEP



## All Star Extension List

Gordon Glover	Henrico	1972	Extension Economist Farm Mgmt., Agricultural & Applied Econ. –VA Tech
Lloyd Hicks	Henrico	2002	Center Director—Jamestown 4-H Educational Center
John G. Thompson	Hinds (MS)	2003	4-H Extension Agent – Fluvanna
Marcia Meador	James City	1992	Northeast District Program Leader
Bernice Harris	King William	2004	Unit Admin. Asst.—King William
Harold L. Jerrell	Lee	1967	Extension Agent, Agriculture and Unit Coordinator – Lee
Scott Jerrell	Lee	1993	Extension Agent, Ag. & Natrual Resources Scott
Kaci Coppedge	Madison	1996	4-H Extension Agent—Orange
Kelly Mallory (Honorary)	Madison	2006	4-H Extension Agent – Madison
Dr. Alex White	Maryland	1982	Extension Specialist in Agricultural & Applied Economics — Virginia Tech
Paiger W. Hogge	Middlesex	2006	Unit Admin. Asst. – Middlesex
Carolyn K. Sowers	Montgomery	1966	Human Resources Coordinator CALs—VCE—VA Tech
Renee S. Carter	Newport News	2002	4-H Extension Agent—Newport News
Nancy Lawler	Orange	2004	Unit Admin. Asst. – Orange
Steve Hopkins	Orange	2004	Extension Agent, ANR-Animal Science Orange
Kevin Cabbage	Page	1992	4-H Extension Agent—Page
April L. Mays	Page	2000	Unit Admin. Asst. – Page
Sharon Race	Prince William	2004	4-H Extension Agent –Prince William
Janice G. Palmer	Rappahannock	1998	Unit Admin. Asst. – Rappahannock
Jonathan Vest	Roanoke	1988	Extension Agent, ANR – Roanoke
Rodney P. Leech	Rockbridge	1978	Extension Agent, Animal Science—Highland & Bath Counties
Stephanie C. Diehl	Rockingham	1982	Extension Agent, Food Nutrition and Health Rockingham
Tonya M. Taylor	Rockingham	1992	Associate 4-H Specialist – VA Tech
Heidi Crockett	Rockingham	1998	4-H Extension Agent—Fairfax
Virginia W. Croushorn	Rockingham	1998	Unit Administrative Asst.—Rockingham
Tina S. Horn	Shenandoah	????	Dairy Science Agent—Augusta
Dr. Andrew Overbay	Smyth	1981	Southwest District Program Leader
Jim Atwell	Smyth	1988	Extension Agent, ANR-Animal Science—Bland



## All Star Extension List

Donna Hamm	Smyth	1992	4-H Extension Agent – Smyth
Daniel P. Collins	Smyth	1999	4-H Extension Agent – Grayson
Bryan Branch	Southampton	1991	Center Director—Holiday Lake 4-H Educational Center
John E. Howe	Spotsylvania	2006	Extension Agent, ANR & Animal Science Spotsylvania
Donna Wells	Stafford	1996	Northern District Director
Rexford E. Cotten	Surry	????	Extension Agent, Agriculture and Unit Coordinator—Suffolk
John Blankenship (Honorary)	Tazewell	2005	4-H Extension Agent—Tazewell
Lisa A. Kovacs	Virginia Beach	1999	4-H Livestock Agent—Chesapeake
Kelly M. Thomas	Washington	1996	4-H Extension Agent – Wythe
Sandra Fisher	Washington	2001	Center Director—Southwest Virginia 4-H Educational Center
Diane Schwarting	Westmoreland	1975	4-H Program Assistant—Westmoreland
Bennet Cassell	Wythe	1963	Extension Dairy Scientist — Virginia Tech
Jennifer Price	Wythe	1986	Unit Admin. Asst. – Wythe
Matthew Miller	Wythe	1993	Extension Agent, Farm Business Mgmt. Southwest District

***Of the thousands of individuals that work for Virginia Cooperative Extension, I received 69 responses that were All Stars working for VCE. Knowing that I did not get all responses of course, I thought it would be excellent for you to see just how many people are working for the organization that is cooperatively working with our All Star organization. If you know of anyone else who is not on this list that is an All Star, please feel free to have them e-mail me at [collindp@vt.edu](mailto:collindp@vt.edu) or call the Grayson County Extension Office at 276-773-2491.***

***Daniel Collins***

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is our  
MOTTO





## All Star District Officers and Contacts

### **Central**

Big Chief — Amy Daubenspeck  
Treasurer — Robert Tillotson

District Contact  
Audrey Lee  
aulee@suddenlink.net

### **Northern**

Big Chief — Courtney Kimble  
Treasurer — Jan Palmer-Bescker

District Contact  
Courtney Pfaff Kimble  
crpemt@aol.com  
540-727-0370

### **Northwest**

Big Chief — Rory Nansel  
Lesser Chief — Kevin Cabbage  
Scribe — Jamie Christiansen  
Treasurer — Carol Boyer

District Contact  
Carol Nansel  
cnansel@vt.edu

### **Southeast**

District Contact  
Josephine Carter  
PO Box 578  
Jarrett, VA 23867

434-535-9133

### **Southwest**

Big Chief — Michelle Cock  
Lesser Chief — Charlie Marsh  
Scribe — Daniel Collins  
Treasurer — Rogene Nestor

District Contact  
Donna Hamm  
dhamm@vt.edu

*Feel free to contact any of these individuals to get updated on current district and unit All Star events.*

## All Star Updates

Keeping up with the almost 9,000 4-H'ers, volunteers and staff who have been tapped into the Virginia Chapter of 4-H All Stars is a challenge. Equally challenging is keeping up with the almost 2,000 names and addresses on the "Star" mailing list. If you are a life member you are entitled to receive the "Star" for life. The names on the mailing list were combined so only one Star comes to one address. If you wish you own copy please let us know and we will change yours. Several hundred less mailings results in savings for the organization.

For years this information was kept on the main frame at Virginia Tech. When the main frame went away, it ended up in the State 4-H Office. With the reductions in administrative support at the state office, the Virginia All Star Executive Committee looked for a way to deal with keeping these lists up to date.

Recording Scribe Susan Blake Thomas (Albemarle '63) volunteered to work with the list and she enlisted the assistance of her husband, William (Culpeper '76) a retired Extension Agent. They are currently maintaining both of the lists from their home in Culpeper, VA.

Your assistance is needed in several areas. Please pass on information to the Thomas's relative to:

a) Any change in your address or name or b) Death of an All Star

In addition, if you know someone who is a life member and they are not getting the Star, let them know they can receive it if we have their address. When a Star is returned due to a failure to be able to deliver, that name is removed from the mailing list. We have several hundred more life members than we have good addresses for mailing.

Contact Susan or William by:  
E-mail thomasvtcc64@verizon.net

Mailing Address:  
1012 Hendrick Street  
Culpeper, VA 22701



## All Star FUN PAGE

Can you figure out the hidden message?

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
15					13						7		5				10	18							

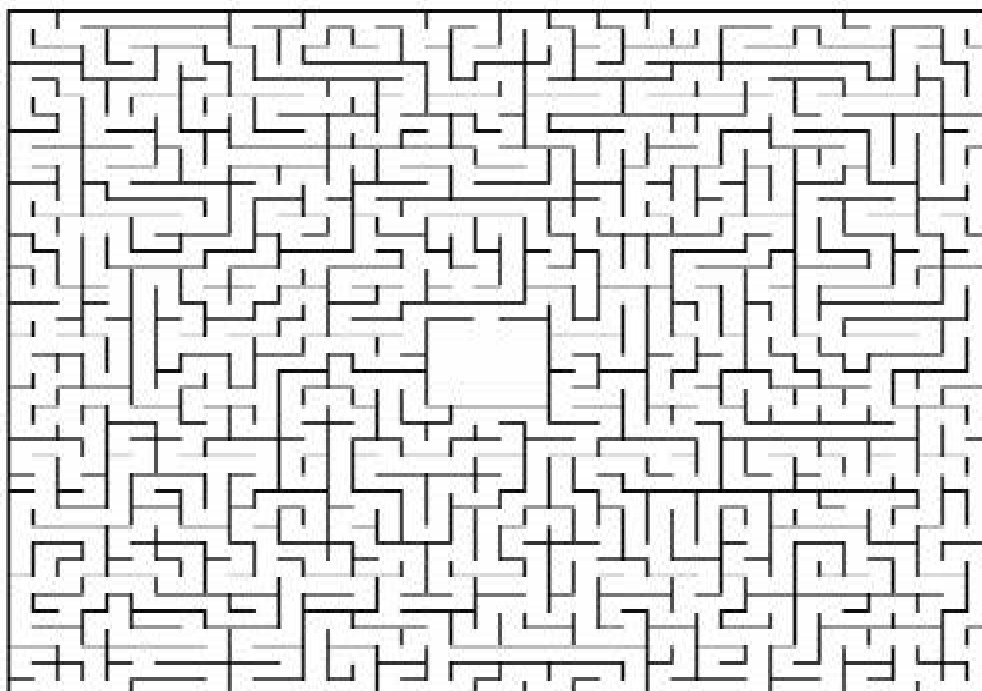
  

<u>F</u>	<u>N</u>	<u>A N</u>	<u>A</u>	<u>N</u>	<u>R</u>	<u>A R</u>	<u>N L</u>
13 9 5	15 5 25	15 25 8 1 5 19 9 10 1	15 10 1	21 5 7 4			

<u>N N</u>	<u>N</u>	<u>!</u>
19 16 1	17 1 24 11 5 5 11 5 24	

Let's see how good you are...



### Editor's Note...

"SERVICE"  
is our  
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I truly hope that you have enjoyed your copy of the Virginia Star. Believe me that the time and dedication that is put forth in this newsletter is nothing to shake your head toward. I want to thank everyone who sent information to be included in this edition, without you all we would not have a Virginia Star to read. Please remember that the next deadline for the fall-winter edition is October 15, 2007. Hope everyone has a safe and wonderful summer!!!

Making the Best Better,  
Daniel Collins  
Smyth '99





# Virginia 4-H All Star Chapter

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<b>Scout</b> Mark Kipps mkipps@vt.edu 540-478-3072 (cell)	<b>Corresponding Scribe</b> Debbie Zinn PO Box 727 Luray, VA 22835 debzinn@shentel.net 540-843-2135	<b>Recording Scribe</b> Susan Thomas 1012 Hendrick Street Culpeper, VA 22701 thomasvtcc64@verizon.net 540-825-1873
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