



**4-H Symposium
and
Virginia Association of Adult 4-H Volunteer Leaders'
2018 Fall Conference**



**November 10 – 11, 2018
Natural Bridge Historic Hotel & Conference Center, Natural Bridge, VA**

For Volunteer Hotel Reservations – Call 800-533-1410

Room Rates: \$89 plus tax

October 8th – deadline for hotel room rate

Ask for the Virginia Tech and Virginia 4-H Block

**Conference Registration form must be postmarked
by 10/20/2018 to avoid the \$15 late fee.**

CONFERENCE REGISTRATION FORM

Name: _____ Phone: (____) _____

Address: _____

City/State: _____ Zip: _____

County/City: _____ District: _____ E-Mail: _____

Participant Status:

- 4-H Volunteer Youth Extension Agent District/State Staff
 4-H Teen Unit Representative Program Assistant Guest

Are you applying for a VAA4-HVL Scholarship? *Separate form required; see page 4.* (Check one.) Yes No

Member of: (Check all that apply)

- All Star 4-H Foundation Board Collegiate Club International Programs
 VA Agent Association Cabinet VA Adult 4-H Volunteer Leader's Association

Other: _____

Check here if you **do not** wish your name, address, phone # and email address placed in the conference registration log which will be given to each attendee at registration.

Master Track Registration:

(In-depth learning workshops from 10:00 AM – 4:00 PM on Saturday, November 10 and 8 – 10:30 AM on Sunday, November 11.)

- Project Learning Tree
 Click2Science

Full Conference Registration Includes 3 Meals (does NOT include lodging) = \$60.00

Conference Fees:

- Full Registration= \$60.00 _____
 Saturday night banquet only = \$35.00 (*Business Professional Dress*) _____
 LATE FEE (postmarked after 10/20/18 on all or part of conference checked above) = \$15.00 _____

**No refunds will be made after registration deadline!*

TOTAL \$ _____

Make Check or Money Order payable to: Virginia 4-H Foundation

A duplicate registration form must be sent to **Joi Saville** (contact information below) if the registration fee is being paid by Hokie Mart, agency account or VTF account transfer. *Walk-in registrations will not be guaranteed meals or special dietary requests for the conference.*

Check if you have special dietary requirements or other accommodations needed:

Please list: _____

Workshop Descriptions and full schedule will be posted at <https://ext.vt.edu/4h-youth/volunteer-leaders.html> by October 1, 2018. We will be holding a silent and live auction during the conference. Donations of items from each district are greatly appreciated for these events! Proceeds help support our Association.

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Jeremy Johnson, State 4-H Office at (540-231-2330/TDD*) during business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event. *TDD number is (800) 828-1120.

Conference Registrar:

**Please send registration and payment to:
 Joi Saville, 4-H Operations & Special Events Coordinator
 4-H Symposium, 107 Hutcheson Hall (0419)
 Blacksburg, VA 24061
 540-231-6372 (phone), 540-231-4155 (fax)
 joi.saville@vt.edu (email)**



Tentative Schedule*

Friday, November 9, 2018

7:30 – 11:00 PM

VAA4-HVL Joint Board of Directors and Program Committee Meeting

Saturday, November 10, 2018

8:00 – 9:00 AM

Breakfast (for those already registered only) and Cabinet

8:30 – 10:00 AM

Registration

10:00 AM – 12:00 Noon

Master Tracks

10:00 – 10:50 AM

Workshops Session 1*

11:00 – 11:50 AM

Workshops Session 2*

12:00 Noon – 1:30 PM

Virginia 4-H Luncheon
VAA4-HVL President Presiding

1:30 – 4:30 PM

Master Track Sessions, continued

1:45 – 2:35 PM

Workshops Session 3*

2:45 – 4:25 PM

Club Share Fair – *Bring a few great ideas to showcase your 4-H program in this roundtable sharing session.*

- Barn Quilt Painting

4:30 – 5:15 PM

VAA4-HVL District Meetings

1. Northern
2. Southwest
3. Southeast
4. Central

5:20 – 6:15 PM

VAA4-HVL Business Meeting
Plan of Work, Unit Representatives, Vote for Officers

6:15 – 6:45 PM

Prepare for Dinner

6:45 PM

Group Photo

6:50 – 9:00 PM

Dinner hosted by the VAA4-HVL – Washington Hall
Program: VAA4-HVL Memorial and Awards and Silent and Live Auction

Sunday, November 11, 2018

7:00 – 8:00 AM

Reflections (on your own)

8:00 – 10:30 AM

Master Track Sessions, continued

8:00 – 9:50 AM

Super Sessions

10:00 – 10:25 AM

Pack & Check-Out

10:30 AM – 12:00 Noon

Brunch, Installation of VAA4-HVL Officers, Closing Remarks

* Room locations subject to change. Workshop Descriptions and full schedule will be posted <https://ext.vt.edu/4h-youth/volunteer-leaders.html> by October 1, 2018.

Master Track Sessions

Project Learning Tree – Terry Abston, Terry Micsh, Christina Ruszczyk-

Murray - Project Learning Tree (PLT) is a multi-disciplinary curriculum which uses the environment to help youth learn how to think not what to think. This will be a fun and action packed workshop; we will do some of the PLT activities and become familiar with the curriculum. Participants in this workshop as a PLT education and will receive a PLT PreK-8 guide with a 96 hands-on activities.

Introduction to Click2Science – Robbie Morrison - If you are looking for resources to improve your STEM programming and facilitation skills, this workshop is for you! Introduction to Click2Science offers a variety of easy-to-use resources to help you become more comfortable and confident in facilitating STEM activities with youth and adults, along with access to self-development guides, self-directed web lessons, and webinars. Come and enjoy this interactive workshop. Objectives: Learn best practices for providing hands-on, interactive STEM training using Click2Science; Gain understanding of the Click2Science model of Professional Development; Learn how to integrate resources from Click2Science into 4-H programming; Learn to use evaluation tools from Click2Science to describe the impact of the training experiences you provide; and Gain access to Click2Science trainer network.

Selected Workshop Sessions

Barn Quilt Painting Workshop – To be held during the Club Share Fair

Join us for an introduction to painting barn quilts. This workshop could be a 4-H fundraiser or a new attraction at your county fair. Participants will paint a 1 x 1 barn quilt to take home with you. This size is perfect to display on your porch, gate, outbuildings or inside your home. Please bring an apron or old shirt to protect your clothes. We also recommend a hair dryer.

Changing Up the 4-H Club Meeting Model – Kaci Daniel (*Saturday morning only*)

Is your club's meeting model stuck in a rut, doing the same things each year? Learn how one club switched things up, resulting in 50% more volunteer involvement and an increase in youth attendance, from 7.38 meetings per year to 11.74! Come ready to brainstorm ideas and strengthen your club's plan of work for the new 4-H year.

Craft Fun – Amanda Murray (50 minutes)

The session will cover craft activities to be used with 4-H youth utilizing duct tape and paracord. We will cover how to use the different materials and several possible projects. Attendees will be able to gain hands on experience

Effective Meetings & Parliamentary Procedure: Not As Boring as It Sounds – Chad Proudfoot

Our lives often tend to revolve around meetings. From 4-H clubs, to Volunteer Leaders, to All Stars...we meet all the time. Often these meetings need to operate according to established parliamentary procedure, but this sometimes feels overwhelming to many presiding officers. Join Chad for this fun and interactive session where he goes over the basics of “Robert’s Rules of Order,” and provides resources to help your meetings run well. Parliamentary procedure can be the presiding officer’s friend - not something to fear. Feel free to bring any problems or scenarios that may be stressing you out, as there will be lots of time for Q&A.

Making Connections with Cloverbuds – Tara Brent (100 minutes)

Our youngest 4-H members require a different type of programming to keep them engaged. In this session, participants will learn about the developmental needs of Cloverbuds and engage in several hands-on activities across 4-H program areas. You will walk away with ideas to use right away in your club or program!

Optional Tours (fee required) – *Please purchase tickets at front desk or at State Park Visitor's Center.*

Natural Bridge State Park - Once owned by Thomas Jefferson and listed on the National Register of Historic Places, the 215-foot tall Natural Bridge is a limestone gorge carved out by Cedar Creek. The newest Virginia State Park is more than just the bridge. Beautiful forests, open, rolling meadows showcase the area's karst terrain, and vistas of surrounding mountains and the James River valley display nature's splendor. Access these via 6 miles of hiking trails, including the accessible Cedar Creek Trail that leads from the bridge to the Monacan Indian Village and Lace Falls with its 30-foot cascade. Living history programs connect you to the past and cover how people once used the area's resources for survival and inspiration. Start at the visitor center where you will find exhibits and a gift shop. Natural Bridge State Park is open from 8:00 AM – 7:00 PM. *Tickets are \$8 per person.*

Natural Bridge Caverns - The Caverns in Virginia formed and continue to form today through a slow, arduous natural process. Cracks and cavities in the mountain were carved into great large passages via slow moving water over time, and natural deposits from minerals in the earth created the cavern structures that the Natural Bridge Caverns are so famous for today. Because the Caverns in VA are located beneath the Earth's surface, the temperature remains a cool 54 degrees constantly – so if you plan to visit the Natural Bridge Caverns you may want to bring along a sweater or lightweight jacket even in the hottest months of summer. The Natural Bridge Caverns in VA are open from 9am to 5pm daily during the season. Guided tours generally last about 45 minutes and begin every 60 minutes. It is strongly recommended that you wear proper walking shoes to this Virginia Attraction; the caverns are easily maneuvered if one has proper tennis shoes. After visiting the beautiful Virginia Caverns be sure to stop by the Natural Bridge Caverns gift shop and pick up a souvenir or two for your friends and family. *Tickets are \$18 per person.*

A discounted combination ticket for both The Caverns at Natural Bridge and the Natural Bridge Tickets are available for \$20 at the front desk.

Technology Workshop and more... *Information to come soon.*

*Workshop Descriptions and full schedule will be posted <https://ext.vt.edu/4h-youth/volunteer-leaders.html> by October 1, 2018.



Natural Bridge Historic Hotel and Conference Center

<http://www.naturalbridgeva.com/>

Tucked between Lexington and Roanoke, Virginia is a unique place that moves to the rhythms of another era. For more than a century, The Natural Bridge Historic Hotel & Conference Center has welcomed guests to the area to discover one of America's iconic natural landmarks – a breathtaking, 30-story solid rock bridge that Thomas Jefferson called “the most sublime of nature’s works.” With a classic colonial design and interiors highlighted by marble floors, wood-burning fireplaces and handcrafted art and antique furnishings, our hotel is perfect for everything from family vacations and romantic getaways to unforgettable weddings and one-of-a-kind corporate gatherings.

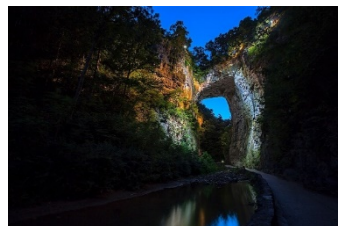
Offering 118 rooms and two suites, many with spectacular views of the surrounding Blue Ridge Mountains and Shenandoah Valley, our full-service hotel blends the quiet and serenity of a country getaway with endless opportunities for adventure and discovery. Sip wine on the veranda, enjoy a cool morning hike, take in the magnificence of the 500-million-year old Natural Bridge and rediscover a time when travel meant discovering something truly exciting and special.

The Natural Bridge Historic Hotel & Conference Center showcases the finest in fresh, locally sourced Southern cuisine with a host of unique dining opportunities. From “Grab ‘n Go” snacks to an elegant dining room and a hunt club-inspired tavern, we have the perfect restaurant for any taste and every occasion.

A warm, welcoming spirit enhanced by the finest traditions in southern hospitality is what brings guests back to Natural Bridge again and again.

Once owned by Thomas Jefferson and listed on the National Register of Historic Places, the 215-foot tall Natural Bridge is a limestone gorge carved out by Cedar Creek. The newest Virginia State Park is more than just the bridge. Beautiful forests, open, rolling meadows showcase the area’s karst terrain, and vistas of surrounding mountains and the James River valley display nature’s splendor. Access these via 6 miles of hiking trails, including the accessible Cedar Creek Trail that leads from the bridge to the Monacan Indian Village and Lace Falls with its 30-foot cascade. Living history programs connect you to the past and cover how people once used the area’s resources for survival and inspiration. Bridge tickets are available to purchase at the front desk or State Parks Visitor Center for \$8. A discounted combination ticket for both The Caverns at Natural Bridge and the Natural Bridge Tickets are available for \$20 at the front desk.

The Natural Bridge Caverns were discovered just before the turn of the 20th century and opened to the public in 1977. Open seasonally March through November, visitors enjoying the Natural Bridge Caverns tour descend more than 34 stories deep within the Earth to get to the magnificent natural display. While underground, tourists can explore the Natural Bridge Caverns and view their many special features, including cavern structures such as the Colossal Dome room. This room is an enormous dome shaped natural feature that was created over thousands of years. Walking from the dome room, visitors can also see other places while on the 45 minute tour of the Natural Bridge Caverns; be sure to see things like Mirror Lake, the Well Room and the stalactites and stalagmites that grow from the Canyon Room. The Caverns at Natural Bridge tickets can be purchased at the front desk for \$18. A discounted combination ticket for both The Caverns at Natural Bridge and the Natural Bridge Tickets are available for \$20 at the front desk.





Virginia
Association of Adult
4-H Volunteer
Leaders Conference
Scholarship

2018
Application

Thanks to the Monsanto organization, there are a limited number of scholarships available for Agents and Volunteers, to attend State Spring and Fall Conferences. If you are interested in one of the scholarships, please select the category below and then complete the remainder of this form. **YOU MUST BE REGISTERED AND PAID IN FULL FOR THE ENTIRE CONFERENCE TO QUALIFY!** (Agents and veterans are only eligible for ONE scholarship per calendar year)

_____ Agent Scholarship – any agent who gets 2 or more ADULT volunteers to register and attend the conference will be eligible for a partial or full scholarship to attend the conference also. In the space below, list the names of conference attendees from your county. (Agents may NOT use Hokie Mart, office funds, or other 4-H accounts. Must pay ahead with personal check, and if awarded, will receive refund after the Conference.)

_____ First Time Attendee - Adult Volunteer– if this is your first conference, you may be eligible for a partial to full scholarship. *On the back of this form*, please state how you will use information/knowledge gained at this conference to “pay back” to your county/unit. Ex: How will you volunteer in your county? Will you help “spread the word” to other volunteers about these conferences? (Volunteers must pay ahead with personal check; Agents may NOT use HokieMart, office funds, or other 4-H accounts to pay for volunteers in order for volunteers to receive this.)

_____ “Veteran” Adult Volunteer – if you have attended these conferences before, and continued to support the VAA4- HVL, as well as your county/unit, and state 4-H, you may be eligible for a partial to full scholarship. *On the back of this form*, please state how you will use information/knowledge gained at this conference to “pay back” to your county/unit/state 4-H, AND ALSO *what you have done in the past* to support the VAA4-HVL, as well as your county/unit.

Note: All volunteer attendees, whose registration is not being paid by an agent or county, are eligible to receive a scholarship (partial to full refund of conference fee dependent on number of applications and scholarship fund availability). Conference fee must be paid with registration to be considered.

Name: _____ County/Unit: _____

Mailing Address: _____

City: _____, State: _____ Zip: _____

Phone () _____ Email: _____ DISTRICT: _____

This application is DUE by COB on October 16th 2018. All applications will be reviewed by a committee of District Staff; scholarship recipients will be notified of receipt of application. Please send registration **and payment** to registrar as usual.

Please send **this** form to:
Kevin Cubbage, VAA4-HVL Conference Coordinator Northern
District Office 2322 Bluestone Hills Drive, Suite 140
Harrisonburg, VA 22801
or PDF File to vaa4-hvlscholarship@vt.edu

*Please note reimbursement check may take 30+ days to receive

