

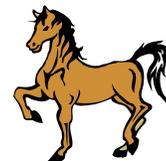


Virginia Cooperative Extension
Roanoke Office
3738 Brambleton Avenue, SW
Roanoke, Virginia 24018
540-772-7524 Fax: 540-776-7136
email: lesliep@vt.edu
roanoke.ext.vt.edu



Protected Under
18 U.S.C. 707

HORSE CAMP



July 24-27, 2023

Green Hill Park Equestrian Center
Salem, Virginia

COMPLETE AND RETURN TO:
ROANOKE 4-H OFFICE
3738 BRAMBLETON AVENUE, S.W.
ROANOKE, VIRGINIA 24018-3639

COST: \$200.00
PLEASE MAKE CHECKS PAYABLE TO:
TREASURER, VIRGINIA TECH

PLEASE PRINT OR TYPE:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

(City) (State) (Zip)

PHONE: \_\_\_\_\_

AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

EMAIL: \_\_\_\_\_

\*PARTICIPANTS MUST BRING THEIR OWN HORSE TO THIS CAMP\*

PLEASE NOTE THAT THIS CAMP WILL HAVE INSTRUCTION FOR HUNT SEAT AND/OR COMBINED TRAINING RIDERS. PARTICIPANTS MUST BE ABLE TO WALK, TROT, AND CANTER. PLEASE BRIEFLY DESCRIBE THE LEVEL AT WHICH YOU ARE CURRENTLY RIDING: (WHAT HEIGHT ARE YOU JUMPING, WHAT WOULD YOU LIKE TO WORK ON AT CAMP?)

\_\_\_\_\_
\_\_\_\_\_

Please send this registration form, current Coggins, and check, to Roanoke 4-H Office at the above address. A completed application with full payment, membership to GHPEC and current 4-H online membership completed- confirms registration.

\*Note: Our camp will be Monday, noon - 5:00 pm; Tuesday, 8:00 am - 8:00 pm, Wednesday 8:00 am-5:00 pm and Thursday 8 am - noon. The horses will stay in stalls overnight and will be supervised by an adult. On Thursday, there will be a horse show ending at noon. Please bring a lunch each day, as dinner only will be provided on Tuesday. Bedding for the stalls must be brought by the camper (bailed shavings can be purchased at Southern States or Tractor Supply). Campers may also use straw.

In order to participate in Horse Camp at Green Hill Park, you must be a member of the park. If you are not already a member, you must purchase a one-year membership at a cost of \$40, or you can purchase a family membership for \$80. You can purchase your membership online at <http://www.ghpec.org>.

If you are currently enrolled in 4-H Online (since October 2022), you have completed a Health Form, a Code of Conduct, Media Release and Equine Waiver. If you have not enrolled online since October 2022, you must do so before your application is complete. If you need any assistance with this process, please feel free to call our office.

Parents or Guardians are welcome to watch your child **at the show on Thursday morning time TBD**

Campers can be dropped off between 10-noon on Monday and at 8 on Tuesday-Thursday. Monday and Wednesday pick up time is 5 pm. Tuesday campers will need to be picked up by 8 pm (after the evening event) and Thursday campers can go home at the conclusion of the show and ground clean up (Approximately noon).

*If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact the Roanoke Extension Office (772-7524) between the hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 7 (seven) days prior to the event.*



Leslie R. Prillaman, Senior Extension Agent, 4-H Youth/Unit Coordinator

**2023 4-H HORSE CAMP**  
**GREEN HILL EQUESTRIAN PARK**  
**JUNE 13 - 16, 2022**

***THINGS TO  
BRING***

**FOR YOU . . .**

- \* Comfortable riding clothes – appropriate shirts (no halter or midriff tops)
- \* Swimsuit & towel every day!!
- \* Shorts, T-shirts, comfortable clothes, and tennis shoes (for after riding if you want!)
- \* Boots or shoes with heels
- \* Old horse magazines (for magazine swap, if you have them)–Do not buy any, we have lots!
- \* Pen, paper
- \* Hard helmet (ASTM approved Riding Helmet)
- \* Insect repellent, sunscreen
- \* **Water Bottle (with name on it) – Bring Every Day**
- \* **Lunch (Bring Every Day)**

**FOR YOUR HORSE. . .**

- \* Tack: bridle, saddle, saddle pad, halter, lead rope, anything extra he or she needs!
- \* Buckets for water and feed: double end snaps
- \* Grooming equipment: brushes, mane combs, hoof pick, etc.
- \* Tack cleaning material: sponges, rags, saddle soap, oil, etc.
- \* Stall cleaning equipment: rakes, manure forks, etc.
- \* Whatever your horse eats – for 4 days – grain, hay
- \* Shavings or straw for your stall – enough bedding for 4 days, 3 nights (Remember, if your horse is in pasture – begin now to feed hay before you get to camp!)
- \* Fly spray, wound cream
- \* **COGGINS TEST** if you have not yet sent it. **Horses will not be allowed on premises without this.**

# 4-H Horse Camp July 24-17, 2023

Monday		Tuesday		Wednesday		Thursday	
<b>A.M.</b>							
<i>Please do not arrive before 10:00 am!</i>		8:00	Arrive Feed Tack Up	8:00	Arrive Feed Tack Up	8:00	Arrive Feed
		9:30-10:30	Ride	9:30-10:30	Ride	8:30	Clean up and tack up!
		10:30-11:30	Ride	10:30-11:30	Ride	9:30-11:00	Camp Horse Show
10:00-12:00	Check-in at GHPEC ☺					11:30-12:00	Pack Up
<b>P.M.</b>							
Noon	Lunch	Noon	Lunch	Noon	Lunch	Noon	End of Camp ☹ (Lunch on Your Own)
1:00-5:00	Afternoon Program and group riding lessons	1:00-5:00	Afternoon Program and group riding lessons	1:00-5:00	Afternoon Program and group riding lessons		
5:00	End of Camp	5:00	Dinner	5:00	End of Camp		
		6:00-8:00	District Hippology Contest				
		8:00	End of Camp				

Bring bathing suit every day! If it is hot, we will swim!

**\*You must check out with the Extension Agent at the end of each day!**

# 2023 HORSE CAMP MEDICATION FORM

Parent or Guardian:

Please complete this form for any medication your child will be taking at Horse Camp including non-prescription drugs, lotions, inhalers, or any other items. This form must accompany your child's medication to camp.

Camper's Name \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_

Address \_\_\_\_\_

Phone: Daytime \_\_\_\_\_ Evening \_\_\_\_\_

County/City Residence \_\_\_\_\_ Sex of Camper \_\_\_\_\_

The following will need to be completed for each medication your child will be taking at camp including non-prescription medications such as Tylenol or cold medicine.

1. Medication Name \_\_\_\_\_

Dosage \_\_\_\_\_

Time of day for administering medication \_\_\_\_\_

Special instructions or warnings \_\_\_\_\_

2. Medication Name \_\_\_\_\_

Dosage \_\_\_\_\_

Time of day for administering medication \_\_\_\_\_

Special instructions or warnings \_\_\_\_\_

3. Medication Name \_\_\_\_\_

Dosage \_\_\_\_\_

Time of day for administering medication \_\_\_\_\_

Special instructions or warnings \_\_\_\_\_

(OVER)

4. **Headaches:**

For any number of reasons (excitement, excess sun...), a camper will sometimes develop a headache. The camp staff cannot administer aspirin-free pain reliever without written permission from the parent/guardian (similar school policy exists in much of Virginia).

Since it is often difficult to contact parents/guardians by phone quickly, you have the option to allow such treatment as indicated below.

- a. I, \_\_\_\_\_, give permission to the Horse Camp Staff to  
*(print your name)*  
administer aspirin-free pain reliever to \_\_\_\_\_ if necessary because  
*(print full name of camper)*  
of headache.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

- b. I, \_\_\_\_\_, do not give permission to the Horse Camp Staff  
*(print your name)*  
to administer aspirin-free pain reliever to \_\_\_\_\_ if necessary  
*(print full name of camper)*  
because of headache.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

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**CAMP STAFF USE ONLY**

Camper's Name \_\_\_\_\_ Room \_\_\_\_\_

4-H Agent's Name \_\_\_\_\_

	Monday	Tuesday	Wednesday	Thursday
Morning				
Afternoon				
Bedtime				

Place an "X" in the appropriate time for medications on the first day, then sign your initials over each "X" when medication is administered.