

# 2019 SOUTHEAST DISTRICT 4-H CONTEST

*An opportunity for 4-H members to develop and practice communication skills.*



**Date:** Saturday, March 9, 2019

**Location:** New Middle School  
7501 Egypt Road  
New Kent, VA 23124  
**Registration will be in the cafeteria**

<b>Time:</b>	9 a.m.	Agents and Volunteers Arrival
	9:15	Judges Orientation and Registration
	9:30	Opening Ceremony for Everyone (Pledges, Raffle Explanation)
	9:45-1:00	Contests ( <b>Presentations, Public Speaking, Share the Fun, Fashion Revue, and Art</b> )
	1:00	Awards Program (or as soon as possible)

**Register by Feb 18 – Register online using the [qualtrics link](#) provided in the email from your 4-H Agent**

**Three raffle prizes; a Kindle, gift certificates to 4-H Camp, and 4-H gear.** If you receive a blue ribbon you get 3 tickets, 2 tickets for a red ribbon, and 1 ticket for a white ribbon. Tickets will be placed into the prize container of your choice and the drawing will take place immediately following the awards ceremony.

# General Information

## Age Groupings

District Contest age groups\* (age as of 9/30/19) are as follows:

**Juniors - ages 9 –11**

**Intermediates - ages 12-13**

**Seniors - ages 14-18**

(\*Except Share-The- Fun, where ages are Junior-ages 9-13 and Senior-ages 14-18)

**Cloverbuds are not allowed to participate in contests.**

## Equipment

A lectern will be available for public speaking. There will be a computer and a power point projector in each room. **Bring your presentation on a flash drive in power point. You will not have access to google docs.** Contestants must furnish any other equipment, including CD players, microphones, small appliances, extension cords, and other props. Large appliances such as ovens will not be available. Food presentation contestants should bring a finished product.

**Presentations:** A presentation can be a demonstration or an illustrated talk. It is a way to show others how to do something, or to teach others more about a subject. Live animals and loaded firearms are not allowed at the contest. Presentation times are: Jrs. 2-5 min, Intermed. 5-8 min, Srs. 8-15 min.

## Science Presentation: Team Presentation

Research, problem-solving, creativity, innovation, and communication are integral skills required for the 21<sup>st</sup> Century Learner. In this 4-H Presentation category, teams of 3 – 8, will present on a current problem that researchers, scientists, or engineers are currently using science to address. Teams will also create their own innovative solution to address the problem. Presentations will be judged on the following items: identification of a problem, current research, innovative solution, and presentation delivery.

**Public Speaking:** A speech is an oral communication about a topic that the member wants to share. Visual aids are not usually used, although note cards are acceptable. Speech times are: Jr. 2-5 min, Intermed. 3-6 min, and Srs. 5-7 min.

**Share-The-Fun:** Share-the-Fun encourages youth to discover and develop their talents and to develop confidence in performing before an audience. Acts may consist of one to four individuals from the same age category. Time limit is 4 minutes per act. Categories are:

**Vocal:** Singing, yodeling (judged on vocal performance only)

**Instrumental:** Playing musical instruments

**Dance:** Tap, ballet, acrobatic, modern, folk, jazz, interpretive

**Drama:** Play or scene from a play, monologue, mime

**Variety:** Magic, puppetry, ventriloquism, juggling, tumbling/gymnastics, stand-up comedy, impressions, clowning, circus acts, step

**Combination:** Any combination of above categories, judged on all parts of the performance

**Fashion Revue:** This event helps youth develop decision-making skills in making or purchasing apparel based on individual resources and needs.

**Category 1:** Constructed garments

**Category 2:** Purchased garments

All Fashion Revue participants must submit a Fashion Revue/Clothing project record, consumer comparison worksheet and a written commentary with their registration. (Get these forms from your local Extension Office.)

**Visual Art Contest:** Three components to the entry:

1. Visual arts contest Painting, Sculpture, Photography, Drawing, Mixed Media, Fiber, Crafts, Trash to Treasure. 4-H'er may submit only 1 work of art. All 2-D Work must be matted. Photographs should be 5 X 7" No frames other than mat. 2-D entries must be no larger than 24" X 24" including matting.

2. A narrative written and signed by the member must accompany the entry. Maximum length of 350 words addressing the following questions:

- a) How did you create your art work?  
What techniques did you use?  
What skills did you need?  
What materials did you use?  
How long did it take you to create it?  
How did you learn to do it?

b) Why did you enter this contest?

c) Why did you select this piece of art for the contest?

3. Youth **MUST BE PRESENT** to answer judges questions otherwise entry will be disqualified.

**Food Challenge:** To be held at New Kent Extension Office on the same day as District Contest. Awards to be given at New Kent Middle School following contest.

This contest challenges members to create a dish using healthy ingredients in addition to learning in-depth information related their dish and its nutritional value concluded with a presentation

Participants must be 4-H members currently enrolled in a Virginia 4-H Youth Development county program.

Age divisions are determined by a participant's age as of the current 4-H year in accordance with what is stated in the current 4-H Rules and Guidelines. Junior/Intermediate Division: Grades 3 thru 8, Senior Division: Grades 9 thru 12

**PARTICIPANT RULES (COUNTY/DISTRICT LEVEL)** Note: These rules may be modified to accommodate the needs of a county/district level contest.

- Teams per county. Each county may enter a maximum of two Junior/Intermediate teams and a maximum of two Senior teams.
- The first and second place teams should advance to the State contest.
- Each team will have at least three and no more than four members. Teams may not include members in different age divisions. Substitution of team members should be made only if

necessary. No more than two team members may be substituted, up to the day of the Food Challenge. The substitute 4-H member must have participated in the county Food Challenge to be eligible.

- Each team will have the option of wearing coordinated clothing, aprons or hair coverings.
- Resource materials provided at contest. Resource materials will be provided for each team at the contest. These include MyPlate Mini-Poster, Fight Bac - Fight Food Borne Bacteria Brochure, Know Your Nutrients, and the Food Challenge Worksheet. Optional resources will include copies of grocery receipts/purchase prices for age groups calculating costs. No other resource materials will be allowed. Teams may not use their personal copies of the resources during the contest.
- Supply box. Each team must supply their own equipment for the challenge. Teams may bring only the supplies listed in the supply box section. Supply boxes will be checked by contest officials as teams check in for the contest. Any extra equipment will be removed from the team's supply box.

### **You may enter TWO CONTESTS -ONLY one if you are participating in Food Challenge**

#### **1. PRESENTATION CATEGORIES:**

- ANIMAL SCIENCE: Dairy/Livestock   Pets   Horse/Poultry   Egg Cookery
- CAREERS & ECONOMIC EDUCATION: Career Exploration   Entrepreneurship   Economic Ed.
- CITIZENSHIP: Citizenship
- COMMUNICATIONS & EXPRESSIVE ARTS: Photography
- NATURAL RESOURCES & ENVIRONMENTAL EDUCATION: Forestry   Wildlife   Fishing Outdoor Adventure   Shooting Education   Environmental Education
- FAMILY SCIENCE: Personal Appearance   Child Care   Housing & Interiors
- FOODS, NUTRITION & HEALTH: Farm to Table (Agriculture, Food Production, Consumer)  
Outdoor Cookery   Food Safety/ Preservation   Health & Human Nutrition   Grains  
Fruits & Vegetables   Protein Foods (dairy, meat, fish, poultry, dry beans, eggs)   Sports & Exercise
- FOOD CHALLENGE:   Intermediate team   Senior Team
- LEADERSHIP: Leadership
- PLANTS, SOILS & ENTOMOLOGY: Plant & Soil Science   Horticulture   Entomology
- SCIENCE & TECHNOLOGY: Science & Technology   Science Fair   Team Presentations

#### **2. FASHION REVUE CATEGORIES:**

- CATEGORY I Constructed garments • CATEGORY II Purchased Garments

#### **3. PUBLIC SPEAKING CATEGORY:**

- Public Speaking

#### **4. SHARE-THE-FUN CATEGORIES\*:**

•Dance •Drama • Combination •Instrumental •Variety •Vocal

**5. VISUAL ART** (You may submit **only 1 entry total**)

•Painting •Photography •Sculpture • Drawing •Fiber • Mixed Media • Crafts  
•Trash to Treasure

**6. 4-H FOOD CHALLENGE** (Choose only this contest)

**Fee \$5 per 4-H contestant to be collected on  
day of contest**

.....