# va 4-h horse progra



### HAPPY NEW YEAR!

It's another new year for 4-H and we are looking forward to great successes in 2017! This is a good time to plan ahead, be sure you are enrolled as a member as of January 1, and start setting goals and the calendar. Be looking for the **NEW** slightly-revised writeable Jr.

and Sr. Record Books coming out this spring!

**4-H Hokie Horse Camp** We have some very exciting news — the dates and registration forms for our first ever Virginia 4-H Hokie Horse Camp! The Virginia 4-H Hokie Horse Camp will be for ages 14-18 and will take place at Virginia Tech, Blacksburg, VA. It will be open to the first 16 applicants. Riders will bring their own horse! Campers will have opportunities to ride with Virginia Tech coaches, tour the Vet School, see the Virginia Tech Equine facilities, tour the Virginia Tech campus, explore the New River Valley, learn from some of the top educators in our industry AND get qualified and Horsemanship Skill tested for the 2017 State 4-H Horse Show! The cost of the camp will be \$625 and will include all meals, room, a stall, shavings and all other activities associated with the camp.



submitted by Julie Puckett, mom to Virginia Trotters e mber Katie Puckett

opportunities are in the works! See the camp packet & FAO with registration forms in this newsletter. Contact Leona Ransdell with any questions - leonar@vt.edu. Registration closes May 15, 2017. The registration forms must be sent with the \$325 deposit and will be placed in order of receipt by the postmark date, so get them in soon! **VOLUNTEERS ARE A PRICELESS GIFT!** 

The camp is open to all disciplines and levels of riders. Scholarship



Cameo wants to know:

"What's a horse's favorite kind of party?"

Answer: A Stall Ball!

Now here's a hippology question: What are the four stages of a fly's life cycle?\*

### THANK YOU FOR SERVING OUR YOUTH!

#### 'IPS DER Here are a few tips and suggestions.

- 1) Consider the 4-H insurance program at a rate of \$2 per horse project member. Go to AmericanIncomeLife.com
- 2) Encourage your teens to lead Cloverbuds in equine education. Use our <u>Cloverbud</u> curriculum for ideas!
- 3) Set goals Have members establish personal plans and goals. Make copies of their goals for your records. Will seniors be setting goals for All-Star applications?
- 4) Plan the club's contest calendar create a club calendar & add in our Google Calendar events! Book rooms for EquiSmartz too!
- 5) Plan fundraising for activity costs perhaps host a show, bake sale, or a tack swap!

## 2016-2017 Calendar

Dec. 2016

- Dec. 17 SE District Hippology Contest
- Dec. 31 Caroline Co. **Hippology Contest**
- Jan. 1 enrollment deadline for 4-Hers that want to show at 2017 State Horse Show & State Fair
- **Hippology** Contest
- Jan. 14 SE District 4-H Horse Bowl
- Jan. 28 Chesapeake 4-H Hippology Contest
- Feb. 10 B&B Hippology Contest
- Feb. 11 B&B Horse Judging Contest
- Feb. 18 N. Dist. HJ and **Hippology Contest**
- Feb. 25 Central District Horse Bowl Contest
- Mar. 4 N.Dist. Horse Bowl & Comm. contests
- March 6 EquiSmartz entry deadline
  - Mar. 24-26 EquiSmartz!

Social media hashtags: #4Hgrown #trueleaders #4HGrowsHere #VA4H

Like us on facebook

Be sure to sign up on 4-1 the 4-H State Horse GRO



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### 2017 Virginia 4-H Hokie Horse Camp FAQ

### Dates & Location

July 8-12, 2017 at Virginia Tech, Alphin Stuart Livestock Arena (500 Plantation Rd. Blacksburg, Va.)

### **Cost and Registration Deadline?**

\$625, May 15, 2017

### How many spots are there at the camp?

The camp is open to 16 participants

### Who is eligible?

Any Virginia 4-H member who is age 14-18 as of 9/30/17

Non 4-H members will have to opportunity to register if the camp does not fill after May 15, 2017 for an additional \$100

### Do I have to bring my own horse?

Yes! All campers must bring their own horse!

The camp is open to all disciplines of riding!

### What must I do to register for camp?

To register for camp, applicants must fill out the Virginia 4-H Hokie Horse Camp Application and the Health History form and submit it with a \$325 non-refundable deposit by May 15, 2017. The applications will be sorted by postmark date. After the 16 spots are filled, the remaining applicants will be placed on a waiting list and will be notified if they receive a spot at camp.

Mailing address for camp applications: Virginia 4-H Hokie Horse Camp, 388 Litton Reaves, Virginia Tech, Blacksburg VA 24061

If there are any remaining spots as of May 15, 2017, the camp will then open to non 4-H members who are residents of Virginia. If those spots do not fill by June 1, 2017, the camp will then be open to non-Virginia residents. Non 4-H members and non-Virginia residents will pay an additional \$100 to participate in the camp.



# Virginia 4-H Hokie Horse Camp

July 8-12, 2017



**VIRGINIA TECH** 

BLACKSBURG, VIRGINIA

CONTACT: LEONA RANSDELL LEONAR@VT.EDU OR 540-231-6345

# **GENERAL INFORMATION AND RULES**

Please read this information thoroughly before applying for the Virginia 4-H Hokie Horse Camp

**Purpose** – To provide the 4-H Horse Project member an opportunity to learn new and better techniques of horsemanship and to enjoy the fellowship of other 4-Hers and volunteers from different areas of the state. The camp is designed to increase the horse knowledge, horsemanship skills and showing techniques of the advanced rider as well as to introduce beginner riders to the basics of horsemanship. This camp will also serve as a qualifying clinic and horsemanship skills testing for those youth attending the 2017 Virginia State 4-H Horse Show.

### Dates - Saturday, July 8 through Wednesday, July 12

Location Alphin Stuart Livestock Arena, Blacksburg - Horse Stabling; Riding/horsemanship activities

Virginia Tech On-Campus Housing - 4-Her overnight accommodations; recreation

<u>Cost</u> – Total camp fee is \$625. Camp fees include all meals (including dinner on Saturday night through lunch on Wednesday), lodging, one stall for horse or pony, recreation, riding instruction and classroom instruction. A \$325 deposit is due with application no later than **May 15, 2017**. Make checks payable to VTF- 4-H Horse. The balance of \$300 is due (in cash, cashier's check or money order) upon arrival at camp on July 8, 2017. **The deposit fee is non-refundable, no matter the circumstance.** 

<u>Camper Eligibility</u> – Open to 4-Hers, between the ages of 14 to 18 (as of 9/30/17), who are actively enrolled in the Virginia 4-H Horse Project. Active enrollment is based upon the discretion of the 4-H Leader and Extension Agent. First priority will be given to Virginia 4-H members. Camp is limited to 16 participants. If the camp does not initially fill up, the camp will be opened up to Virginia residents who are not 4-H members for an additional \$100 fee. If the camp does not fill by June 1, 2017, it will open up to out of state participants for the additional \$100 fee. <u>Participants must bring their own mount</u>.

**<u>Registration</u>** – Campers must submit completed application, health history report and **\$325 deposit** to Leona Ransdell, 4-H Horse Program Associate at 388 Litton Reaves, Virginia Tech, Blacksburg, VA 24061 no later than **May 15, 2017**. Camper Code of Conduct, Equine Waiver, Camper Medication Form, Equine Coggins and Equine Health Record are due with the remaining cost (\$300) at arrival of camp on **July 8, 2017**.

**Health Requirement** – A 4-H Health History Report is included in the packet. It is very important for youth and parents to alert the camp staff in regard to any physical limitations or allergic reactions a youth may have to specific medicine(s), insect stings, food, diabetes, etc. Any special conditions/limitations should be given in writing to the camp director. Your cooperation in this matter is appreciated and is designed to keep your youth safe.

**Horse** – Each youth must bring their own mount and submit the required health records/forms for his/her horse or pony. Horse/pony must have a current negative Coggins test (within 12 months – drawn since July 12, 2016) and bring it to camp for camp record keeping. Youth are encouraged to provide minor horse first-aid supplies. **Horses and ponies must be sound and in good physical condition.** Horses exhibiting unsoundness or behavioral problems will be sent home (at check in time or later in the week).

Although shoes are not required, it is recommended that horses be shod at least on their front feet. **If not shod, hooves should be properly trimmed.** A farrier and veterinarian will be available for **emergency** situations at the owner's expense. Every effort will be made to contact the parent/guardian should the animal require medical attention. Each youth will be responsible for all care of his/her mount. This includes, but is not limited to, feeding, watering, grooming, cooling out and removing manure and urine from the stall in a regular and timely fashion. All participants will be required to strip their stalls at the end of camp.

**Insurance** – Horse equipment and horses are not insured by the Virginia 4-H Horse Program, Virginia Tech or Virginia Cooperative Extension. Any loss or damage to equipment or injury to horse or rider is at the owner's risk and expense. All campers should have primary insurance for illness and accidents.

<u>Arrival Procedures</u> – Campers will be accepted at camp between 11:00 am and 1:00 pm on Saturday, July 8, 2017. It will not be possible for the staff to check campers in before 11:00 am. Upon arrival, horses will be checked for soundness. Unsound horses deemed unsafe to their riders and unruly horses will not be allowed to remain at camp.

When you arrive at camp, go to the arena office and check in with the Horsemanship Camp Office. **Present a negative Coggins test, an equine health record indicating required vaccinations (Rabies, EEE/WEE, Tetanus, West Nile and Flu/Rhino are all required for horses attending camp. Strangles is not a required vaccine, but highly recommended) and their administered date, camper medication form, equine waiver and code of conduct and the remaining balance of \$300 in cash, cashier's check or money order.** No horse may be unloaded until all paperwork has been checked. No parents may leave until horses have been checked for soundness and all medical forms are on file with camp staff. There will be no exception for not having all the proper paperwork on the camper and their horse. Any camper or horse that does not have all the proper paperwork will be sent home with no refund. Trailers may be unhooked and left in the trailer parking area. It is requested that all unloading be done as efficiently as possible to help relieve congestion in the barn area.

Youths may store their equipment, grain and hay in their trailer or in their assigned tack stall. All bedding will be provided. Tack stalls will be shared by four people so please pack accordingly. Any extra supplies may be stored in trailers that are parked at the facility.

**Departure Procedures** – Parents are requested to arrive for pick-up of youth and horses on Wednesday, July 12 at 10:00 am to watch the final riding sessions and horsemanship skills testing. Packing of tack and supplies may begin after these sessions. A special recognition, fun camp awards and lunch will be provided at 1:00 pm. **No youth will be allowed to leave until their stable area passes inspection.** 4-Hers will not be released prior to 2:00 pm.

Activities – the horsemanship activities may include the following hands-on demonstrations and clinics:

Equine Opportunities Stable Management Dressage/Western Dressage General Handling Showmanship Grooming

Reproduction Show Ring Preparation Public Speaking Training Techniques Veterinary Care Judging Equipment Care Safety Parasite Control Restraining Methods First Aid Nutrition **<u>Recreation</u>** – evening recreational options may include:

Movie Night Ag Olympics Trivia Games Swimming

**Behavior Policy** – <u>Safety</u> will be emphasized at all times. Campers are required to read and sign the Code of Conduct. To insure a safe atmosphere, campers must strictly adhere to camp personnel and their policies. Failure to adhere to these rules will result in the camper being sent home at the parent's expense. **The following misconduct WILL result in a camper being sent home:** 

Deliberate cruelty to animals Deliberate destruction of facilities or equipment Possession of alcoholic beverages, tobacco or illegal drugs Blatant discourtesy to camp personnel Disregard of camp personnel requests to obey rules and regulations

Disrespectful or dangerous behavior toward other campers Unacceptable or dangerous conduct Possession or use of fireworks Use of inappropriate language

<u>Clean Up Duties</u> – Clean up duties each day only take a few minutes, but they can be fun when everyone works together as a team. It is important from the standpoint of health and enjoyment that the stable area and dorm rooms be kept as clean and sanitary as possible. Each camper will keep themselves, their room and other camp facilities, and their horse's stall and stable areas clean at all times.

#### The Following Items are not allowed at camp:

Tobacco	Illegal drugs
Alcohol	Knives, guns, or other weapons
TV's and/or electronic games	Fireworks

**Family/Guest Visitation**- No parent, guardian, family member or guest should visit the campers during camp unless pre- approved by the camp director. We understand that this may be difficult, but for the camper to truly get the camp experience parents and/or family members will not be allowed to visit during camp. Please be sure all the supplies that the camper needs during camp are delivered and stored before you leave on July 8. We ask that you do not bring supplies during the week. If you are concerned about you child or just want to check in with camp staff, please feel free to call Leona Ransdell at 803-944-7003.

**Virginia 4-H Hokie Horse Camp Camp Policy on Headgear Safety Equipment-**The Virginia 4-H Horse Program (4-H Program) requires that all riders wear protective headgear that meets or surpasses current applicable ASTM/SEI (American Society for Testing and Materials/Safety Equipment Institute) standards while **riding** during all camp activities. The headgear must be properly fitted, properly worn on the top of the head, and worn with the strap or harness securely fastened. The term "riding" as used in this policy refers to the mounting, riding or driving of a horse or pony at 4-H Horse Camp. The term "rider" refers to a person engaged in riding. It is the responsibility of the rider, and the parent or guardian of the rider, to confirm that the headgear worn by the rider complies with the safety standards set forth above; is properly fitted and fastened; and is in sufficiently good condition that it would protect the rider in the event of an accident.

The 4-H Program and the instructors, extension personnel and volunteers associated with the 4-H Hokie Horse Camp are not responsible for providing headgear and are not responsible for checking headgear worn by riders in order to comply with this rule.

### Any rider found to be riding in violation of this helmet policy by 4-H Horse Program employees or volunteers will be immediately prohibited from further riding, and shall be removed from camp.

The 4-H Horse Program makes no representation or warranty, expressed or implied, concerning the headgear worn by any rider during the 4-H Hokie Horse Camp. In particular, the 4-H Program makes no representation or warranty concerning the safety performance of any headgear worn by any rider. The 4-H Program cautions riders and their parents and legal guardians that death or serious injury may occur despite wearing safety headgear as all equestrian sports involve inherent dangerous risk. No headgear can protect against all possible injuries.

### CAMPER PACKING LIST

#### Personal Items:

- □ Soap
- □ Shampoo/Conditioner
- □ Comb/Brush/Hair ties
- □ Sunscreen

- □ Insect Repellent
- Personal Toiletries
- □ Clothing (as designated below)

**<u>Riding & Stable Area Apparel</u>** – Show clothes will not be required, but all campers will be expected to ride in neat, workmanlike riding apparel such as jeans, jodhpurs, breeches, chaps, etc. Overly worn clothing with holes is not appropriate attire. Shorts, wide leg pants, halter tops, strappy tank tops and other unsuitable clothes will NOT be acceptable. Tank tops should have a minimum of a 1" strap.</u> Campers wearing revealing clothing will be asked to change. All riding is to be done in suitable leather boots or sturdy shoes that have a heel and a smooth sole. Hard soled leather shoes or boots will be required in the stable area and while riding at all times. Loafers, tennis shoes, slip on duck boots, etc. will not be acceptable.

<u>General Apparel</u> – Shorts, jeans, t-shirts, polos, blouses, tennis shoes, etc. are acceptable away from the barn area. Revealing clothes are STILL NOT ACCEPTABLE even during recreational activities at the dormitories.

	Pajamas	Hat
	Light Jacket/Sweatshirt	Shower Shoes
	Ample Underclothes	Ample Socks
	Swim Suits/Clothes	Clothes for free time
	Rain gear	Belt
Miscellaneous	Supplies	
	Dirty clothes bag	Money for extra supplies
	Towels	Small snacks
	Watch	Beach towel

□ Bed linens/sleeping bag

### Please do not bring expensive jewelry, cameras, radios, coolers, or excessive amounts of money to camp

### HORSE/PONY PACKING LIST

Please make sure that all equipment is in good condition and properly fits horse and rider. Clearly mark all items with owner's name. **Do not forget a negative Coggins!** 

#### **Grooming Aids**

Tack

Rubber Curry Comb	□ Fly Spray/Wipes
□ Stiff Bristle Brush	□ Sweat Scraper
□ Soft Bristle Brush	□ Towels/Clean Rags
□ Mane Comb	□ Sponges
□ Hoof Pick	
□ Saddle	□ Lead Rope(s)
□ Bridle	□ 1-2 Girths
□ Halter	□ 2-3 Saddle Pads

**Equipment and Feed** (**R** – **indicates REQUIRED** item; Buckets should be type intended for use with horses and are NOT to be shared).

2 five gallon water buckets – R	Grain (10 feedings) -R
1 feed bucket or feed pan – R	Hay – R
Double ended snaps, rope/chain, or bucket straps – R	Electrolytes/salt block
or ouchet strups in	Hay bag
Manure fork- R	

□ Feed scoop

Do not begin a new feeding program right before camp. For your horse's sake, have him on a regular feeding program at least two weeks prior to camp. If your horse in unaccustomed to living in a stall, you should begin acclimating him/her to a stall at least two weeks prior to camp.

Bring enough hay and grain for 5 days (Saturday pm through Wednesday am – twice daily feeding – 10 feedings minimum). Due to the hot weather typical for July, it is very important for the horse to eat hay and drink lots of water in order to maintain gut motility. Extra hay may be stored in one's horse trailer if desired. It is also recommended that you bring electrolytes/salt block for your horse to encourage hydration. You should acclimate your horse to consuming electrolytes PRIOR to camp. Often, the introduction of electrolytes can make your horse go off feed, so prepare the horse for consumption in advance.

<u>Stable Management Guidelines</u> – The safety and health of the 4-Her and his/her horse will be emphasized. Morning barn inspections are for the purpose of determining whether or not the horse has been properly fed and watered, the stall cleaned, tack serviceably cleaned for the day's activities, and the general area neat and safe. Afternoon barn inspections are conducted to make sure that horses have been properly cooled out, groomed, watered, and left in a clean stall and that the general area is neat and safe.

Evening barn checks are conducted to make certain that all horses have water, doors are properly closed, halters and leads visibly available for emergencies and that there are no indications of colic, etc. following the day's activities.

#### Generally, the following rules will be observed:

- Stalls should be clean and well bedded. Doors must be closed and properly latched.
- Horses must be cooled and brushed out before being left in their stalls.
- Tack should be safe, clean and in good condition.
- Water and grain boxes/buckets should be placed in the front of the stall and for safety reasons, not on the ground.
- Hay nets (open string type) are not allowed, but canvas or nylon closed-type hay bags may be used if hung safely. Hay may be fed on the ground.
- Salt should be kept available for horses at all times since they lose electrolytes during sweating.
- Stall fronts and aisles must be kept free of obstacles. Tack area should be neat with equipment and tools arranged safely.
- Each horse must have a halter and lead line hanging on the stall front at all times.
- 4-Hers must be properly attired at all times when in the barn area and around the horses (long pants and leather, hard soled shoes. Tennis shoes and duck boots are not acceptable).
- Each youth will be held responsible for the care and feeding of his/her horse while attending camp.
- All horses must have a prior history of being tied!

### Save time and trouble, set your stall up correctly when you move in! Below is a diagram of the suggested stall set up.

**Buckets**- two water buckets ensure that the horse has plenty of water at all times. Place in the front corner of the stall. Feed buckets should be placed by the door to avoid fighting. Buckets can be hung by chain, snaps or bucket straps.

Feed

....

Water

**Bedding**- stalls should have adequate bedding to absorb wetness and provide cushion. Frequent stall picking keeps bedding cleaner for a longer period of time. **Bedding will be provided. Please do not bring outside bedding** 

Halter and lead rope- should be hung on outside of the door in case of emergency

### TIPS FOR 4-H HORSEMANSHIP CAMP

- If your horse is not ridden regularly, begin a gradual exercise program to condition your mount at least a month prior to camp. If you ride occasionally, begin with riding 30 minutes per day, 4 times per week. Gradually add time until you are riding your horse one hour per day 3-4 times a week. Remember, this is your best friend. Don't ask him to do something he may not be prepared for!
- Make arrangements for a knowledgeable farrier to evaluate and either trim or shoe your horse at least one week prior to camp. We suggest having horses/ponies shod on front feet unless they are accustomed to rocks and hard footing. A lame horse will not be very useful at camp.
- Plan to have deworming and vaccinations done several weeks prior to camp. The better health your horse is in, the better he will be able to withstand the heat and stress of the week's activities.
- If your horse does not stay in a stall regularly, acclimate him to a stall gradually by putting him in a stall a few hours at a time and feeding him in the stall until he is comfortable staying in overnight.
- Do NOT make sudden feed changes! If your horse has not been receiving grain or hay daily, you can stress him and his digestive system and cause severe colic by suddenly putting him into an unfamiliar stall and giving him grains when he has been out on pasture with minimal stress.
- If your horse kicks at other horses, bring a red ribbon and tie it in his tail. Please make your instructor aware of any problem you may be having with your horse. Never crowd other horses. Leave enough room between your horse, yourself and others so that no one will be harmed if a horse kicks out.
- Check all tack for fit, wear and tear. String girths, leather cinch straps, cheek pieces, chin straps, and reins tend to wear quickly. Make sure all of your equipment is in good working order. When in doubt replace it with good adjustable equipment.
- Have your horse's Coggins and health record available at check in.
- Wear hard soled leather shoes at check in. Tennis shoes are not allowed in the stable area at any time.
- Lastly, come with an open mind. No one knows everything! Not everyone does things the same way. What is important is the result which may be achieved through a variety of methods. A good horseman is a person who is receptive to what others are doing and is able to learn from other people's successes or failures.

### If you have any questions/concerns please call or email Leona Ransdell at 540-231-6345 or leonar@vt.edu

### **TENTATIVE SCHEDULE**

### Saturday July 8. 2017

 11:00am – 1:00pm- Check In (Alphin Stuart Livestock Arena, 500 Plantation Rd. Blacksburg, Va) -Upon Arrival: Turn in camp balance of \$300 and all required forms, settle horse into stall.
 1:30 pm Orientation for Campers and Parents
 3:00 pm Riding Evaluations Parents dismissed after evaluations
 5:00 pm Finish settling into stall, cleaning tack, grooming horse, Q&A
 5:30 pm Feed and water horses, clean stalls – Barn Inspection
 6:00 pm Depart for Dorms - Upon Arrival: Receive room assignments, place your luggage in rooms, and receive instructions from Group Leader(s), wash up for dinner

Dinner and evening activities

10:30 pm Lights Out

### Sunday, July 9 through Tuesday July 11, 2017

7:00 am	Breakfast
7:45 am	Meet at vans for departure to arena
8:00 am	Feed horses, clean and refill water buckets, clean stalls and stable area
8:30 am	Overview of Daily Activities
9:00 am	Riding Lessons/Practical Instruction
12:00 pm	Lunch at the Arena
1:00 pm	Educational Activities
4:00pm	Riding Lessons/Practical Instruction
7:00 pm	Clean stall and stable area, clean and refill water buckets, feed horses
7:45 pm	Depart for Dinner/Dinner at Arena
8:30 pm	Evening Activities – Recreation
10:30 pm	Lights Out!

### Wednesday, July 12, 2017

7:00 am	Breakfast			
7:45 am	Load vans with luggage; Departure for Arena			
8:00 am	Feed horses, clean and refill water buckets, clean stalls and stable area			
8:30 am	Camper Meeting; Start packing			
10:00 am	Final Riding Session and Horsemanship Skills Testing (Parents invited to attend)			
1:00 pm	Lunch at the Arena – special recognitions			
2:00 pm	Barn Inspection - Campers dismissed (No camper will be dismissed until their			
stable area has passed inspection)				

### VIRGINIA 4-H HOKIE HORSE CAMP APPLICATION

VTF- 4H Horse	e and return to: <u>Le</u>	eona Ransdell, 4-H Hors	e Progra	am As	sociate, 38	38 Litton Reaves,	a. Make check payable to <u>Virginia Tech, Blacksburg,</u> al at camp July 8, 2017.
Name							
DOB:		Age as of 9/30/17:			4-H C	ounty	
Address							
City:		State		_Zip		Phone _	
Male F	emale	T-Shirt Size:	S M	L	XL		
Parent Name: _				Ph	one		
Do you have an	ny food allergies	or dietary restrictions/j	preferer	nces?			
Horse Name: _			_Age: _			_Breed	
participants, it	will not be offered	below. Large groups will I. Riders will have the o se in which a refund is o	ption to	) switc			oes not have enough • the rider may receive a
	Western						
	Hunt Seat						
		e highest fence height	you cur	rently	jump or	select under sade	lle if you do not jump
		Under Saddle					□ 2'6"
		X- Rails 2'					□ 3'
	Speed Events	<u>~</u>				Trail Riding	
	Dressage					Ranch Horse	
	Saddle seat (tro	tting or non-trotting)					

I approve of my child participating in 4-H Horse Camp. I understand that my child has agreed to abide by the rules of camp and if a problem arises, I will make arrangements for him/her and his/her horse to be picked up upon reasonable time following notification. I agree that I will pay for any damages caused by my child to the arena, dorms or other damages caused by my child at camp. Riders will be released by 2:00 pm Wednesday, July 12, 2017. By also signing this, I certify that my child is a bona fide 4-H member in good standing.

Parent/Guardian Signature

Virginia 4-H Hokie Horse Camp

Date

### **Virginia Cooperative Extension**

#### **REVISED 2009**

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Invent the Future

**INSTRUCTIONS:** Please provide detailed health information for determining appropriate supervision, support, and accommodations for the 4-H activity or event listed. **A parent or guardian must sign.** If the participant is a person with a disability and desires any assistive devices, services or other accommodations to participate in this activity, please contact your local Extension office during business hours at least 7 days prior to the event to discuss accommodations. **PLEASE PRINT ALL INFORMATION.** (NOTE: Both sides of this form must be completed.)

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Produced by Communications and Marketing, College of Agriculture and Life Sciences, Virginia Polytechnic Institute and State University

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VT/0108/W/388906

PUBLICATION 388-906

4-H Health History Report Form

PARTICIPANT HEALTH AND MEDICAL HISTORY	APPROVAL / EMERGENCY AUTHORIZATION
(Questions 1-5 must be completed.)	(Please read parts 1 and 2. If the participant is under 18,
<b>1.</b> SPECIAL DIETARY NEEDS INSTRUCTIONS: The purpose of this section is to communicate special diet food allergies, etc. for any child, teen, or adult who will be attending a 4-H ev In the space below, please list all food allergies and/or other dietary res for the person listed above and any necessary precautions that should be	parents/guardians must signin the space provided. If youary needs, rent.are over the age of 18, please sign for yourself. If you can- not sign this due to religious reasons, you must contact yourstrictionsExtension office to obtain a legal waiver that must be signed. If this section is not signed, participation in the 4-H.
2. Has the participant ever experienced (or had special needs in) any of the [Check (✓) all that apply]  Asthma Bleeding disorders Attention disorders (A Eating disorders Seizures/Convulsions Wears contacts Diabetes Bed Wetting Behavior Fainting spells Non-food allergies Other: Please describe any condition or need that you checked:	archery, low ropes, physical activity/exercise and related
<ul> <li>3. Is the participant experiencing any current health problems, under medica receiving mental or behavioral services, or currently taking medication?</li> </ul>	will be made to notify parents/guardians of any serious injury or illness to their child. If I cannot be reached in an emergency, I hereby give permission to the medical staff person to hospitalize, secure proper treatment for, and to
□ YES □ NO If YES, please explain:	ADULT PRINTED NAME:
<ul> <li>Has the participant undergone surgery, or experienced any injury, illness, or change in health status any time during the last year? Is there any reaparticipation in a program or activity should be restricted?</li> <li>YES NO If YES, <i>please explain:</i></li> </ul>	
<b>5.</b> What else should we know about your child?	I understand and agree to abide with any restrictions placed on my activities according to this form.
4-H programs include very rewarding, but sometimes challenging situations. inform us of any concerns that may arise related to your child's physical, mer tional, and/or social health in order that we may better provide appropriate su and support.	ntal, emo- YOUTH PRINTED NAME:
	SIGNED: X (Participant under 18 years old)
	Date:
IMMUNIZATION HISTORY (This must be completed) Are your child's immunizations up to date?  YES  NO Date: Date	ate of most recent tetanus shot: (month/vear) /
RELEASE AUTHORIZATION	
I give permission to the following individual(s) to pick up my child at t Name(s):,,	
Sign below at time of pick up (Receiving person must be pre-listed	
Name (print): Signature:	Date:



### CODE OF CONDUCT FOR VIRGINIA 4-H PROGRAMS/EVENTS\*

(This form covers any 4-H program/event from to

### Purpose

The purpose of the 4-H program is the positive development of youth. We believe in creating a safe learning environment that encourages the four-fold development of a young person (i.e., Head, Heart, Hands, and Health). We expect all persons involved in 4-H (youth members, parents, teen/adult volunteers) to practice behaviors that foster the total development of youth. Each 4-H member and associated individuals participating in 4-H activities must accept the responsibility of creating a positive image that reflects 4-H ideals. Furthermore, the Virginia 4-H program recognizes that "CHARACTER COUNTS!" All 4-H participants are representatives of the program and should always strive to uphold the following standards: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship. In seeking uniformity in the conduct expected at 4-H programs/events, the following code of conduct has been developed to provide a clear understanding of expectations. Participants and parents/guardians must sign this form in order to participate.

### Code of Conduct

- For the safety and wellness of all participants, a completed and signed 4-H Health History Report Form is required for participation in 4-H events. In addition, medications and medication forms (for all participants under 18 years old) must be turned in at the registration table upon arrival at the 4-H event (or according to another system outlined in the registration/orientation information).
- 2. Participants should attend and be actively involved in all scheduled activities as part of this 4-H program/event (unless under the supervision of a medical staff person.) Curfew is to be followed as specified in the schedule for overnight events. Failure to be in assigned locations may lead to dismissal from the 4-H event. Some areas are offlimits to participants (ex: swimming pool; bodies of water such as lakes and rivers; challenge course, etc.) unless under appropriate instructor supervision.
- Visitors to a 4-H program/event must check-in with the Extension Agent, Program Director, or other adult in charge 3. of the 4-H program/event upon arrival.
- 4. Participants should remain at a 4-H program/event until the program/event is scheduled to end. Participants may not leave a 4-H program/event without prior permission from Extension Agent, Program Director, or other adult in charge of the 4-H program/event. Participants may only be picked up from a 4-H program/event by the person designated on the 4-H Health History Report Form. Identification may be requested at the time of pick-up.
- Participants are expected to follow the directions of 4-H volunteers and paid staff. All 4-H'ers are under the 5. supervision of the Extension Agent, Program Director, or other adult 4-H leader responsible for the 4-H program/event.
- 6. Participants should respect the property of others and be responsible for themselves. Deliberate destruction or removal of facilities or equipment is not permitted. Financial responsibility for any damages caused by deliberate destruction will be assumed by the participant and/or parents/guardians. The same applies to the property and personal items of other participants.
- 7. Participants should treat all others and themselves with respect. Aggressive, abusive, vulgar, or violent language and behavior towards others (ex: fighting, threats, insults, cursing, discrimination, etc.) are not permitted.
- Participants should respect the privacy of others. Girls are not permitted in boys' lodging rooms nor are boys 8. permitted in girls' lodging rooms.
- 9. Participants are expected to dress appropriately based upon the guidelines established by the person in charge of the 4-H program/event.
- 10. Possession, distribution, or use of fireworks, weapons, knives, or other items that can be used as a weapon are not permitted at 4-H programs/events, except under adult supervision in scheduled instructional activities (ex: shooting education class supervised by a certified instructor, etc.).

- 11. Possession, distribution, or use of alcoholic beverages, illegal drugs, tobacco products, and unauthorized prescription drugs are not allowed at any 4-H sponsored program/event and must be reported to law enforcement. The Virginia 4-H program reserves the right to conduct a search of a participant's outer clothing, luggage, personal belongings, lodging rooms, and furniture being used by a participant(s) if there is "reasonable suspicion" that the participant has drugs, alcohol, or weapons.
- 12. Animals and pets are not allowed at 4-H programs/events unless needed to accommodate a disability or as part of an organized program, or through specific authorization from Extension Agent, Program Director, or other adult in charge of the 4-H program/event. Animals that are used as part of a 4-H program/event should always be provided with proper care.
- 13. Electronic and mechanical devices (ex: cellular phones, pagers, walkie-talkies, video games, radios, CD players, TV's, laptop computers, etc.) are not allowed at 4-H programs/events unless they are needed as part of an organized 4-H program/event, or with authorization from the Extension Agent, Program Director, or other adult in charge of the 4-H program/event. Without authorization, these items will be confiscated and returned to the participant (or the participants' parents/guardians) at the end of the program/event.

### Consequences

Unacceptable behavior during a 4-H program/event (as defined within this Code of Conduct or through a review process by 4-H staff/volunteer) will result in consequences to the participant. Consequences may include:

- 1. early release from this 4-H program/event without refund,
- 2. restitution or repayment of damages,
- 3. denial of future participation in the 4-H program/event at the local, district, state and national levels for one or more years (as determined by the unit staff in charge of, or responsible for, the 4-H program/event),
- 4. forfeiture of financial support for a 4-H program/event
- 5. removal from 4-H offices held (if applicable), and
- 6. releasing the youth to the appropriate law enforcement agency and/or the proper authorities.

NOTE: Any conduct not specifically covered by this Code of Conduct, but deemed inappropriate by those responsible for the 4-H program/event will be viewed as a violation and appropriate action will be taken. If an infraction occurs, the person in charge of the 4-H program/event will provide appropriate communication to parents/guardians.

### **Signature(s)** (Both signatures are required for participants under 18 years old.)

I have read and understand the above "Code of Conduct" and will abide by the expectations described in the Code-of-Conduct. I understand that if I act inappropriately I will have to accept responsibility for my actions that may result in the consequences listed above.

#### Participant Signature

I have discussed and reviewed this Code of Conduct with my child. I understand that failure to abide by this Code of Conduct may result in the consequences listed above which includes no refund. In the event that this code is violated, I agree to come to the 4-H program/event to pick up my child at the request of the adult in charge of the 4-H program/event. I further understand that I refuse to pick up my child, am unavailable, or fail to make timely arrangements to retrieve my child, 4-H program/event staff may contact law enforcement or social services to provide necessary protection for a child in need of services. I acknowledge responsibility for all fees/charges that may result from said services.

Parent/Guardian's Signature (for participant under 18 years old)

(\* Approved by 4-H Leadership Council on August 16, 2002)

Date

Date





### Virginia Polytechnic Institute and State University Equine Release, Waiver, and Indemnification Statement

The undersigned participant, and his or her parent or legal guardian if the participant is under the age of 18 years, does/do hereby execute this release, waiver, and indemnification for himself or herself/themselves and his or her/their heirs, successors, representatives, and assigns and, thereby, agree(s) and represents as follows:

To release the Virginia Polytechnic Institute and State University and the Commonwealth of Virginia, its members, employees, agent, representatives, subsidiary corporations, and those governmental agencies and other organizations affiliated with this activity from any and all liability, loss, damage, costs, claims, and/or causes of action, including but not limited to all bodily injuries and property damage arising out of participation in the activity, it being specifically understood that said activity includes the handling of equine by the undersigned participant. The undersigned person(s) further agree(s) to indemnify the Virginia Polytechnic Institute and State University and the Commonwealth of Virginia, its employees, members, agents, representatives, and those governmental agencies and other organizations affiliated with this project, and hold them harmless for any liability, loss, damage, cost, claim judgment, or settlement which may be brought or entered against them as a result of the undersigned person's participation in said activity.

If involved in equine activities pursuant to Section 3.2-6202 amended of the Code of Virginia the undersigned(s) execute(s) this waiver of the undersigned(s) rights to sue and agree(s) to assume all risks resulting from the "intrinsic dangers of equine activities". "Intrinsic dangers of equine activities" is defined as those dangers or conditions that are an integral part of equine activities, including but not limited to, (i) the propensity of equines to behave in ways that may result in injury, harm, or death to persons on or around them; (ii) the unpredictability of an equine's reaction to such things as sounds, sudden movement, and unfamiliar objects, persons, or other animals; (iii) certain hazards such as surface and subsurface conditions; (iv) collisions with other animals or objects; and (v) the potential of a participant acting in a negligent manner that may contribute to injury to the participant or others, such as failing to maintain control over the equine or not acting within the participant's ability.

This waiver shall remain valid unless expressly revoked by the participant or Parent or guardian of a minor. The revocation shall be in writing which shall be delivered to the provider and shall become effective thirty (30) days after delivery to the provider.

In the case of school-, college-, and university-sponsored classes and programs, waivers executed by a participant or parent or guardian of a participant shall apply to all equine activities in which the participant is involved in the next succeeding twelve (1 2) month period unless earlier expressly revoked in writing. The revocation shall become effective thirty (30) days after it is delivered to the provider.

The undersigned(s) agrees to maintain all medical and health insurance needed to cover all risks of any kind in any place in livestock, equine, and/or other activities.

I, the undersigned participant, will wear and use, in accordance with established Cooperative Extension policy and procedure, all safety equipment and to ensure equipment is in good condition at all times.

Printed Name of Participant

Printed Name of Parent or Guardian

Signature of Participant

Signature of Parent or Guardian if participant is under age 18 yrs

Date

#### Personal Statement for Adult Non-Helmet Use

I, \_\_\_\_\_\_, understand that Virginia Tech and the Commonwealth of Virginia highly recommended for safety reasons that I wear an ASTM certified riding helmet while engaged in equine activities. I have freely chosen not to wear this recommended safety equipment, to include an ASTM certified riding helmet, while I am engaged in equine activities and elect to accept full responsibility for any injuries that might arise as a result of failure to use or wear recommended safety equipment.

Signature

www.ext.vt.edu

\*18 U.S.C. 707

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### Virginia Cooperative Extension

### **REVISED 2009**



### **4-H Event Medication Form**

**INSTRUCTIONS:** Please complete this form for <u>all medication(s)</u> your child will be taking as needed, *including* over-the-counter medications for headaches or cold, inhalers, etc.

NOTE: This form must accompany your child to the 4-H event only if he/she is taking any medication. Please read the following information related to the "Medication Policy." Your signature below indicates that all information provided on this form is correct and you understand the 4-H center medication policy.

#### **Medication Policy**

- ✓ Youth under 18 years old **will not be allowed** to keep ANY medicines with them.
- ✓ All medications submitted at the 4-H event registration must be in the ORIGINAL CONTAINER with the youth's (or teen's) name printed on the bottle.
- ✓ Zip-lock bags, other bottles, bottles printed with someone else's name, or any other type of container besides the original, will not be accepted.
- ✓ Actual dosage listed on the bottle must be followed unless there is a written note from the prescribing doctor outlining different indications.

THERE WILL BE NO EXCEPTIONS TO THIS POLICY.

I have read and understand the above policy.

Parent/Guardian initials:

Date: \_

Member's Name:

Parent/Guardian Phone: (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Medication Name (include any special insturctions)	As Needed	Break- fast	Lunch	Dinner	Bedtime

### FOR ADDITIONAL MEDICATIONS ATTACH ADDITIONAL COPIES OF THIS PAGE.

#### Medication Release

(Do not sign this line until you pick your child up from the event.)

My signature below indicates that I have picked up all medications from the 4-H staff person following the completion of the 4-H event.

Parent/Guardian Signature:

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Invent the Future

#### www.ext.vt.edu

Date:



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VIRGINIA STATE UNIVERSITY

### HORSE HEALTH RECORD

D	ue upon arrival a	t camp	
Owners Name			
Address			
City State _	Zip	Emergenc	y Phone
Horse Name		Gender	Age
Description of Horse (color and markings)			
<b>Health History</b> Please give dates of when the vaccine was given - al		-	al
Eastern and Western Encephale		West Nile	
Rhinopneumonitis		Rabies	
Tetanus		Strangles (op	otional)
Equine Influenza		Potomac Ho	rse Fever (optional)
Date of last deworming	with (list product)		
Date of Coggins Test (data	ated after 7/12/2016) Ho	rse temperature reading o	n <b>7/7/17</b>
Accession Number	Veterinar	ian	
Laboratory			
Is the animal inclined to colic, tying up or prone to techniques that you have practiced to prevent this.	wheezing or have heaves?	If so, please list the condit	tion and prior management
Last any stable problems/peculiarities (does not lik	e mares, cribs, pawing in s	stall, escapes easily etc.)	
I certify that the above named animal has ha the activities required in attending the Virg immunizations.	inia 4-H Hokie Horse	Camp and has received	d all required
Owner Signature			
Signature of Attending Veterinarian			
Phone number for veterinarian			