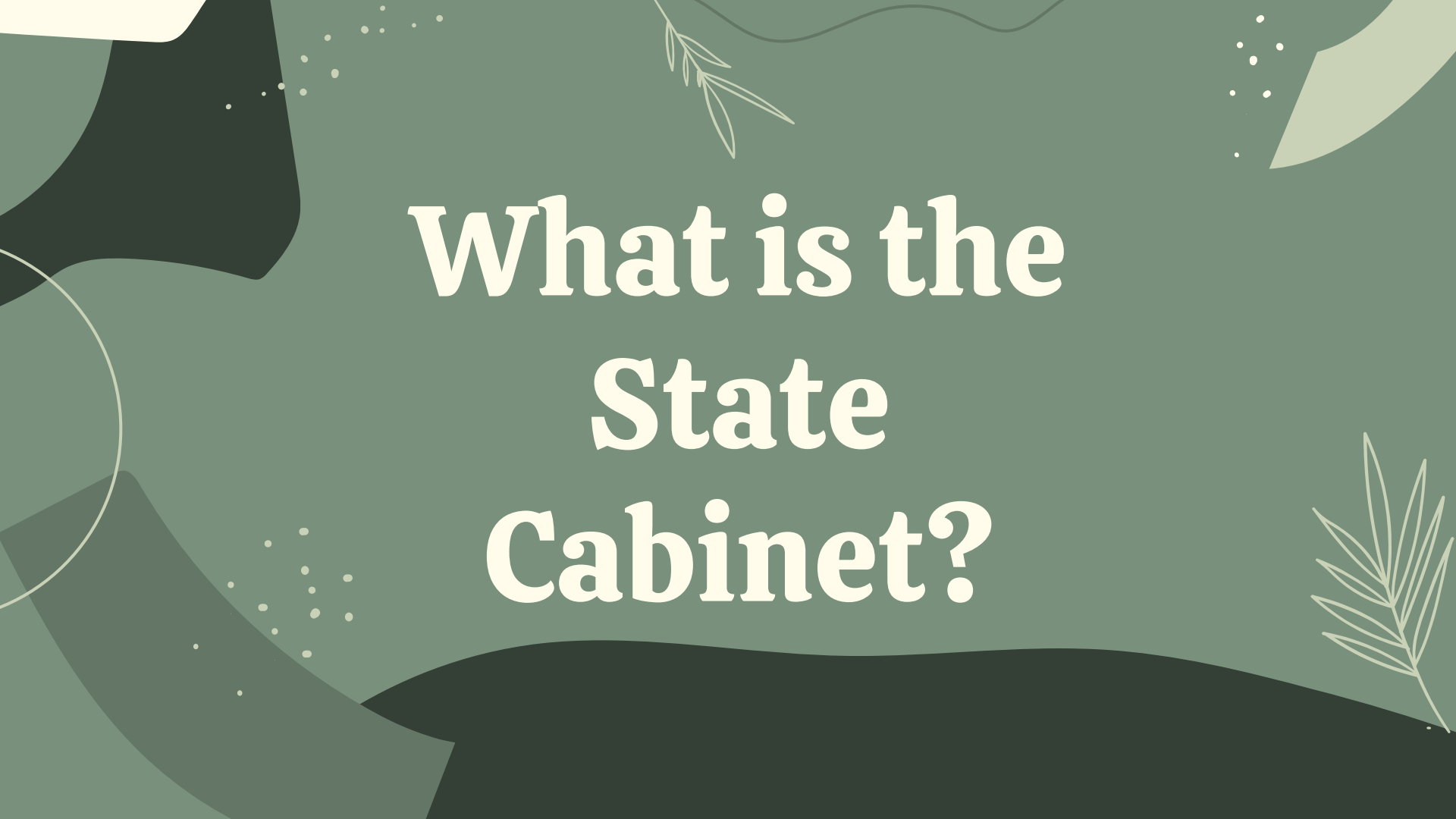




# VA 4-H State Cabinet Information Session

March 22nd 2022 - Session #1



# What is the State Cabinet?

# Goals and Topics



## Represent 4-H


Represent VA 4-H at events and share your 4-H experience.

## Empowerment

Empower yourselves and others through leadership

## Advocacy

Serve as the "voice" for VA 4-H and your local 4-H community.



# Structure

Advisors are the supporting adults that assist running the Cabinet program.

President, Vice President, Secretary, and Historian

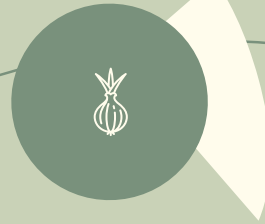
\*all have been on Cabinet previously

Representing the district that they serve.

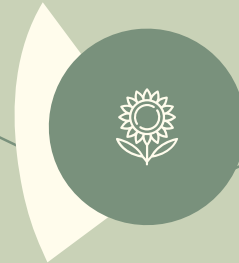
4 ambassadors per district.



**Advisors**



**Officers**



**Ambassadors**

**Committees and Districts**

# Events

District  
Outreach



Additional  
Opportunities

State Congress

# Meetings



- **4 In Person meetings a year**
  - August 5-7 2022
  - November 4- 6 2022
  - January 29 - 31 2023
  - May 12 - 14 2023
- **Zoom meetings**
  - As needed, decided and agreed upon as a group
  - District and committee meetings as needed

# Expectations

**Positively  
represent VA  
4-H Youth**

**Participate in  
a minimum of  
two outreach  
opportunities**

**Promote 4-H  
at the local,  
district and  
state level**

**Attend State  
Congress**

**Attend all  
meetings and  
events**

**Commit  
yourself to the  
leadership  
and service  
opportunity**

# Written Application

## Application Packet

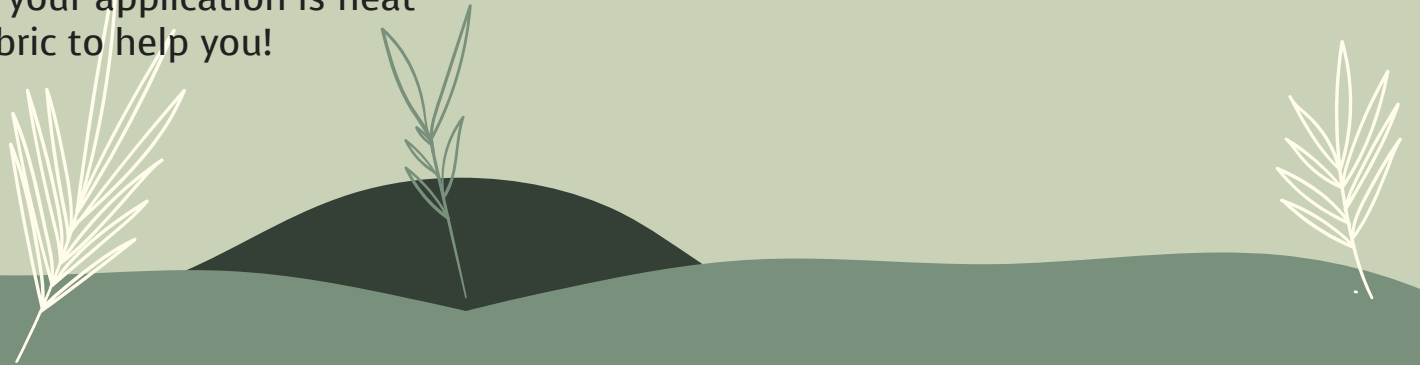
- **Application and consent form (Page 17)**
- **Short answer questions (Page 18)**
- **Signatures (Page 19)**



# Short Answer Questions

## What to remember...

- These are scored using a rubric! (page 21)
- Use complete sentences
- Check your spelling and grammar
- Make sure your application is neat
- Use the rubric to help you!



# Application Process



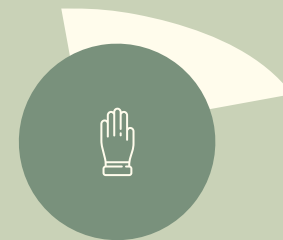
## Written

Written application, short answer questions



## Video

30 second video  
"My name is \_\_\_\_ and I am running for \_\_\_\_ because..."



## Interview

Zoom interview to share more about you as a leader

# Elections

## State Congress 2022

Ambassadors are elected by their peers in  
district meetings

4 elected per district




# Key Dates!

**May 6th**

Application Deadline

**June 21st - 24th**

VA 4-H State Congress, Virginia Tech



**Thank You!**  
**Q+A**

