Lemon Fruit Salad

Ingredients:
20 ounces pineapple chunks in juice
1/2 pound grapes, seedless
2 bananas
1 3/4 cups skim milk
4 ounces instant pudding mix, lemon flavored

Equipment:
Large bowl
Colander
Cutting Board
Knife
Can opener
Measuring cups
Spatula

Number of Servings: 6
Prep Time: 10 minutes
Total Time: 15 minutes

Directions
1. Open can of pineapple chunks and drain. Add to medium bowl.
2. Wash grapes and remove from stems. Cut in half and add to bowl.
3. Wash and peel bananas, and slice. Add to bowl. Set aside.
4. In separate bowl, pour lemon flavored pudding mix into a bowl, then add skim milk. Mix until smooth
5. Let the mixture stand for 5 minutes, pour over fruit and serve.
6. Refrigerate leftovers within 2 hours.