

4-H Member Record Book • Experienced Senior

For use by youth 14-19 years old as of September 30th of the current year AND 3 years or more in an Animal Science project.

(Complete this form annually)

Year: _____ Years in 4-H: _____ Age: _____ (as of Sept. 30)

Name: _____

Address: _____

Unit/County: _____

Club(s): _____

of Meetings Held: _____ # of Meetings Attended: _____

Please insert or place a photo of yourself and your project or you participating in a 4-H activity.

By signing this, I verify the member is enrolled and has completed appropriate project work.

Leader's Signature: _____

By signing this, I verify that all information in this record book is the work of the 4-H youth.

4-H Member's Signature: _____

Parent's Signature: _____



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SECTION 7: 4-H Project Reflection

Use this space to reflect on your experiences this year, how they have contributed to your personal development and how this year's 4-H involvement will affect you in other aspects for your life. The length and quality of this piece should reflect the skills and abilities of a senior member ages 14-18.

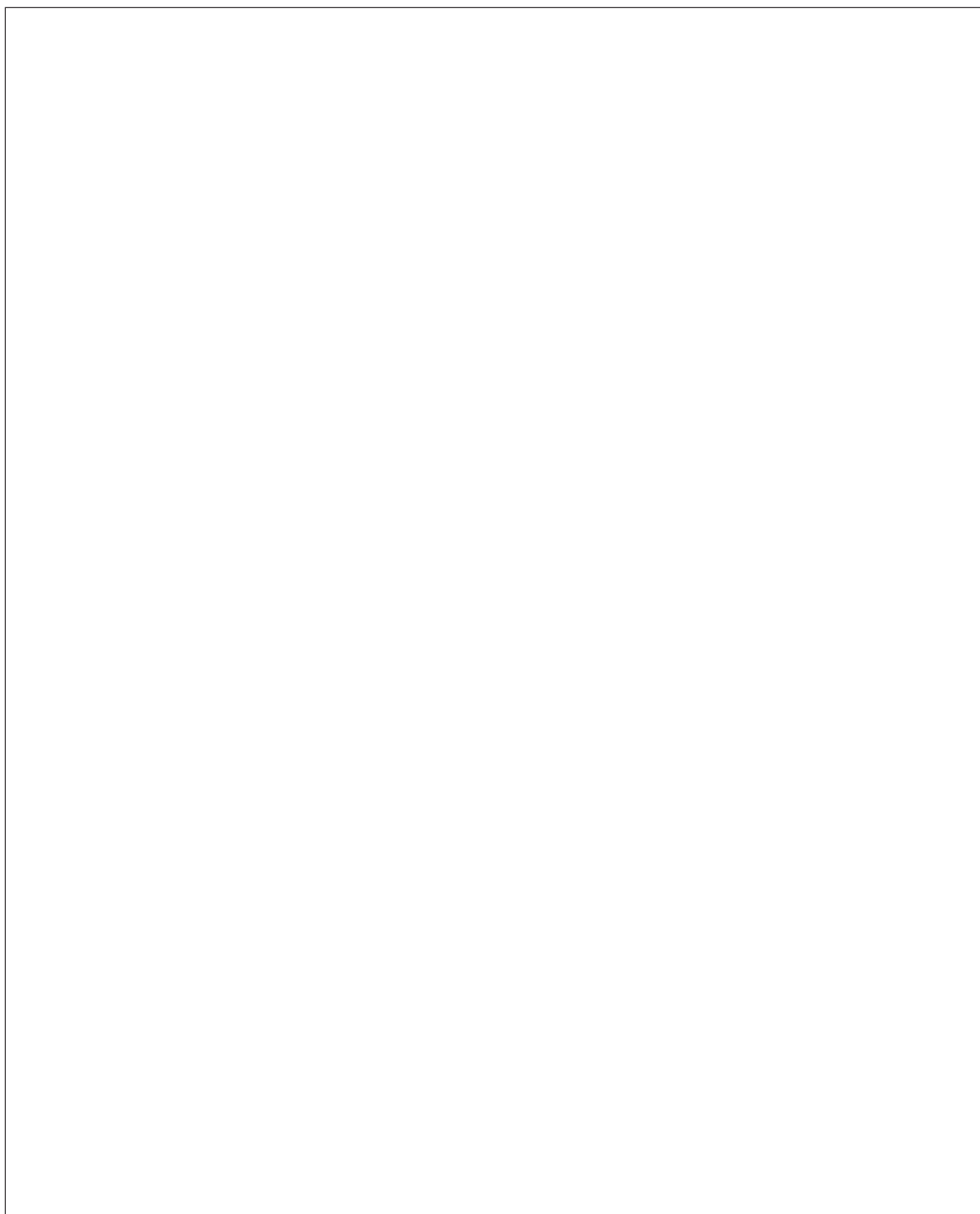
Personalize this section but at a minimum please cover the following:

- General information about your project experiences, including knowledge and skills gained.
- How does your participation in 4-H activities, citizenship, and leadership help your club or community?
- What character traits did you gain, strengthen or improve?
- Discuss how your 4-H experiences have helped to shape your future plans.

SECTION 7: 4-H Experiences

Photos (optional)

Photos help tell about your 4-H Experiences. Add 1 page of photos related to your 4-H projects and activities this 4-H year. Please include a caption explaining what you are doing.



SECTION 8: Production Records, Calculations, or Project Knowledge

Complete One Project Record Per Species

PART 1

On this page, you need to choose two supplemental assignments related to your project. Refer to the Record Guide Book for additional information. You may choose to show additional records, such as breeding, production, or carcass records. You may also choose to show calculations related to your project, such as average daily gain, breakeven cost, or feed to gain ratio. A third category would be project knowledge. You can provide an illustration, chart, or written description of a topic such as the ruminant digestive system, embryo transfer, or a biosecurity plan for your farm.

If more space is needed please use additional sheets and attach to this page.

Record/Calculation/Project Knowledge Assignment 1

Record/Calculation/Project Knowledge Assignment 2

SECTION 8: Production Records, Calculations, or Project Knowledge

Complete One Project Record Per Species

PART 2

Please select only one species below.

Beef Dairy Cattle Dairy Goat Meat Goat Poultry Sheep Swine
Rabbit Other _____

Number of Breeding and/or Market Animals for Selected Species: _____

Complete the financial summary below using the record book guide to assist in calculating each expense or income.

Income	
Income	Total Amount
Money Received for Animals or Products Sold	
Premiums	
Scholarships	
Other Income	
Total Income	

Expenses	
Expense	Total Amount
Cost of Animals Purchased	
Feed Cost	
Vet/Health Cost	
Other Cost	
Total Expenses	

Net Profit/Loss of Project _____

1. How did your expenses compare to what you thought they would be? _____

2. What will you do differently next year? _____